



CAYM Education Trusts

Siddhant College of Pharmacy

A/P Sudumbare, Talegaon –Chakan Road, Tal:Maval, Dist: Pune -412109

Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

5.1.2

“Following capacity development and skill enhancement activity are organized for improving students capability ”

A- Program or activities conducted to enhance soft skills, language and communication skills, and Life Skills

SUMMARY OF DOCUMENTS

Sr. No.	Name of the Document	Page Number (From-To)
1	Program or activities conducted to enhance soft skills	3-34
2	Program or activities conducted to enhance language and communication skills	35-63
3	Program or activities conducted to enhance Life Skills	64-137



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Soft Skills

Language and Communication Skills

**Life skills (Yoga, Physical fitness,
health and hygiene, self – employment
and entrepreneurial skills)**



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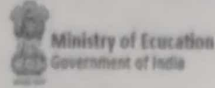
A/P Sudumbare, Talegaon -Chakan Road, Tal:Maval, Dist: Pune -412109

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Soft Skills



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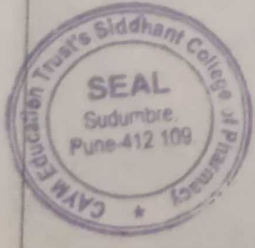
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Semester I

Thrust area :Validation and Concept Development

Quarter -3

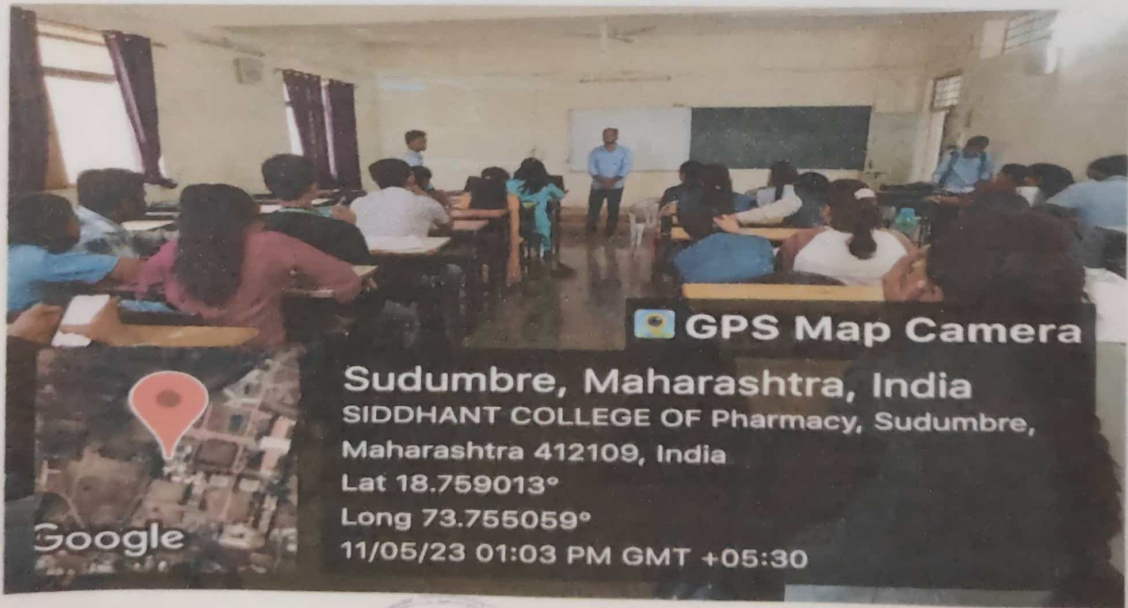
Theme	Day and Celebration
Activity Name	National Technology Day
Mode of Conduct	Online/Offline
Time	11/05/2023
Participants (online/offline)	38 Students and 5 Faculty members
Description	<p>To make the NATIONAL TECHNOLOGY DAY celebration remarkable Siddhant College of Pharmacy conducted the "EXTEMPORE COMPETITION" on topic "Technologies in Various Sectors" were participants engaged in impromptu speeches, providing a platform for them to showcase their spontaneous communication skills and knowledge of technological advancements</p> <p>The event encouraged critical thinking and raised awareness about various technological topics.</p> <p>By promoting the exchange of ideas and fostering public speaking abilities Under the (Ministry of Education's) Innovation Cell driven activity we telecasted the live program of National Technology day celebration held at Pragati Maidan, on 11th May 2023 at 10:30 am . Respected Prime Minister Shri Narendra Modi Inaugurated the program and Expo showcasing scientific & technological advancements made in India in the recent past.</p> <p>We are very thankful to our Hon. Management Mr. Siddhant Yadav Mr. Mihir Yadav Mrs. Shanan .M. Yadav for always being supportive.</p> <p>Regards, Principal & President (IIC, SCOP) Dr. Rahul K..Dumbre</p> <p>Convener (IIC,SCOP) Dr. Swati Deshmukh</p> <p>Coordinators (IIC,SCOP) Ms. Vanita Chature Ms. Payal Pansare</p>



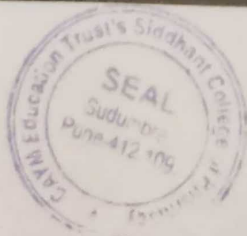
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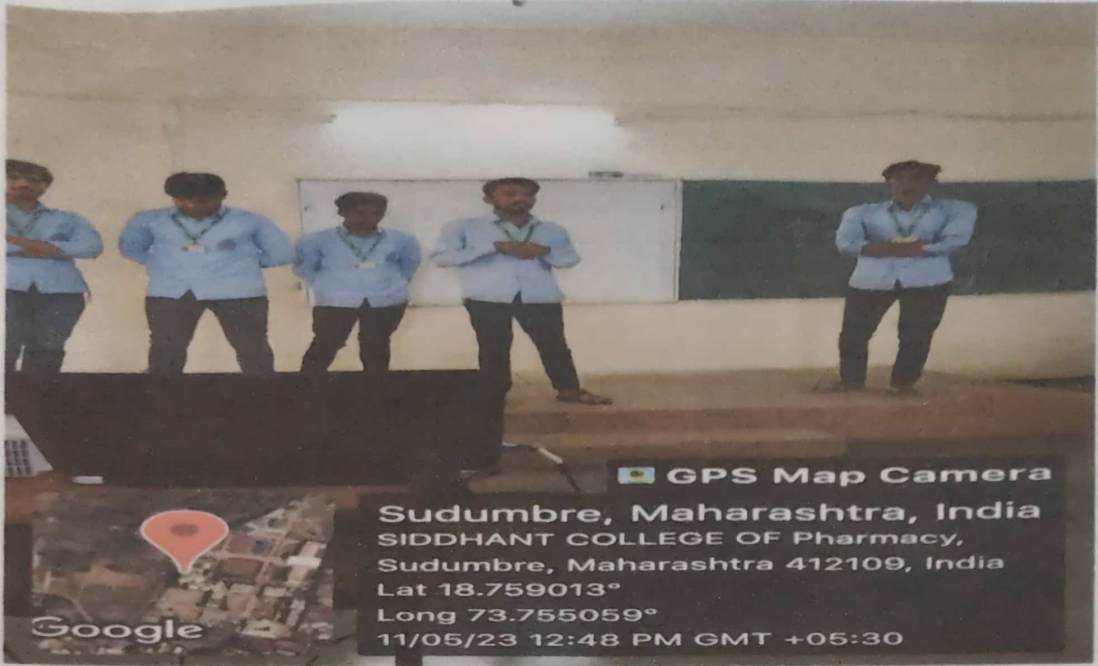
GPS Map Camera
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SIDDHANT COLLEGE OF Pharmacy,
Sudumbre, Maharashtra 412109, India
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Long 73.755059°
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Sudumbre, Maharashtra, India
SIDDHANT COLLEGE OF Pharmacy, Sudumbre,
Maharashtra 412109, India
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WORKSHOP ON "IT SKILL"

DATE: 12th March 2023

VENUE: Siddhant College of Pharmacy, Seminar Hall

OBJECTIVE:

1. These skills improve employability
2. These skills enable them to work harmoniously in dynamic environments
3. These skills help us construct our social work

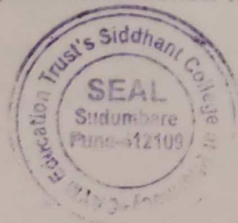
OUTCOME: IT Skill development for poor people is essential to address the opportunities and meet new challenges in technologies globally.

SUMMARY:

Siddhant College of Pharmacy, Pune organized a workshop on 'IT Skill' by Mr. Nitin Shrirao on 12th March 2022 at 11.00pm for the Teaching & Non teaching Staff.

The talk began by the deliverance of welcome address by the officiating principal of the college Dr. Rahul Dumbre. He congratulated the TPC cell for taking the initiative to organize a talk on such a topic. He also said such sessions for students are necessary to improve employability. Our UG-HOD Dr. Swati Deshmukh also gave importance of Technologies skill in day to life.

Participants were introduced to the resource persons by the Host. The session started with the introduction on the topic and the importance of Information Technology in day today life. Information technology (IT) is the use of computers to create, process, store, retrieve and exchange all kinds of data and information. IT forms part of information and communications technology (ICT). An information technology system (IT system) is generally an information



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system, a communications system, or, more specifically speaking, a computer system — including all hardware, software, and peripheral equipment — operated by a limited group of IT users, and an IT project usually refers to the commissioning and implementation of an IT system

It was nice learning experience for all Staffs and they thoroughly enjoyed the session. The workshop was appreciated by staff. All participants were awarded certificates. Participants also shared their feedback and experiences of the workshop.

Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic staff. All together 40 Teaching & Non teaching staff attended the Workshop.

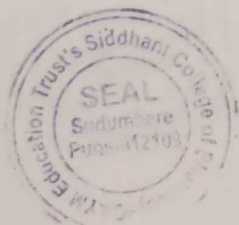
The vote of thanks was delivered by the TPC Incharge Prof.Pooja Jadhav.

Co-ordinator Ms.Pooja Jadhav

Member Mrs.Payal Pansare

Jadhav
Pansare

PHOTOS

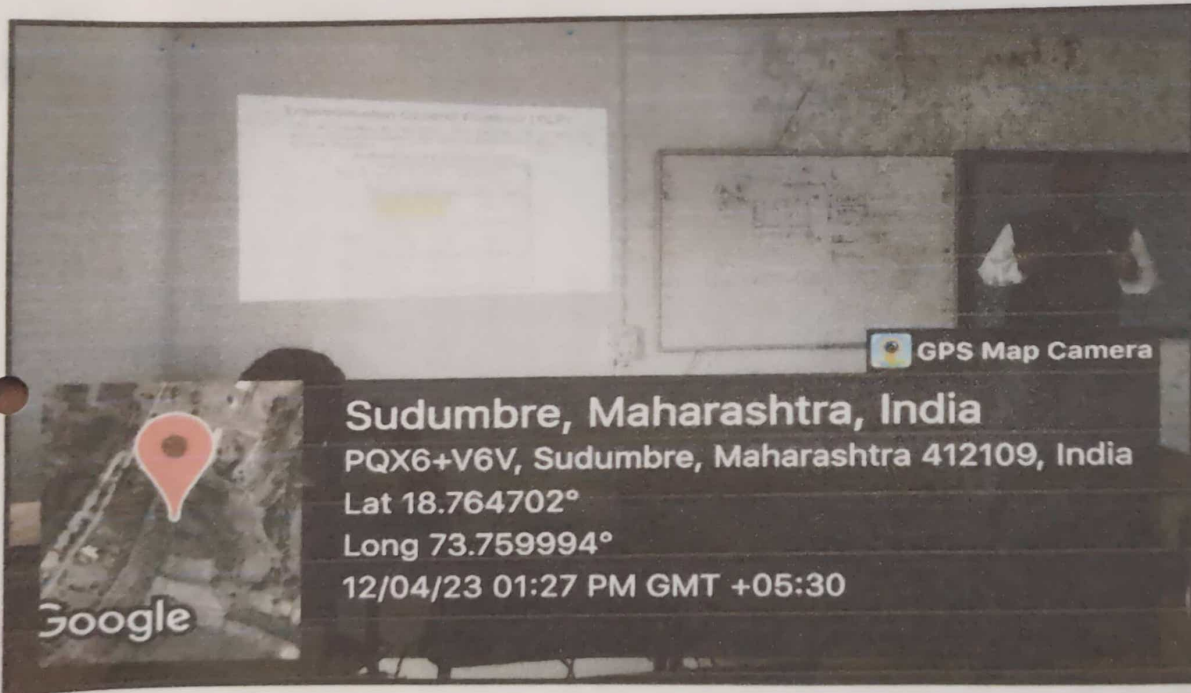


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Dist.-Pune 412109.



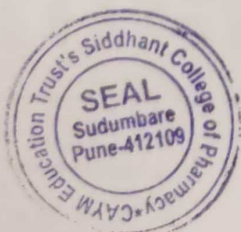
GPS Map Camera

Sudumbre, Maharashtra, India
QQ64+3J5 Government Nursery, Sudumbre, Maharashtra 412109,
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GPS Map Camera

Sudumbre, Maharashtra, India
PQX6+V6V, Sudumbre, Maharashtra 412109, India
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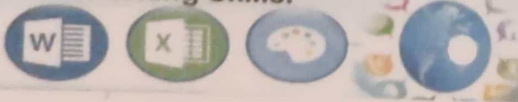
About College

Siddhant College of pharmacy is right choice for your important step of graduation and post graduation education and you will never regret it. You will definitely learn the science of pharmacy & along with it you will become a Trustworthy professional that's nation needs.

The teaching learning process at Siddhant College of pharmacy emphasizes personalized, attention where students of all socio-economic backgrounds feel comfortable.

About Workshop

- Word Processing Skills
- Spreadsheet Skills
- Database Management Skills
- Electronic Presentation Skills
- Internet Navigation Skills
- Email Management Skills
- Networking Skills.



RESOURCE PERSONS



Prof. Nitin Shirao
Director,
Siddhant Institute of Computer Application

PATRONS

- Mr. Siddhant Yadav
- Mr. Mihir Yadav
(Vice President of SGI)
- Mrs. Shanani M. Yadav
(Director of SGI)

CONVENOR

- Dr. Rahul Dumbre (Principal)
- Dr. Swati Deshmukh
(IQAC Head, (HOD.UG)

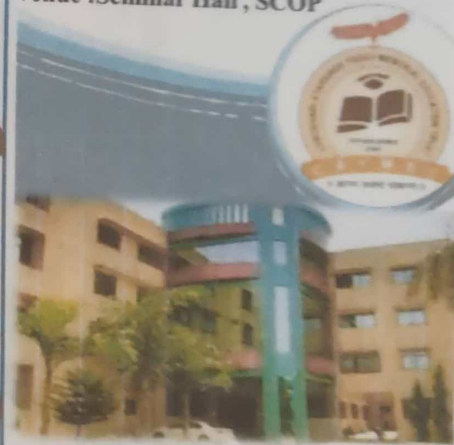
TPC -COORDINATORS

- Ms. Pooja Jadhav
- Mrs. Payal Pansare

CERTIFIED WORKSHOP ON I.T SKILL

UNDER THE AEGIS OF IQAC

Time: 10:30 am
Venue :Seminar Hall , SCOP



Organized by

CAYMET's
SIDDHANT COLLEGE OF PHARMACY

A/P Sudumbare, Talegaon - Chakan Road
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SEMINAR ON CAREER GUIDANCE, GPAT EXAM PREPARATION & DEVELOPMENT OF SOFT SKILLS

DATE: 1st February 2023

VENUE: Siddhant College of Pharmacy, Class Room no. 1

OBJECTIVE:

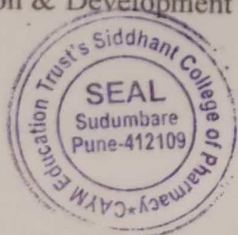
1. The counselling will assist in decision-making by providing information about the chosen career path, other available career options, their pros and cons, job prospects, and help you locate resources for obtaining important career-related information.
2. It help you make the decisions you need to make now, but to give you the knowledge and skills you need to make future career and life decisions.

OUTCOME:

- To Students came across the fact those attitudes towards life and our career are like two sides on the same coin.
- Students got knowledge about career opportunities in pharma sector, GPAT guidelines, how to study for GPAT examination, how to face interviews and how to build soft skills.
- Life and career are highly coupled to each other.

SUMMARY:

Siddhant College of Pharmacy, Pune organized a Workshop on 'Career Guidance, GPAT Exam Preparation & Development of Soft Skills' by Mr. Piyush Jaiswal on 1st February 2023



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at 2.30pm for the Third & Final year B.Pharm Students.

The talk began by the deliverance of welcome address by the officiating principal of the college Dr.Rahul Dumbre. He congratulated the TPC cell for taking the initiative to organize a talk on such a topic. He also said such sessions for students are necessary to improve employability.

Participants were introduced to the resource persons by the Host. "The speaker was Prof. Peeyush Jaiswal, Director, GPAT Discussion Centre Pvt. Ltd.He given valuable information about GPAT exam, paper pattern, benefits of GPAT qualification. He guided about subjects involved in GPAT exam. He given ideas to remind structures, formulas. The lecture was very informative and all queries of students were solved.

At the end of the session, the speaker individually solved each student doubt regarding grooming their career. Overall, it was a good session for the students towards their holistic future development.

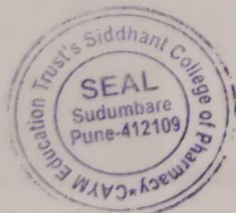
Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 90 students attended the Seminar.

The vote of thanks was delivered by the TPC Incharge Prof.Pooja Jadhav.

Co-ordinator Ms.Pooja Jadhav

Member Mrs.Payal Pansare

Jadhav
Payal



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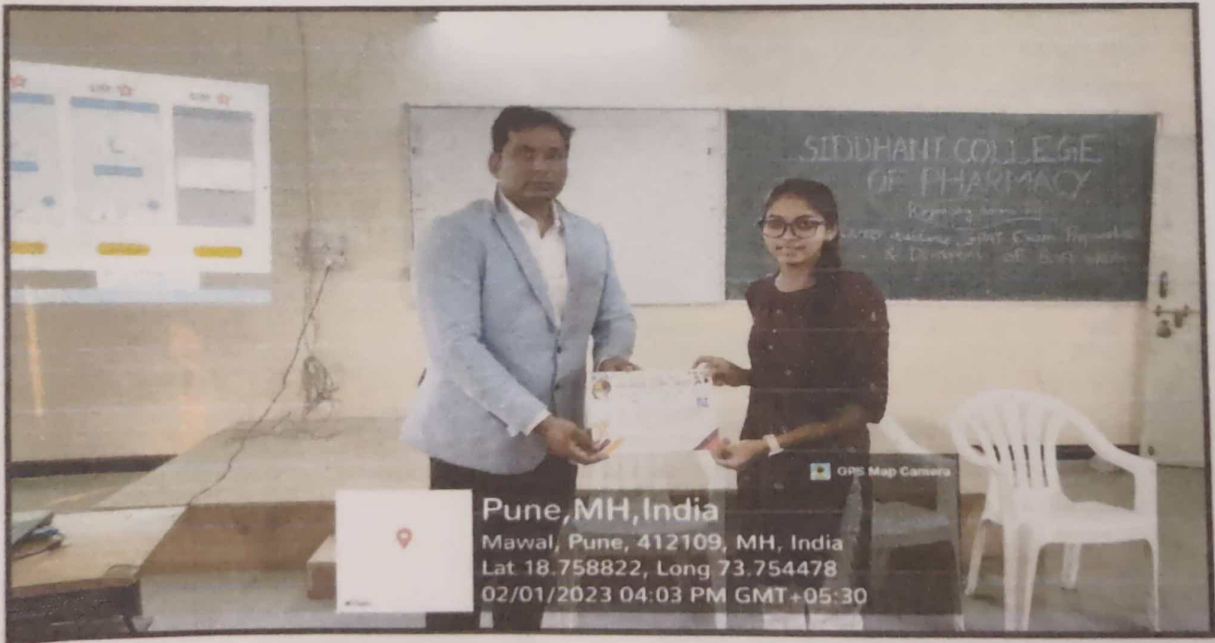


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Pune, MH, India

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SIDDHANT COLLEGE OF PHARMACY

Sudumbre, Maharashtra 410501

website - <http://siddhantcop.in>

Under IQAC

Invites you to join
SEMINAR ON

Career Guidance, GPAT Exam Preparation & Development of Soft Skills



01 FEBRUARY

2023



2:30 PM

EMINENT SPEAKER

PEEYUSH JAISWAL

Mentor & Director

GPAT Discussion Center Pvt. Ltd

PATRONS

Mr. Siddhant Yadav

Mr. Mihir Yadav

Vice President SGI

PRINCIPAL

Dr. RAHUL DUMBARE

Siddhant College of Pharmacy

HOD UG

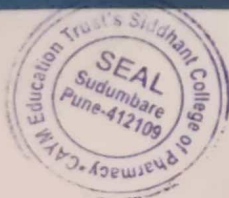
Dr. SWATI DESHMUKH

Siddhant College of Pharmacy

CO-ORDINATOR

**Ms. POOJA JADHAV
Mrs. PAYAL PANSARE**

Siddhant College of Pharmacy

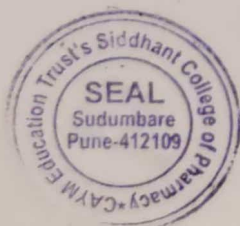


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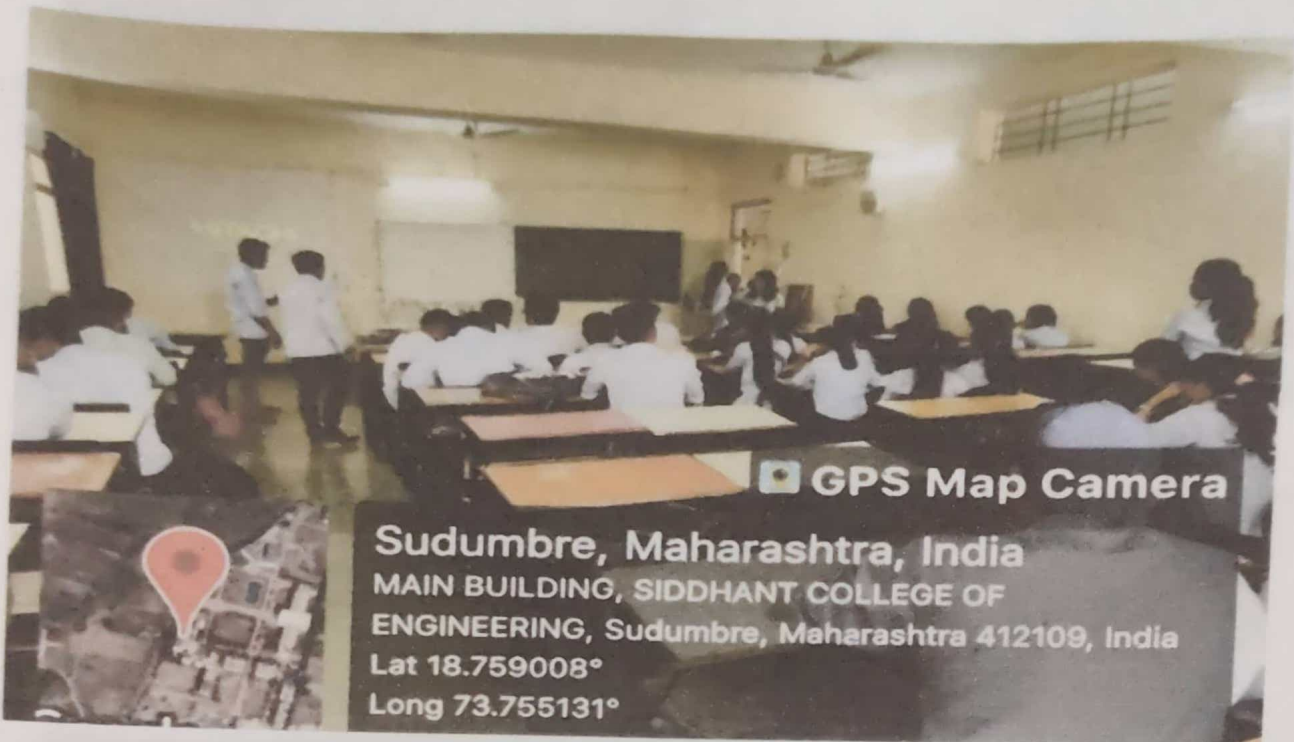
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Semester 1

Theme	MIC Driven Activities
Activity Name	“ Launchof 5g services
Mode of Conduct	Online
Time	One Day (01 st October 2022)
Participants (offline)	27 Students and 11 Faculty members
Description	5G services program launched by Hon Prime Minister of India on Oct 1st 2022 at 10.00 Am During The imc 2022 held in pragati maidan, new delhi. iic faculty and student members including teaching staff members watched the live telecast. capable of supporting ultra-high-speed internet services, the fifth generation or 5g is expected to unleash new economic opportunities and societal benefits, serving as a transformational force for indian society. our students watched the live telecast of 5g launch on october 1st 2022 and gained knowledge 5g services and its advantages



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GPS Map Camera

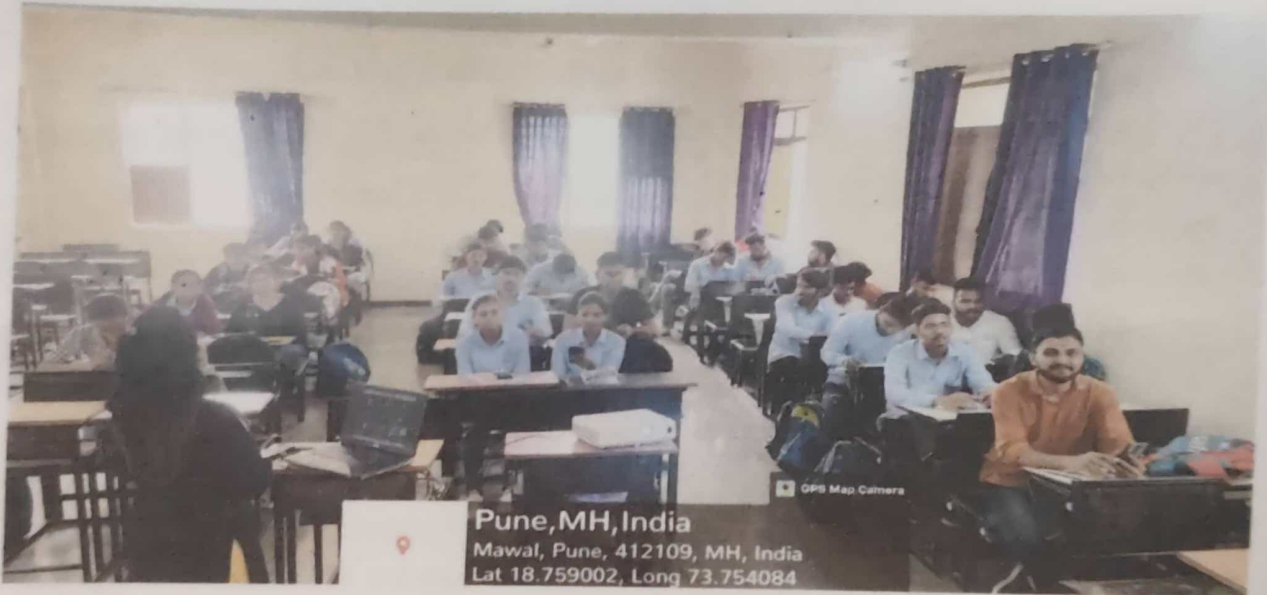
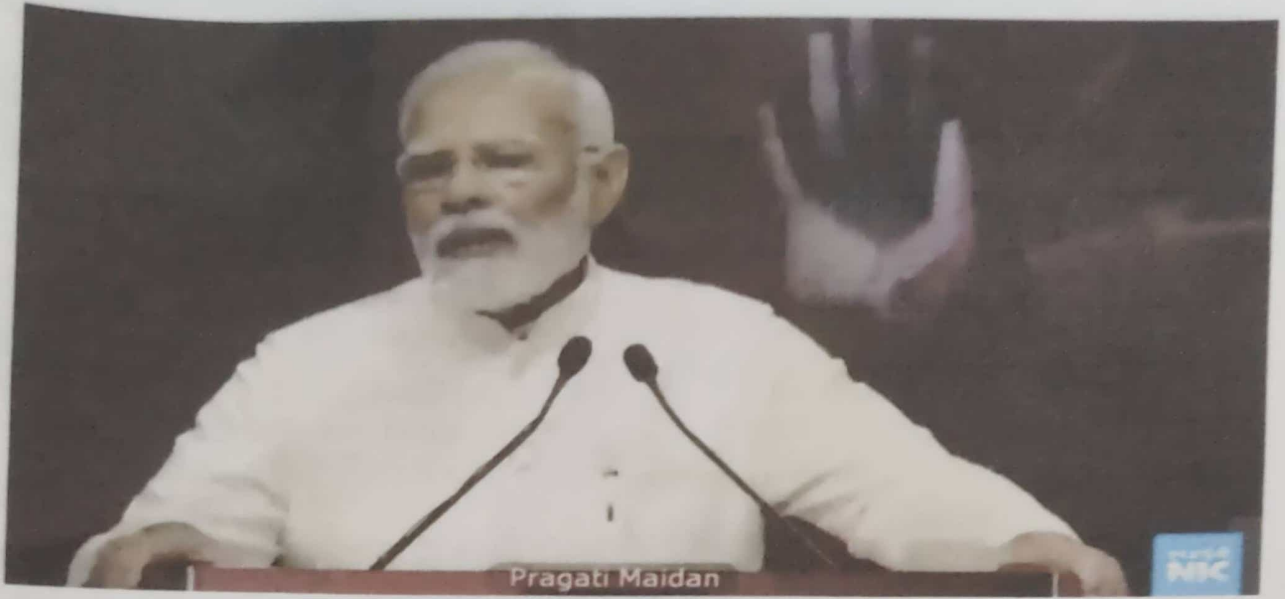
Sudumbre, Maharashtra, India
MAIN BUILDING, SIDDHANT COLLEGE OF
ENGINEERING, Sudumbre, Maharashtra 412109, India
Lat 18.759008°
Long 73.755131°



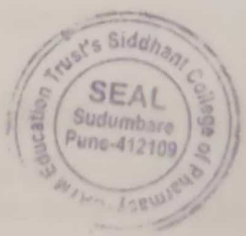
Live From Pragati Maidan, New Delhi



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Pune, MH, India
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Lat 18.759002, Long 73.754084



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TISS Course in Management & Soft Skills Development

DATE: 16th January 22-17th May 22

VENUE: Online Zoom Link Siddhant College of Pharmacy,Pune

OBJECTIVE:

1. Challenge to demonstrate models that focus on skilling people with varying educational qualifications
2. Increasing the employability of University students by imparting knowledge and skills, through cutting edge teaching and learning methods

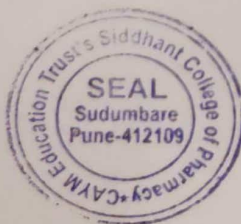
SUMMARY:

Siddhant College of Pharmacy,Pune organized a Orientation session on 'TISS Course in Management & Soft Skills Development' from 10th January 2022 at 11.00am for the Final year B.Pharm Students.

The college collaborated with Tata Institute of Social Science for conducting Skill Development Courses for the students of Final Year Degree Students. Tata Institute of Social Sciences (TISS) has embarked on an innovative skill development programme for University students.

❖ CERTIFICATE IN MANAGEMENT & SOFT SKILLS:

All students enrolled for NUSSD will gain competency in following areas -
(Compulsory Foundation Courses for professional competencies):



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SN	Name of the Course	Theory Hrs	Practical	Total Hrs
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	36	14	50
2	Financial Literacy	35	-	35
3	Digital Literacy	34		34
4	English Communication	43	-	43
5	Legal Literacy	12		12
6	Working with Communities	12	14	26
	Total	172	28	200

Schedule of Course

S.NO	SESSION NAME	TRAINER NAME	COMPLETION STATUS
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	Mrs. Spina Pal 36	Complete
2	Financial Literacy	Mr. Abhishek Mishra 35	Complete
3	Digital Literacy	Dr. Richa Handa 34	Complete



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4	English Communication	Mr Lalit Sharma 43	Complete
5	Legal Literacy	Mrs. Suchismita Bhargava 12	Complete
6	Working with Communities	Mrs. Spina Pal 12	Complete


Courses started in the month of January 2022 and completed in the month of May 2022. In total 64 students of the college got certification under these courses.

The vote of thanks was delivered by the TPC Member Mrs. Trupti Kajale.

Coordinator: Ms. Pooja N. Jadhav

Member: Mrs. Trupti Kajale

Flyer of Event



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SIDDHANT COLLEGE OF PHARMACY
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NAAC ACCREDITED, APPROVED BY AICTE, PCI AND AFFILIATED BY SPPU



ADD ON CERTIFICATE COURSE IN
"MANAGEMENT AND SOFT SKILLS
DEVELOPMENT "
(Duration of course 200 Hrs)



K. Srinu
Senior Programme
& Placement officer

Course Content

- English communication
- Financial Literacy
- Digital Literacy
- Legal Literacy
- Working with communities.
- Youth Leadership & people skills

Start from 10 Jan 2022

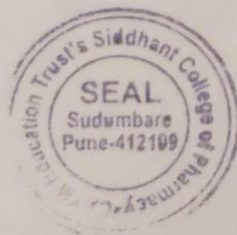
Registration fees 500/- only

CO-ORDINATOR
Ms. Pooja Jadhav
(TPC Co-ordinator)

CO-ORDINATOR
Ms. Trupti Kajale
(TPC Co-ordinator)

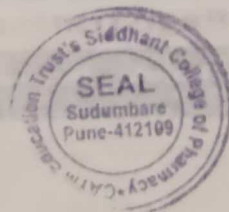
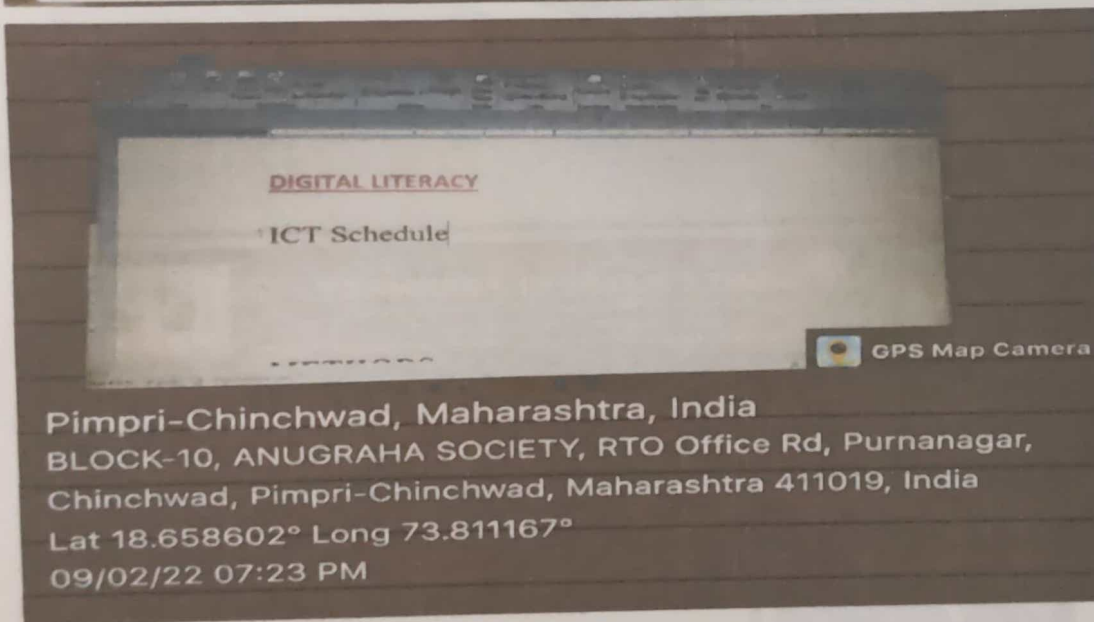
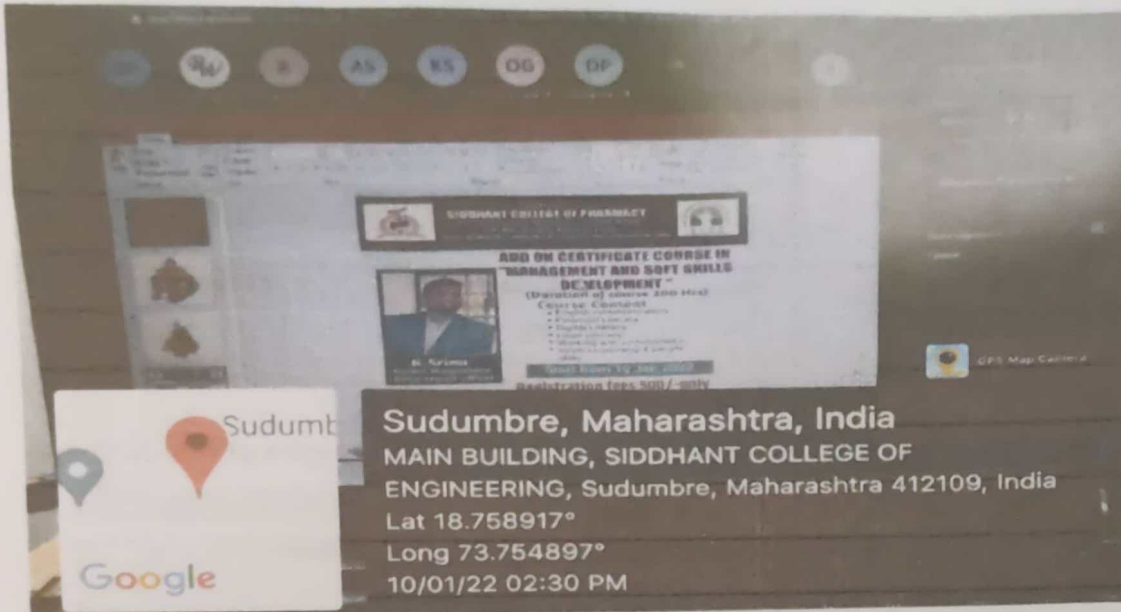
Moderator
Dr. Swati Deshmukh
(HOD-UG)

Convener
Dr. Rahul Dumbre
(Principal)

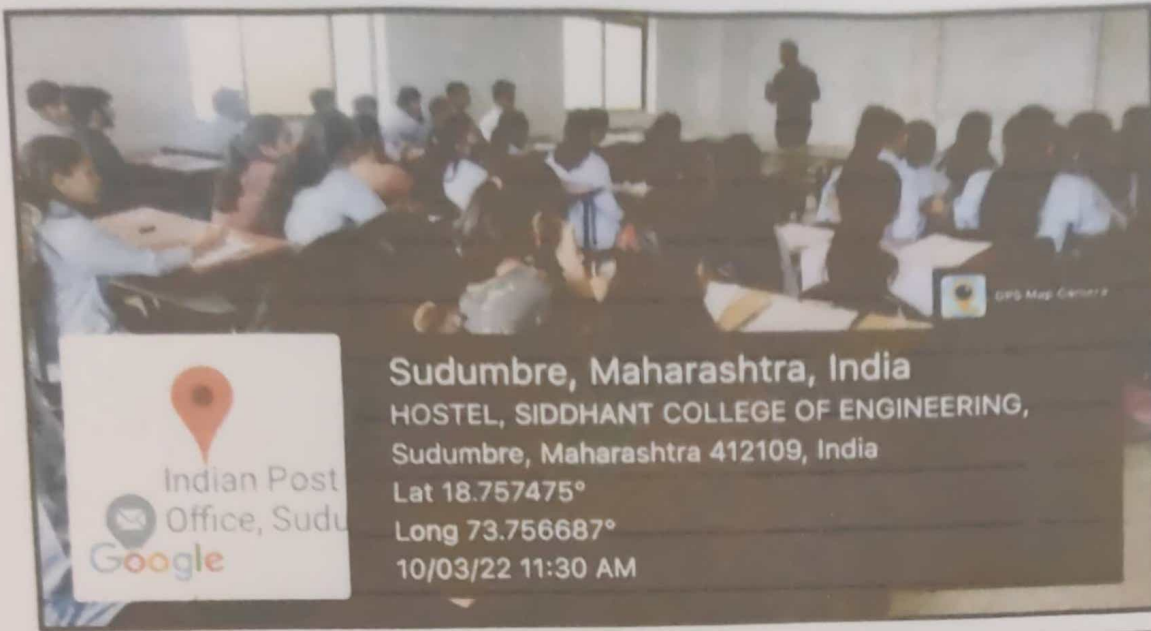


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Photos of Events



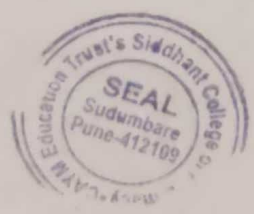
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Sudumbre, Maharashtra, India
HOSTEL, SIDDHANT COLLEGE OF ENGINEERING,
Sudumbre, Maharashtra 412109, India
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Sudumbre, Maharashtra, India
HOSTEL, SIDDHANT COLLEGE OF ENGINEERING,
Sudumbre, Maharashtra 412109, India
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Certificate



TATA INSTITUTE OF SOCIAL SCIENCES
NATIONAL UNIVERSITY STUDENTS' SKILL
DEVELOPMENT PROGRAMME

Certificate

This is to certify that

KATORE ADITI ASHOK

from Siddhant College of Pharmacy
has successfully completed
Certificate in Management and Soft Skills
Academic Year 2021-22


Project Director
NUSSD




Director
TISS



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1. SOFT SKILL

TISS Course in Management & Soft Skills Development

DATE: 10th January 2022 to 10th May 2022

VENUE: Siddhant College of Pharmacy, Pune.

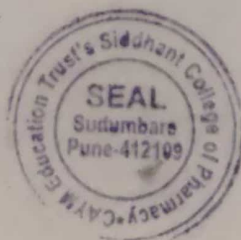
NUMBER OF STUDENT PRESENT: 64

OBJECTIVE:

1. Challenge to demonstrate models that focus on skilling people with varying educational qualifications
2. Increasing the Employability of University students by imparting knowledge and skills, through cutting edge teaching and learning methods

SUMMARY:

Siddhant College of Pharmacy, Pune organized a Orientation session on 'TISS Course in Management & Soft Skills Development' from 10th January 2022 at 11.00am for the Final year B.Pharm Students. The college collaborated with Tata Institute of Social Science for conducting Skill Development Courses for the students of Final Year Degree Students. Tata Institute of Social Sciences (TISS) has embarked on an innovative skill development programme for University students.



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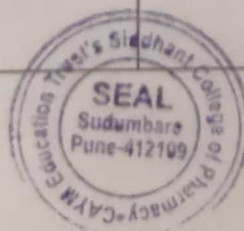
❖ **CERTIFICATE IN MANAGEMENT & SOFT SKILLS:**

All students enrolled for NUSSD will gain competency in following areas -
(Compulsory Foundation Courses for professional competencies):

SN	Name of the Course	Theory Hrs	Practical	Total Hrs
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	36	14	50
2	Financial Literacy	35	-	35
3	Digital Literacy	34		34
4	English Communication	43	-	43
5	Legal Literacy	12		12
6	Working with Communities	12	14	26
	Total	172	28	200



❖ **Schedule of Course -**

Sr.NO	SESSION NAME	TRAINER NAME	COMPLETION STATUS
1	Youth Leadership & People Skills (Effective Communication, Time Management & Stress Management, SWOT Analysis & Mind Mapping)	Mrs. Spina Pal 36	Complete
2	Financial Literacy	Mr. Abhishek Mishra 35	Complete
3	Digital Literacy	Dr. Richa Handa 34	Complete
4	English Communication	Mr. Lalit Sharma 43	Complete
5	Legal Literacy	Mrs. Suchismita Bhargava 12	Complete
6	Working with Communities	Mrs. Spina Pal 12	Complete



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NAAC ACCREDITED, APPROVED BY AICTE, PCI AND AFFILIATED BY SPPU


**ADD ON CERTIFICATE COURSE IN
"MANAGEMENT AND SOFT SKILLS
DEVELOPMENT"**
(Duration of course 200 Hrs)

Course Content

- English communication
- Financial Literacy
- Digital Literacy
- Legal Literacy
- Working with communities.
- Youth Leadership & people skills

Start from 10 Jan 2022

Registration fees 500/-only



K. Srinu
Senior Programme
& Placement officer

CO-ORDINATOR
Ms. Pooja Jadhav
(TPC Co-ordinator)

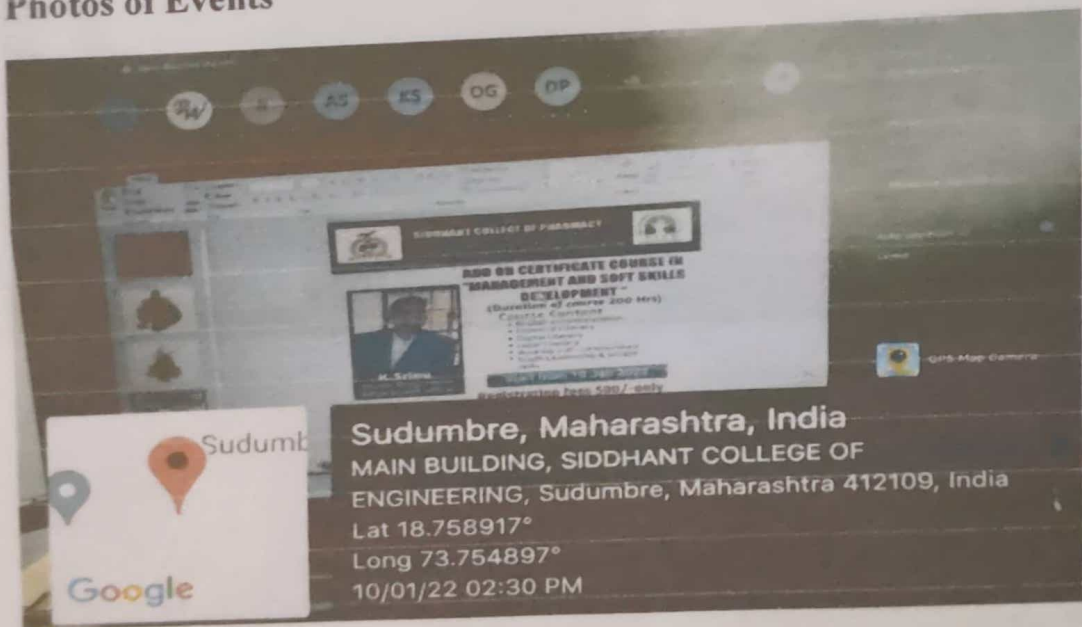
CO-ORDINATOR
Ms. Trupti Kajale
(TPC Co-ordinator)

Moderator
Dr. Swati Deshmukh
(HOD UG)

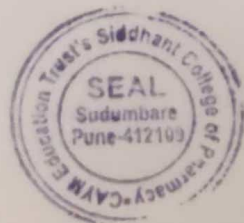
Convener
Dr. Rahul Dumbre
(Principal)

Flyer of Event

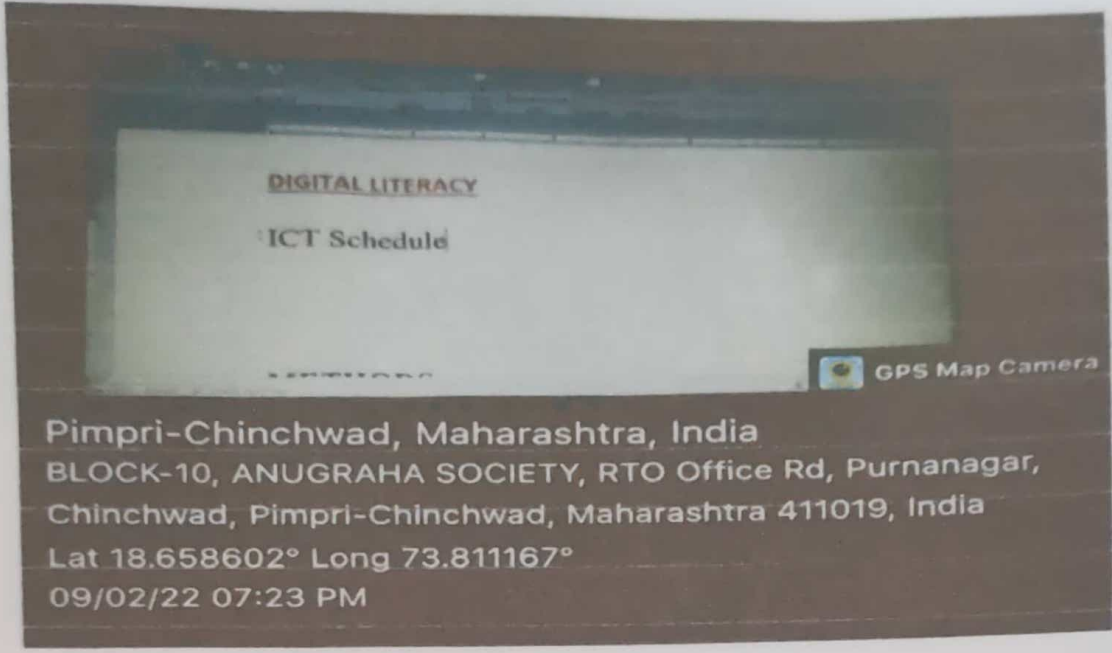
Photos of Events



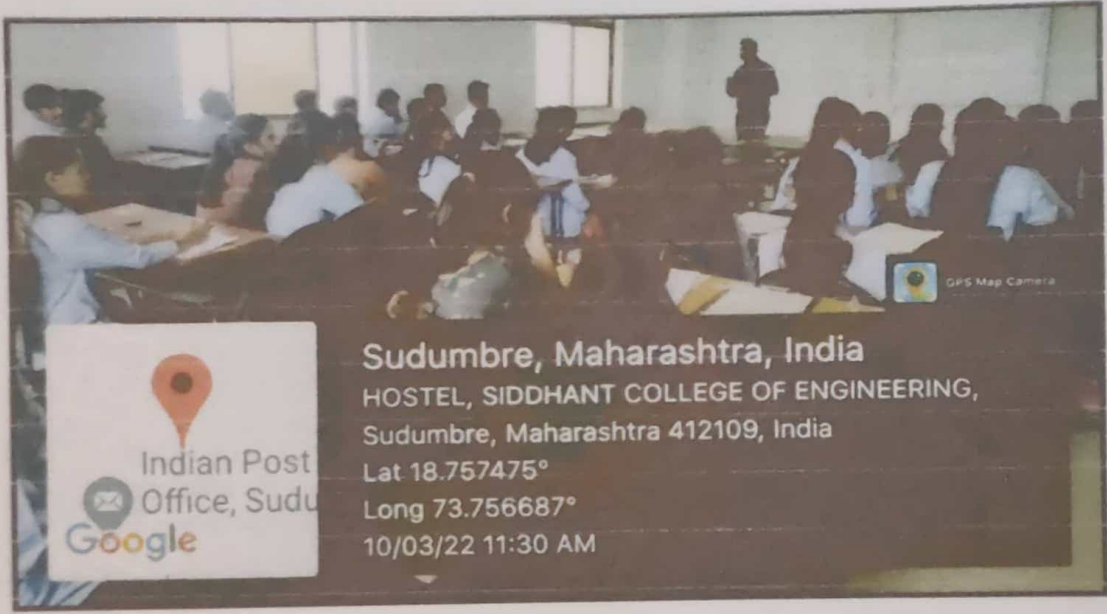
Sudumbre, Maharashtra, India
MAIN BUILDING, SIDDHANT COLLEGE OF
ENGINEERING, Sudumbre, Maharashtra 412109, India
Lat 18.758917°
Long 73.754897°
10/01/22 02:30 PM



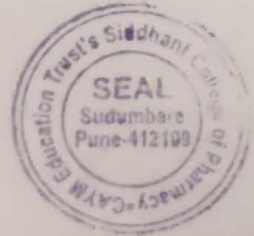
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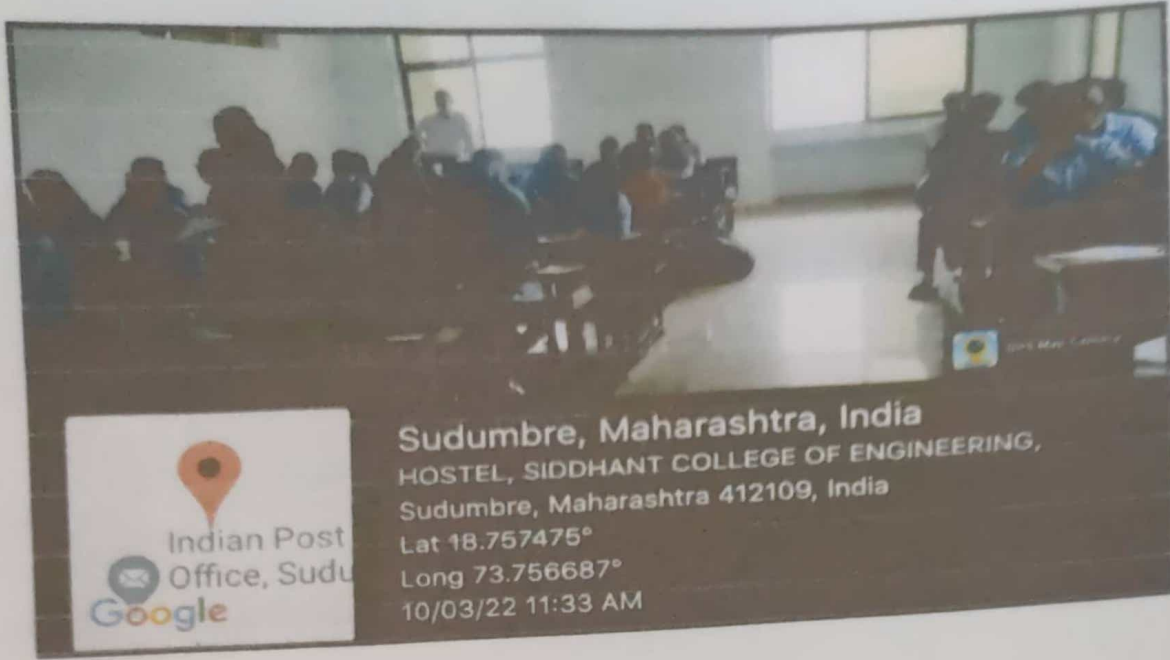
Pimpri-Chinchwad, Maharashtra, India
BLOCK-10, ANUGRAHA SOCIETY, RTO Office Rd, Purnanagar,
Chinchwad, Pimpri-Chinchwad, Maharashtra 411019, India
Lat 18.658602° Long 73.811167°
09/02/22 07:23 PM



Sudumbre, Maharashtra, India
HOSTEL, SIDDHANT COLLEGE OF ENGINEERING,
Sudumbre, Maharashtra 412109, India
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10/03/22 11:30 AM

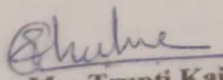


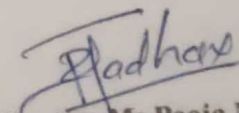
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
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2. https://docs.google.com/forms/d/e/1FAIpQLSfCnOEirWTW5gONhLITHoFVR9-Wq4vcG19fY8OkD4-ot_1r-g/viewform?usp=sf_link
3. https://docs.google.com/forms/d/e/1FAIpQLScWRJjWi8o1VOifTVw1Nsvl1HCzQipph8Pdhsp76wqXVXedg/viewform?usp=sf_link
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6. https://docs.google.com/forms/d/e/1FAIpQLSeGVEXHJBcLU5iz_tfjUwzYaOiJfRwZclVjKaKi9FwnWzpDg/viewform?usp=sf_link

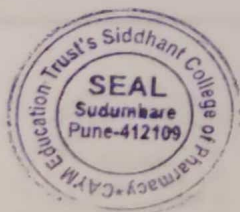

Member: Mrs. Trupti Kajale


Coordinator: Ms. Pooja N. Jadhav




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Certificate



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TATA INSTITUTE OF SOCIAL SCIENCES
NATIONAL UNIVERSITY STUDENTS' SKILL
DEVELOPMENT PROGRAMME

Certificate

This is to certify that

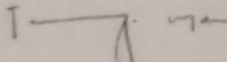
ADLING MADHURA SHANKAR

from Siddhant College of Pharmacy

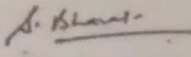
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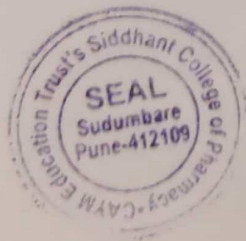
Certificate in Management and Soft Skills


Academic Year 2021-22


Project Director
NUSSD




Director
TISS




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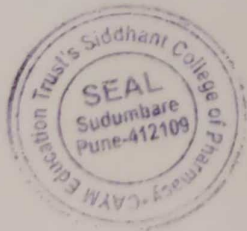
REPORT

- Report on** : Soft Skill Development
Date : 6th March 2019
Venue : Seminar Hall of SCOP / Barclays office, Pune.
Introduced by : Mr. Aniruddha Pathak and Mr. Prashant Farnandis
Number of Student present : 15 per batch and total 60

Summary:

On Wednesday, 6th March 2019, the department of Training and Placement of Siddhant College of Pharmacy had organized three days training program by Rubicon's "CONNECT WITH WORK" Program, supported by Barclays for the benefit of final year students of SCOP. Mr. Aniruddha Pathak and Mr. Prashant Farnandis from Barclays were the resource persons for this training program. Adding to Industry visit of students to Barclays office in Pune where the students were interacted with employees of Barclays and can get their queries answered on career options and career growth as well as the latest trends in the industry. It was two hour session.

Photo:



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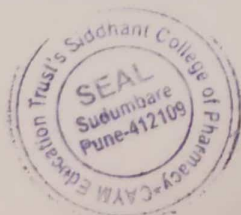
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Photo:



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Language and Communication Skills



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WORKSHOP ON CAMPUS TO CORPORATE

DATE: 24th May 2023

VENUE: Siddhant College of Pharmacy, Class Room no. 1

OBJECTIVE:

1. To make participants understand how transition from one's student life to professional life can be made easier.
2. To make the participants aware about the need to make a profound first impression in one's new job as a dedicated, determined, disciplined and dynamic professional and how to make that impression.
3. To elaborate on skills that is desirable and need to be developed for strengthening employability.
4. To enumerate the expectations that Industries have from new fresh recruits and trainees.
5. To discuss the requirements of certain specific sectors.

OUTCOME:

- To impart career specific practical inputs along with sharing the expectations of corporate.
- To resolve personal development issues through detailed interaction and question answers session,
- Build confidence, develop self esteem, and to bring positive changes in the attitude & behavior of the participants



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SUMMARY:

Siddhant College of Pharmacy, Pune organized a Workshop on 'Campus to Corporate' by Mr. Prasad Bhagwat on 24th May 2023 at 10.30pm for the Final year B.Pharm Students.

The talk began by the deliverance of welcome address by the officiating principal of the college Dr.Rahul Dumbre. He congratulated the TPC cell for taking the initiative to organize a talk on such a topic. He also said such sessions for students are necessary to improve employability. Our UG-HOD Dr.Swati Deshmukh also gave importance of involving and engaging industry in various activities to improve the quality of education so that students are benefitted more.

Participants were introduced to the resource persons by the Host. The session started with the introduction on the topic and the importance of campus to corporate objectives of the workshop especially on the need of practical education to ensure effective linkage between academia and industry. He explained how important it is for students to understand the expectations that the Industry has from fresh graduates as it will help in effective transition from campus to professional life.

It was nice learning experience for students and they thoroughly enjoyed the session. The workshop was appreciated by students. Participants also shared their feedback and experiences of the workshop.

The workshop was highly interactive and was aimed at exposing the students to people who are Working in the Industry, so that they can relate the theories they read every day in class with the practical experiences which were shared by the resource persons. Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students.

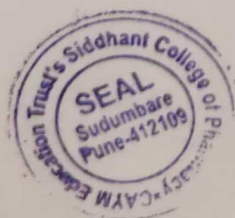
All together 58 students attended the Seminar.

The vote of thanks was delivered by the TPC Member Prof.Payal Pansare.

Co-ordinator Ms.Pooja Jadhav

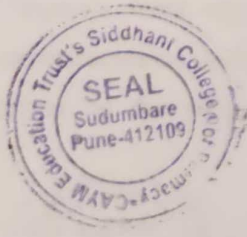
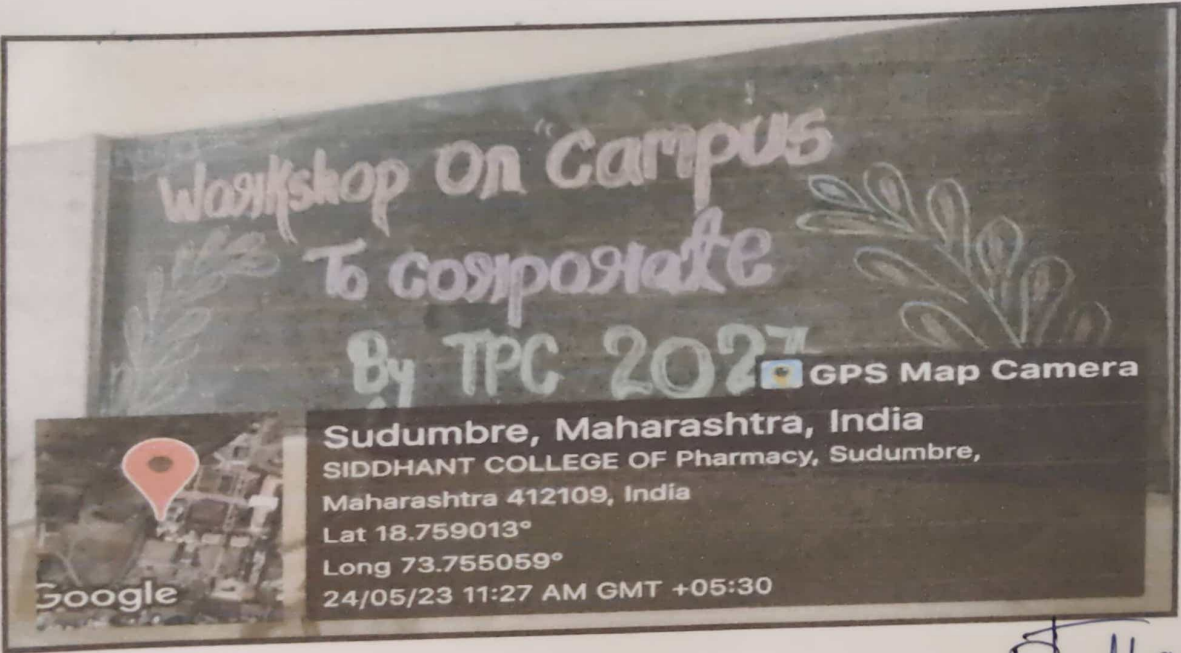
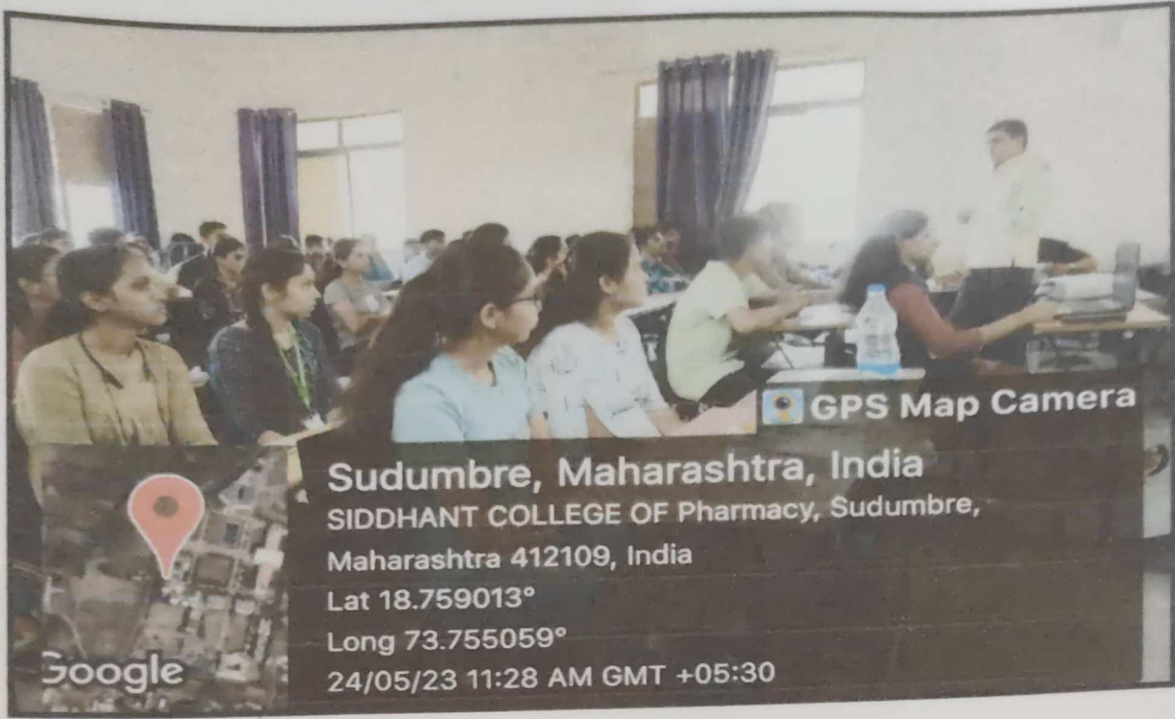
Member Mrs.Payal Pansare

PHOTOS



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Principal
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Jadhav
TPC Co-ordinator

Ms. Pooja Jadhav

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WORKSHOP

“LANGUAGE & COMMUNICATION SKILL”

DATE: 12th March 2023

VENUE: Siddhant College of Pharmacy, Seminar Hall

OBJECTIVE:

1. These skills improve employability
2. These skills enable them to work harmoniously in dynamic environments
3. These skills help us construct our social work

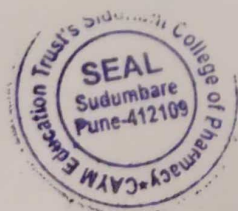
OUTCOME: Communication helps us construct our social world. It allows us to create and maintain relationships, it helps us participate in civic activities in our community, and strong communication skills allow us to advance in our careers.

SUMMARY :

Siddhant College of Pharmacy,Pune organized a workshop on ‘Language & Communication Skill’ by Dr. Aarti Jadhav on 12th March 2022 at 11.00pm for the Second, Third & Final year B.Pharm Students.

The talk began by the deliverance of welcome address by the officiating principal of the college Dr.Rahul Dumbre.

Participants were introduced to the resource persons by the Host. The session started with the introduction on the topic and the importance of communication skills in personal and professional life. Participants were explained about the communication method and the process of effective communication, understanding the cycle of communication starting from the sender to the receiver of the message. The different levels of communication were



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the introduction on the topic and the importance of communication skills in personal and professional life. Participants were explained about the communication method and the process of effective communication, understanding the cycle of communication starting from the sender to the receiver of the message. The different levels of communication were explained and how lateral and horizontal forms of communication among colleagues, peers at the same level for information sharing and coordination helps to save time. As communication is key, knowing and understanding the filters and barriers that can hamper one's overall communication is a must. Participants were encouraged to practice active listening as it helps in overall communication skills. Focus was laid on the ways of how an individual communicates (spoken word, visuals, written word, body language and social media). Understanding that Communication is not only about spoken words it also deals with visual and vocal. Group activities involving communication skills helped the participants interact with each other. Videos to ensure that participants understand why communication is key and how it would enhance their quality of life were also shown.

It was nice learning experience for students and they thoroughly enjoyed the session. The workshop was appreciated by students. All participants were awarded certificates. Participants also shared their feedback and experiences of the workshop.

Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 100 students attended the Workshop.

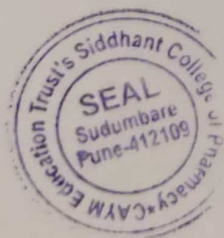
The vote of thanks was delivered by the TPC Member Prof. Payal Pansare.

Co-ordinator Ms. Pooja Jadhav

Member Mrs. Payal Pansare

P. Jadhav
Payal

FLYER



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About College

Siddhant College of pharmacy is right choice for your important step of graduation and post graduation education and you will never regret it. You will definitely learn the science of pharmacy & along with it you will become a Trustworthy professional that's nation needs. The teaching learning process at Siddhant College of pharmacy emphasizes personalized, attention where students of all socio-economic backgrounds feel comfortable.

About Workshop

Effective language & communication skills are the most important personal skills you can ever develop for your success in life. Life is a series of Communication. Those who develop strong communication skills do well in college, secure jobs and promotion and often ascend to the highest levels of leadership in corporation, govt. and civic life.

RESOURCE PERSONS

Dr. Aarti Jadhav
(Principal, Siddhant International School)



PATRONS

Mr. Siddhant Yadav
Mr. Mihir Yadav
(Vice President of SGI)
Mrs. Shunan M. Yadav
(Director of SGI)

CONVENOR

Dr. Rahul Dumbre (Principal)
Dr. Swati Deshmukh
(IQAC Head, (HOD,UG))

TPC -COORDINATORS

Ms. Pooja Jadhav
Mrs. Payal Pansare

SKILL DEVELOPMENT WORKSHOP

On

Language and communication skill

Scheduled on **12th April 2023**

Under the aegis of **IQAC**

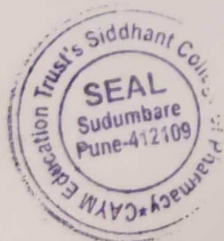
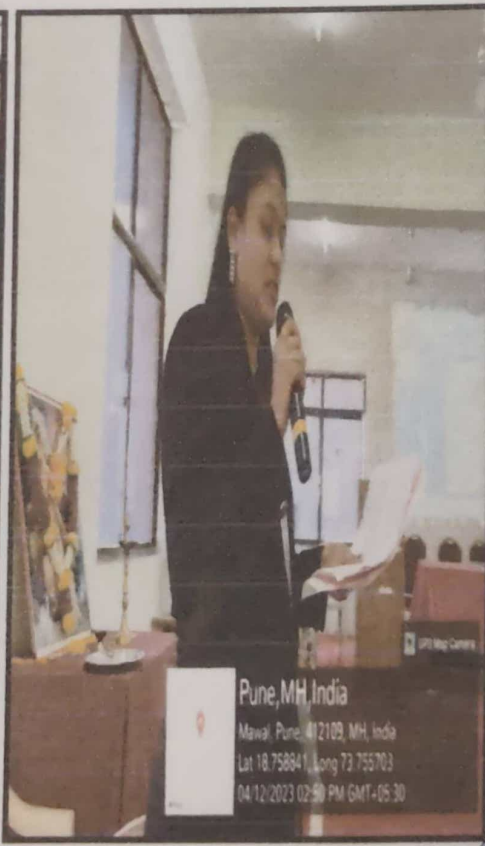


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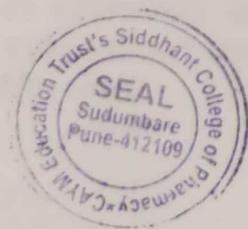
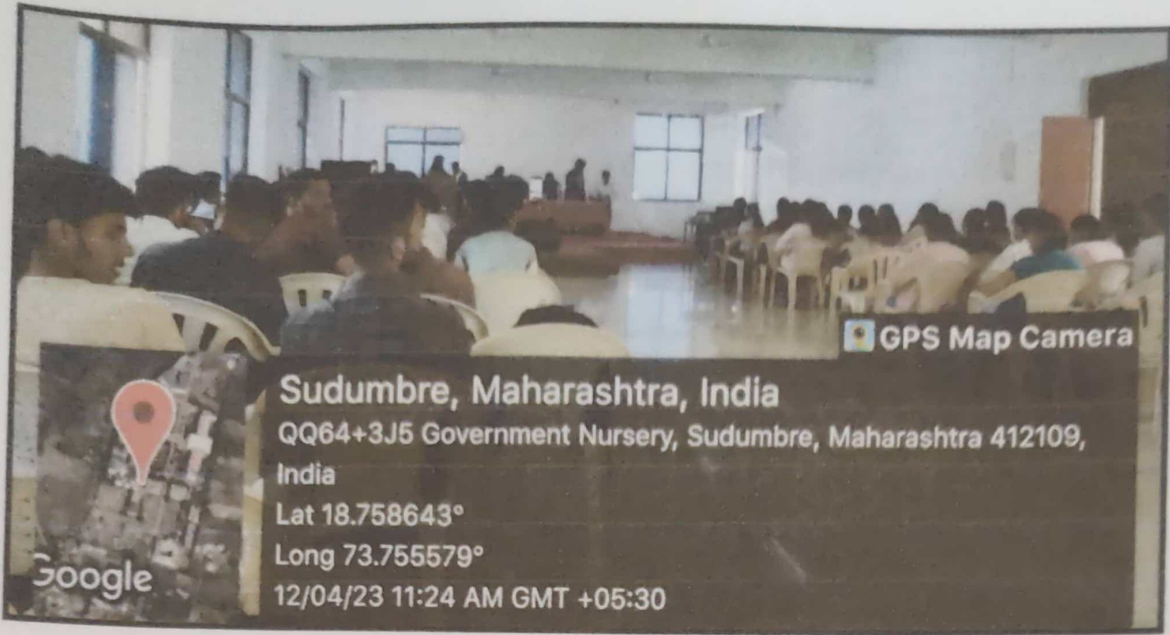
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PHOTOS



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मराठी भाषा संवर्धन पंधरवडा आणि मराठी राजभाषा दिवस

दिनांक : २७/०१/२०२३ , २७/०२/२०२३

ठिकाण: सिद्धांत कॉलेज ऑफ औषधनिर्माणशास्त्र

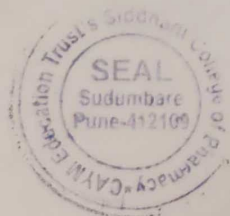
NO. OF PARTICIPANTS: 130

हेतू:

यानिमित्ताने मराठी भाषा टिकवण्यासाठी, वाढवण्यासाठी काय करायला हवे, या प्रश्नांचा वेध घेण्यासाठी आम्ही भाषेच्या विविध क्षेत्रांत काम करणाऱ्या मान्यवरांना बोलतं केलं आहे. आजपासून सुरू झालेल्या मराठी संवर्धन पंधरवड्यात रोज एका व्यक्तीचे विचार 'कथु-करू मराठी' या सदरात वाचायला मिळतील. ... गौरवाची भावना हवी! आपली भाषा आपल्याला टिकवायची, वाढवायची असेल तर सर्वप्रथम ती आपण सातत्याने बोलली पाहिजे. मराठी माणसाने मराठी भाषेचा अभिमान बाळगला पाहिजे. मराठी बोलण्यात कमीपणा वाटता कामा नये. एकदा का आपल्या भाषेबद्दल आपल्या मनात गौरवाची भावना निर्माण झाली, की मग भाषा वाढायला सुरुवात होईल. सगळ्यांना मराठी समजत असते; मात्र आपणच अनेकदा हाय-हॅलो, हाऊ डू यू डू अशा इंग्रजीच्या फेऱ्यात अडकून पडतो. याच कारणाने आपल्या भाषेची दुरवस्था झाली आहे. प्रत्येक मुलाचे प्राथमिक शिक्षण त्याच्या मातृभाषेत म्हणजे मराठीत व्हायला पाहिजे, पण आपली मुले आपण इंग्रजी माध्यमात घालत आहोत. ही मोठी चूक आहे. मुलांवर वाचनाचा संस्कार व्हायला हवा.

वर्णन:

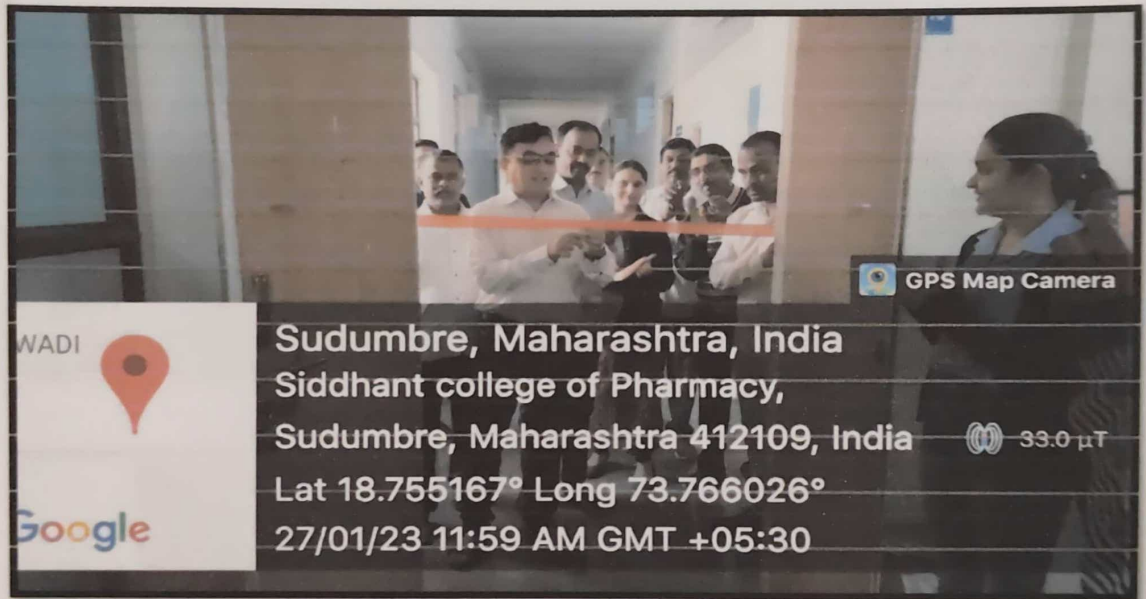
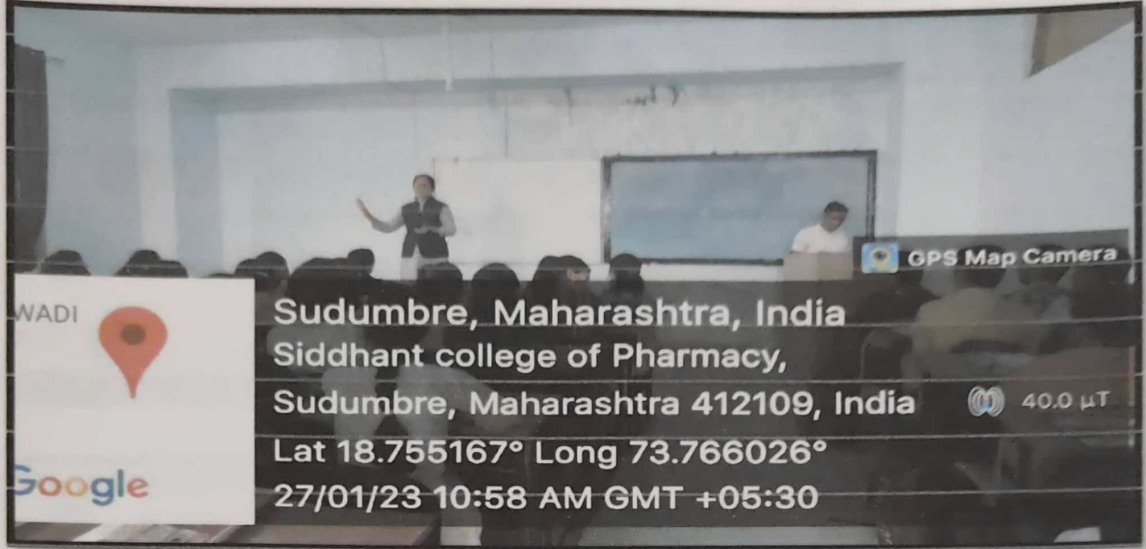
दिनांक २७/०१/२०२३ (शुक्रवार) रोजी सिद्धांत कॉलेज ऑफ फार्मसी मध्ये मराठी संवर्धन पंधरवडा अंतर्गत पुस्तक प्रदर्शन तसेच विविध कार्यक्रमांचे आयोजन करण्यात आले होते. त्यात प्रथम कार्यक्रमाचे प्रास्ताविक सांस्कृतिक प्रमुख दीपाली गायकवाड यांनी केले. तसेच कार्यक्रमासाठी उपस्थित परीक्षा प्रमुख वनिता गाडे तसेच क्रीडा प्रमुख संजुमोहन सर तसेच सर्व शिक्षक आणि शिक्षकेतर कर्मचारी आणि बी फार्मसी चे विद्यार्थी उपस्थित होते. त्यानंतर संजुमोहन सरांनी मराठी लेखक आणि त्यांच्या साहित्याविषयी मार्गदर्शन केले आणि लेखकांची इतिहासातील छाप व मोलाचे योगदान याविषयी माहिती सांगितली त्यानंतर विद्यार्थ्यांनी भगवतगिता पठण केले आणि शेवटी आभार प्रदर्शन वर्षातील जान्हवी विद्यार्थी संख्या



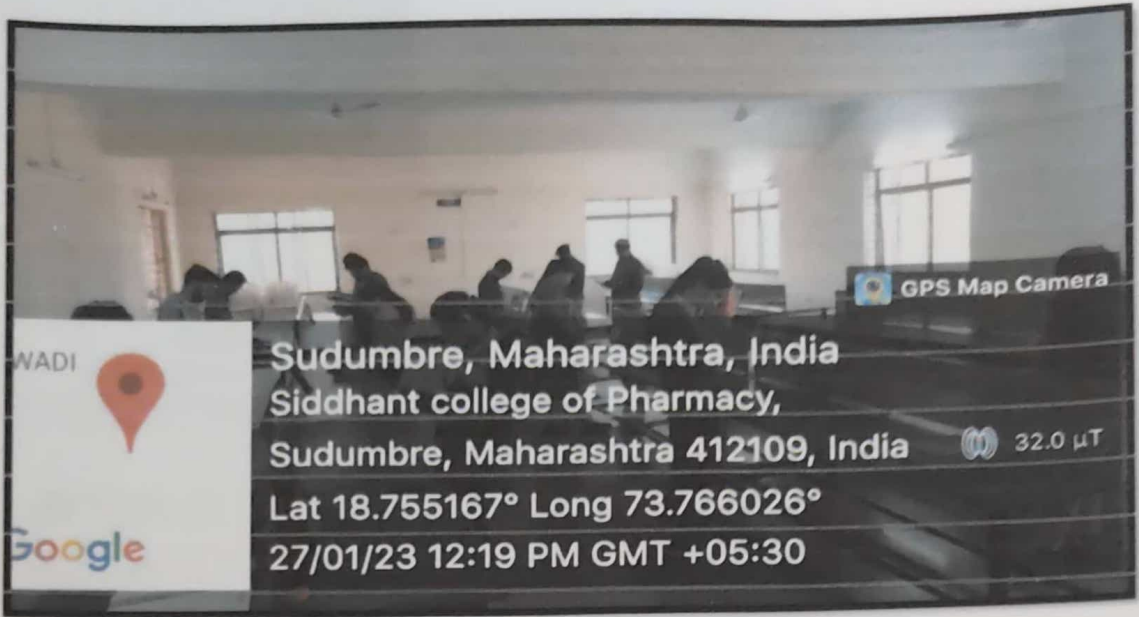
¹⁰
Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109

समन्वयक नाव : दिपाली गायकवाड.
सभासद नाव: राबिया पटेल, शुभांगी थोपटे

छायाचित्र:



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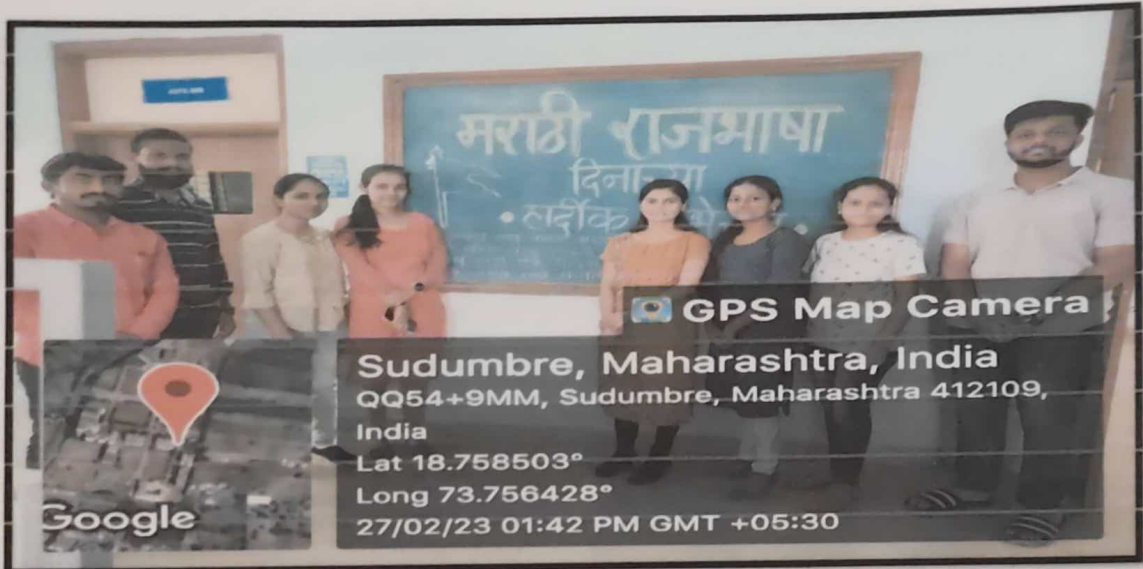


Google

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Sudumbre, Maharashtra 412109, India
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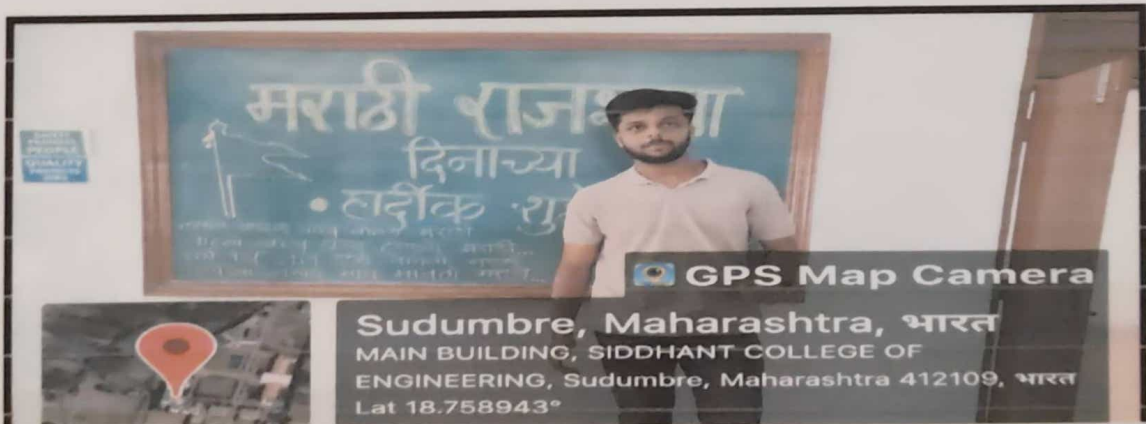
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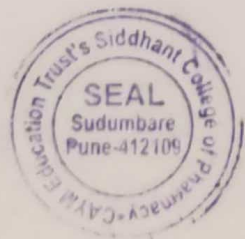
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Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

SEMINAR ON CAREER GUIDANCE, GPAT EXAM PREPARATION & DEVELOPMENT OF SOFT SKILLS

DATE: 1st February 2023

VENUE: Siddhant College of Pharmacy, Class Room no. 1

OBJECTIVE:

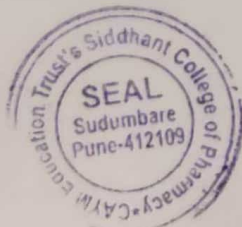
1. The counselling will assist in decision-making by providing information about the chosen career path, other available career options, their pros and cons, job prospects, and help you locate resources for obtaining important career-related information.
2. It help you make the decisions you need to make now, but to give you the knowledge and skills you need to make future career and life decisions.

OUTCOME:

- To Students came across the fact those attitudes towards life and our career are like two sides on the same coin.
- Students got knowledge about career opportunities in pharma sector, GPAT guidelines, how to study for GPAT examination, how to face interviews and how to build soft skills.
- Life and career are highly coupled to each other.

SUMMARY:

Siddhant College of Pharmacy, Pune organized a Workshop on 'Career Guidance, GPAT Exam Preparation & Development of Soft Skills' by Mr.Piyush Jaiswal on 1st February 2023



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Dist.-Pune 412 109

at 2.30pm for the Third & Final year B.Pharm Students.

The talk began by the deliverance of welcome address by the officiating principal of the college Dr.Rahul Dumbre. He congratulated the TPC cell for taking the initiative to organize a talk on such a topic. He also said such sessions for students are necessary to improve employability.

Participants were introduced to the resource persons by the Host. "The speaker was Prof. Peeyush Jaiswal, Director, GPAT Discussion Centre Pvt. Ltd.He given valuable information about GPAT exam, paper pattern, benefits of GPAT qualification. He guided about subjects involved in GPAT exam. He given ideas to remind structures, formulas. The lecture was very informative and all queries of students were solved.

At the end of the session, the speaker individually solved each student doubt regarding grooming their career. Overall, it was a good session for the students towards their holistic future development.

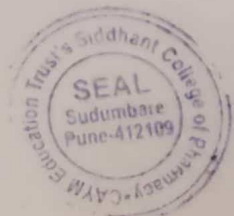
Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 90 students attended the Seminar.

The vote of thanks was delivered by the TPC Incharge Prof.Pooja Jadhav.

Co-ordinator Ms.Pooja Jadhav

Member Mrs.Payal Pansare

Jadhav
Payal



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Dist.-Pune 412109.

PHOTO

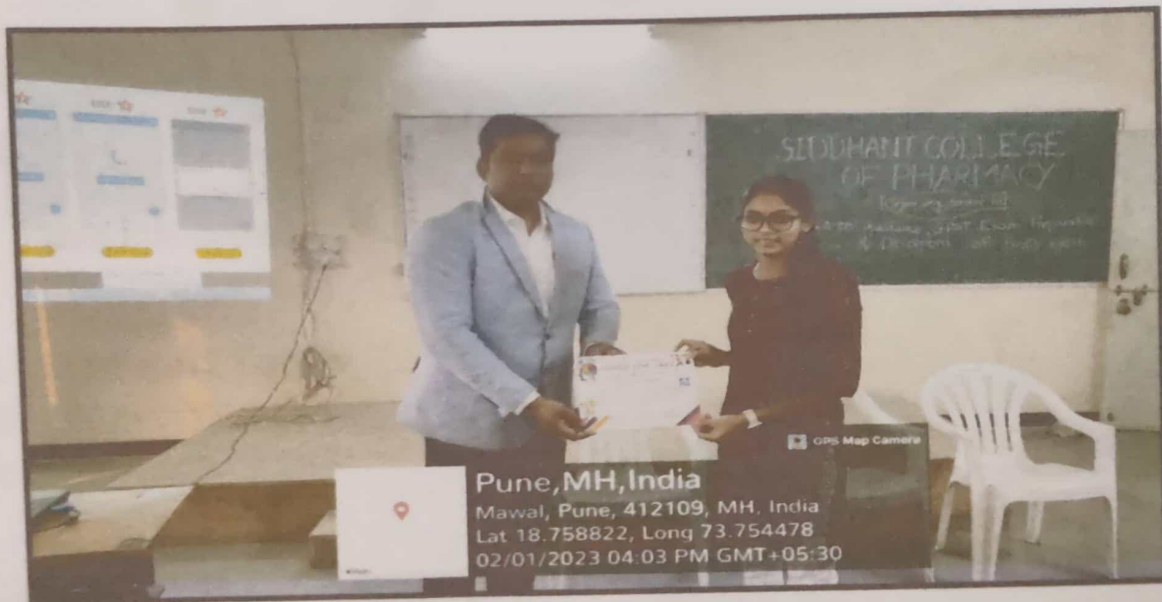


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Sudumbre, Maharashtra 410501

website - <http://siddhantcop.in>

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SEMINAR ON

Career Guidance, GPAT Exam Preparation & Development of Soft Skills



EMINENT SPEAKER

PEEYUSH JAISWAL

Mentor & Director

GPAT Discussion Center Pvt. Ltd



01 FEBRUARY

2023



2:30 PM



PRINCIPAL

Dr. RAHUL DUMBARE

Siddhant College of Pharmacy

PATRONS

Mr. Siddhant Yadav

Mr. Mihir Yadav

Vice President SGI

HOD UG

Dr. SWATI DESHMUKH

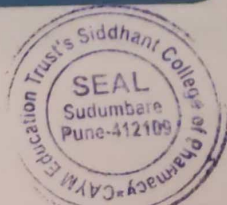
Siddhant College of Pharmacy

CO-ORDINATOR

Ms. POOJA JADHAV

Mrs. PAYAL PANSARE

Siddhant College of Pharmacy



Principal
Siddhant College of Pharmacy
Sudumbre, Tal.-Maval,
Dist. Pune-412109.

CAREER GUIDANCE, GPAT EXAM PREPARATION AND DEVELOPMENT OF SOFT SKILLS



GPAT



NIPER



DRUG INSPECTOR

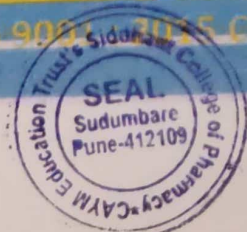


PHARMACIST



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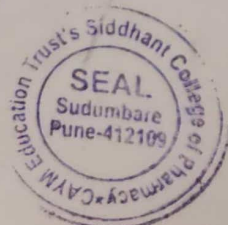
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Biosketch

- Prof. Peeyush Jaiswal, Director, GPAT Discussion Centre is a Pharma training professional with extensive leadership experience in GPAT and Other Pharma Competitive exam preparation. He had qualified GATE, GPAT 4 times with highest percentile of "98.04".
- He has more than 13 years of experience in shaping the Pharma aspirants for their bright future, around 10,000+ students qualified GPAT, NIPER, Drug Inspector, Pharmacist exams under his guidance.
- He is recipient of Master program fellowship by the MHRD, Govt. of India in 2009.
- He has delivered more than 100 Seminars in different Colleges across India, has authored 62 books, 3 book chapters and has to his credit 30 publications in different National and International Journals. He has two patent under process.

Recent Awards

- **Best Pharma Institute Award** by Honourable Chief Minister of Chhattisgarh Mr. Bhupesh Baghel and Health Minister Shri T. S. Singh Deo in year 2021.
- **Career Pioneer Award** by Dr. Shailendra Sharaf (Former Vice-President of PCI) in A National Conference on Pharmaceutical Industry Academy Meet Organised by Nirali Publication.
- **Dronacharya Award** for the best teacher by A. P. J. Abdul Kalam foundation.
- Received **Pharma Ratna Award** by RAB DI MEHAR foundation for his contribution in pharma education.



Peeyush Jaiswal
Principal

Director
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Dist.-Pune 412109.



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HINDI DAY

DATE : 13th Sep 22

VENUE : Siddhant College of Pharmacy, Classroom No. 1

NO. OF PARTICIPANTS: 106

OBJECTIVE:

हमें अपनी राष्ट्रभाषा हिंदी का सम्मान करना चाहिए। हिंदी दिवस हमारे सांस्कृतिक जड़ों को फिर से देखने और अपनी समृद्धता का जश्न मनाने का दिन होता है। हमें हिंदी भाषा का मूल्य समझना चाहिए क्योंकि हिंदी हमारी राष्ट्रभाषा और हमारी संस्कृति को याद करने का दिन है।

SUMMARY:

आज 14 सितंबर 2022 मतलब हिंदी भाषा दिन इस अवसर पे सिद्धांत कॉलेज मे एक छोटासा कार्यक्रम का आयोजन किया था। इस कार्यक्रम कि शुरुवात प्राध्यापक दिपाली गायकवाड ने हिंदी भाषा (सांस्कृतिक विभाग प्रमुख) ने हिंदी भाषा का महत्व बताते हुए किया। इसके बाद द्वितीय वर्ष छात्र जय शर्मा ने हिंदी साहित्य और लेखको के बारे मे भाषण दिया। भारत के पहले प्रधानमंत्री पंडित जवाहरलाल नेहरू ने 14 सितंबर को हिंदी दिवस के रूप मे मनाए जाने की घोषणा की थी। उनके ही कार्यकाल मे 18 सितंबर 1953 की देश मे पहली बार हिंदी दिवस मनाया गया था। प्राध्यापक शुभांगी थोपटे ने हिंदी अनुवाद के बारे मे भाषण दिया और कार्यक्रम के अंत मे प्राध्यापक राबिया पटेल ने हिंदी का महत्व बताने के बाद आभारप्रदर्शन प्रकट किया।


(Sign of the member)

Mrs. Rabiya Patel

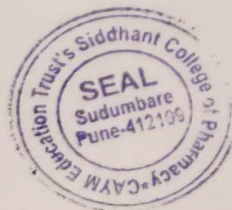
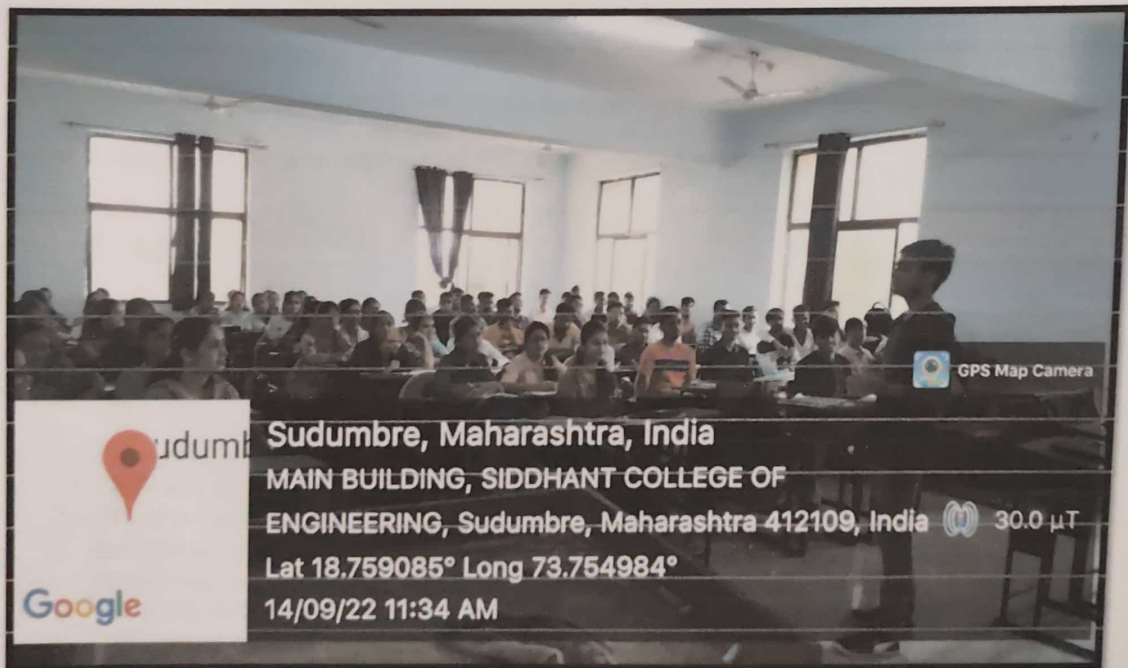
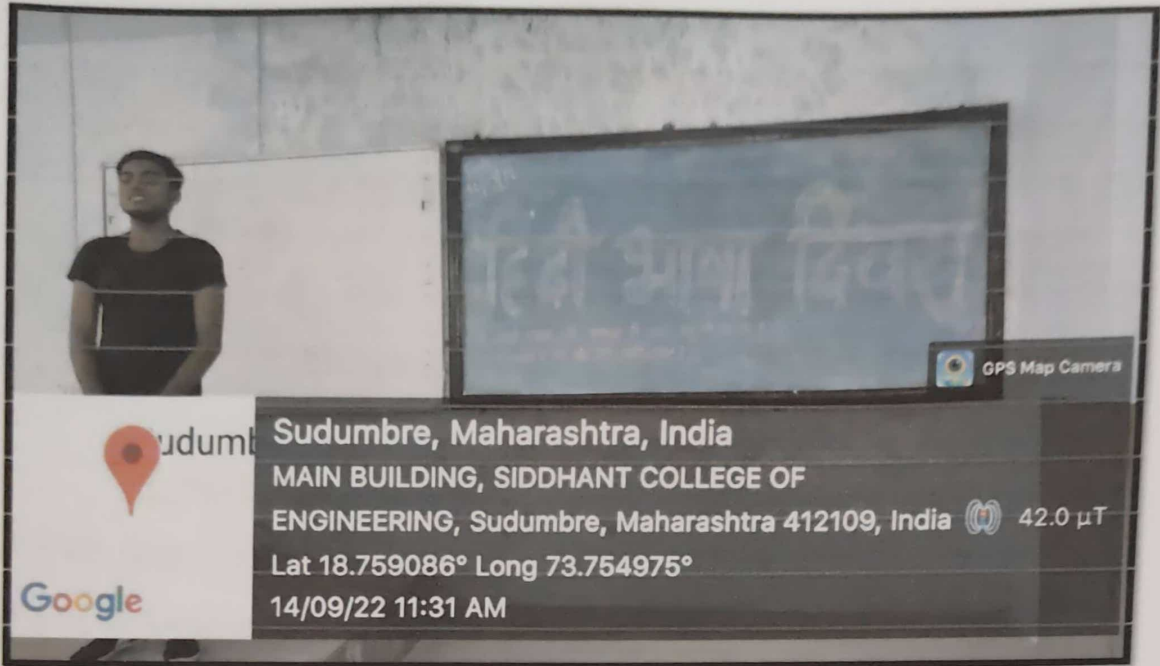
(Sign of Coordinator)

Mrs. Deepali Gaikwad




Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109.

PHOTOS:



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2. Language and Communication

Language lab software used for communication

DATE: From 3 Jan – 4 March 2022

VENUE: Language lab SCOP

GUIDED BY: Ms .Sunita Shewalkar

NUMBER OF STUDENT PRESENT: 102

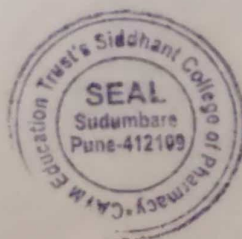
OBJECTIVES:

- To equip the students with good communication skill
- To prepare the students for interviews and future job environments.
- Language lab help to improve pronunciation of student.

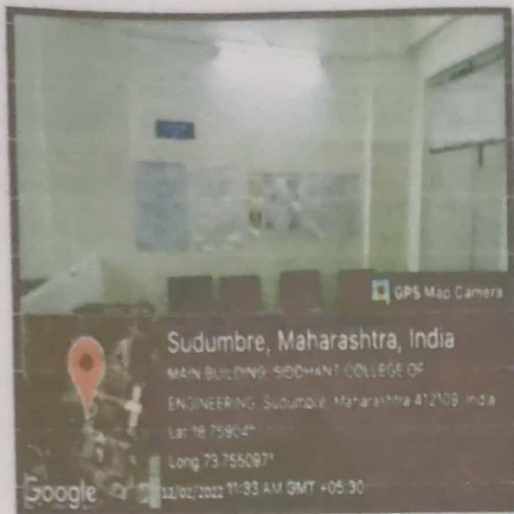
SUMMARY:

Biyani Technology is the language software used for delivering lectures and practicals of Communication Skill as instructed by PCI . All first year and direct second year students utilized Language lab software for communication subject in academic year 2021-22.

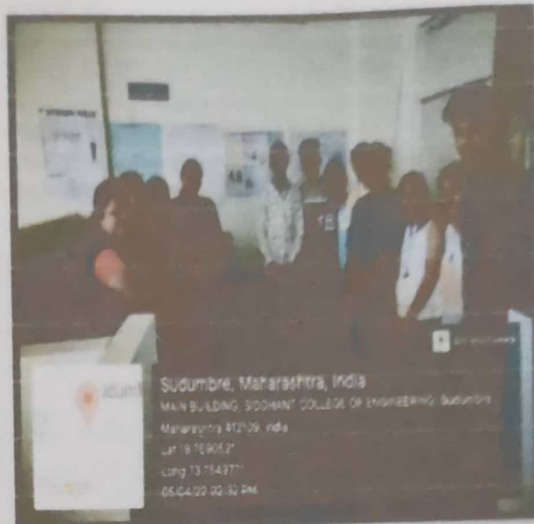
The college has a well –functional language lab that facilitates student to practice via computer based exercise and activities . In academic year 2021-2022 due to pandemic situation, lectures were conducted by online mode. It provides all the features required by teacher for Language teaching-learning process using various activities such as pronunciation practices, video presentation, audio broadcasting, quiz, grammatical exercises and assignments. All first year and direct second year students utilized Language lab software for communication subject in academic year 2021-22.



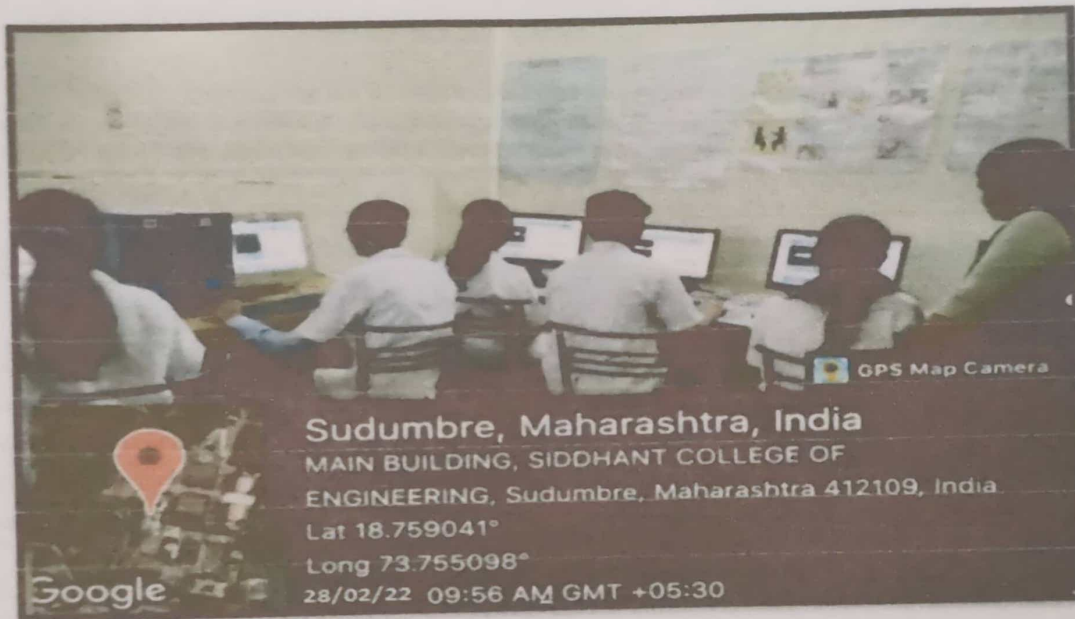
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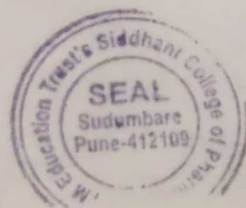
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ENGINEERING, Sudumbre, Maharashtra 412109, India
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[Handwritten Signature]

Subject Teacher
Mrs. Sunita Shewalkar



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MARATHI BHASHA DIVAS

DATE : 27th Feb 22

VENUE : Classroom No.a

ORGANIZED BY : Mrs. Deepali Gaikwad, Mrs. Rabiya Patel

OBJECTIVE:

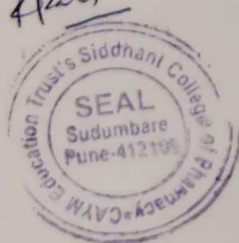
Language is the root map of our culture and we have to make an efforts to preserve our root languages, thus to eradicate the language barrier this day is celebrated. To take pride in the language of the state and not be weary of marking the day. A circular uploaded on the university's website has made it mandatory to celebrate the day, a compliance report for which will also be expected post the events. The University Grants Commission (UGC) has directed all universities and colleges under it to celebrate February 27 as 'Matrubhasha Divas'.

SUMMARY:

Miss. Tanuja Gadhave second year Student, opened the session by narrating the importance of this day and also broaden some points about Dynanpeeth award winner V.V. Shirwadkar alias 'Kusumagraj' and his contribution towards the prosperity of Marathi literature. The programme continued by discussing 5 small motivational stories and by the recital of the poem written by Miss. Dnyaneshwari and Miss. Kavita second year student. The intention here is to give a platform to students to showcase their writing skills. Our Principal Dr. Rahul Dumbre Sir also addressed the crowd with the strong message that don't feel ashamed speaking in your mother tongue, our contribution to preserve the language is not working in a good spirit. He also narrated that how this language will be important for clearing the pronunciation of the difficult words by few examples. Sir also recited the poem written by Mrs. Deepali Gaikwad. At last the video was played explaining the history of Maharashtra and pictured personalities who contributed for making Maharashtra pride.

(Sign of the member)

Mrs. Rabiya Patel



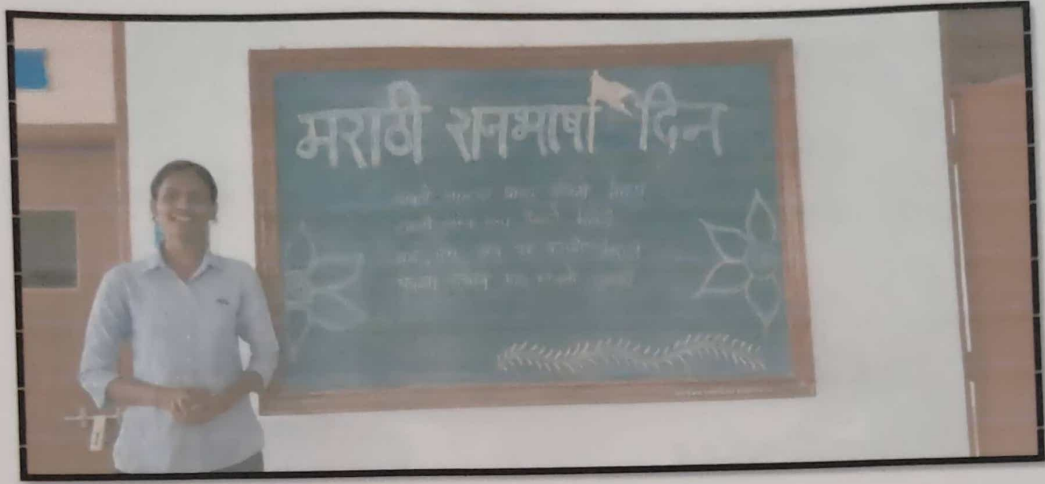
(Sign of Coordinator)

Mrs. Deepali Gaikwad

Principal

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Dist.-Pune 412109.

PHOTOS:



Pr
Principal
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A/P Sudumbare, Talegaon –Chakan Road, Tal: Maval, Dist: Pune -412109
Phone: 02114-661947, Email: siddhantcollegeofpharmacy@yahoo.in, Website: www.siddhantcop.in

WORKSHOP

“Employability Skills” under “Connect with Work”

DATE: From 2 – 4 March 2021

VENUE: Virtually due to Covid-19

OBJECTIVE:

1. Students will benefit as they transition through from college to job or further education.
2. Develop skills in asking questions that give you information you need
3. Develop skill in listening actively and empathetically to other

SUMMARY:

Siddhant College of Pharmacy in association with RUBICON Consultants has organized the workshop to update students related to “Employability Skills” under “Connect with Work”. The Workshop was organized into three days. During this Workshop, Various Parameters discussed regarding Communication Skills, How to make CV, Interview Skills, Self awareness, Grooming, Body language, Confidence, Team work, etc. This workshop was followed by a question-answer session which was organized in interactive and open discussion manner. It was nice learning experience for students and they thoroughly enjoyed the session. The workshop was appreciated by students.

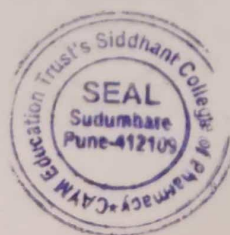
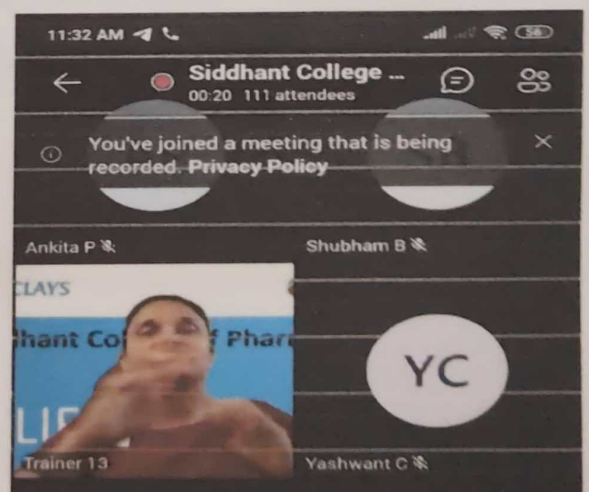
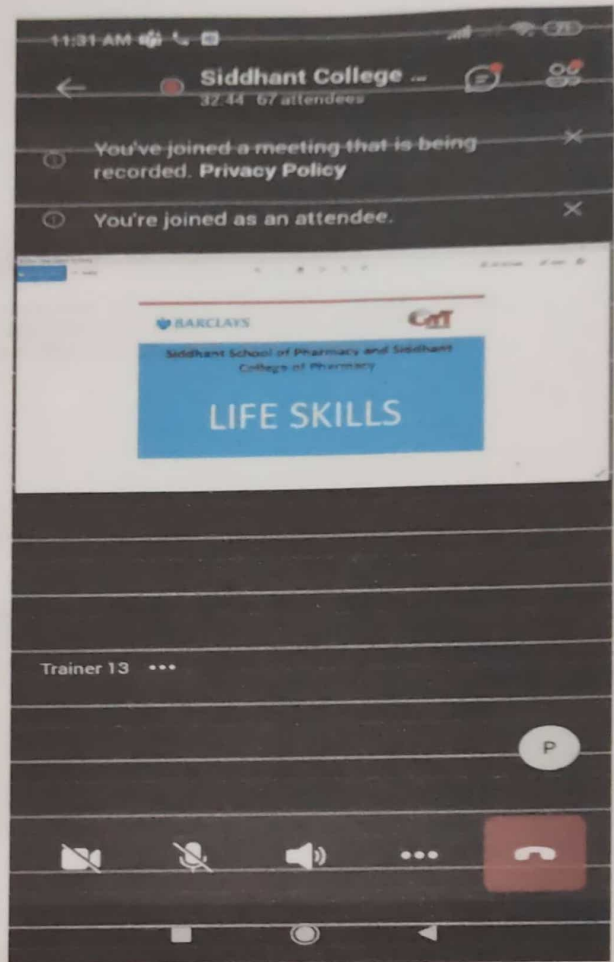
Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 111 students attended the Webinar.

Co-ordinator Ms. Pooja Jadhav



Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109.

PHOTOS



^{PD}
Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109.

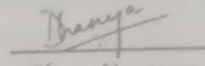


CERTIFICATE
OF PARTICIPATION

THE CERTIFICATE IS PRESENTED TO:

Shaiwale Akshada

For successfully completing 3 days training from "05 October 2021 to 07" October 2021 on
"Employability Skills" under "LifeSkills" programme organized by Rubicon
at Siddhant College of Pharmacy, Pune, Maharashtra.


Shriya Narayanan

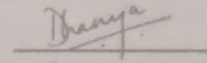


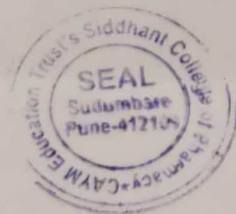
CERTIFICATE
OF PARTICIPATION

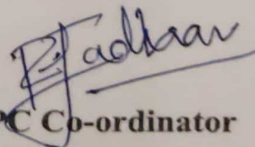
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
Wakchoure Roshan

For successfully completing 3 days training from "05 October 2021 to 07" October 2021 on
"Employability Skills" under "LifeSkills" programme organized by Rubicon
at Siddhant College of Pharmacy, Pune, Maharashtra.


Shriya Narayanan




TPC Co-ordinator


Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune-412109.

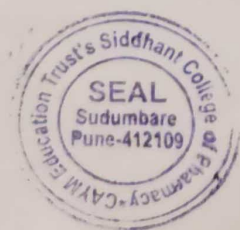


CAYM Education Trust's
SIDDHANT COLLEGE OF PHARMACY
Talegaon Chakan road, A/P Sudumbare, Tal. Maval, Dist. Pune
"Success Communicated Through Performance"

Date: 05/04/2020

Summary Report
Soft Skill Development Training on Interview skills (Communication and Employability skills)

Name of College	Siddhant College of Pharmacy, Sudumbre
Title of Event	"Connect with work "Communication and Employability Skills (Interview Skills)
Date of Event	02/03/2020 to 04/03/2020
Organizer	Rubicon
Location of Event	Siddhant College of Pharmacy, Sudumbre
Trainer Name	Mr. Prashant Sonawane
Coordinator	Mr. Sagar D. Kore
No. of Students	66



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New Hire Training/ Personality Development/ Employability Skills			
Sr. No.	Topic	Learning Objectives	Duration
1	Expectation setting	To learn Industry expectations from freshers	1
2	Ice breaking	To know more about the trainer & candidates	1
3	Organizational Structure	To learn Organizational structure	2
4	SWOT Analysis	To identify their Strength/Weakness/Opportunities/ Threat	2
5	Corporate Jargons	To learn most commonly used words in corporate	1
6	Public Speaking	To eliminate stage fear	2
7	Presentation Skills	To articulate your thoughts through Power point presentation	2
8	E-mail Etiquette	To learn E-mail writing skills	2
9	Grooming	Dress to impress/ Proximity/ Personal hygiene/	2
10	Body language	To learn positive body language	1
11	Telephone Etiquette	To handle telephonic round of interview/ To learn call mechanics	2
12	Group Discussion	To access candidates' public speaking skills	2
13	Personal Interview	To perform well during interviews	4
Total			24 hrs

Soft Skill Training Program

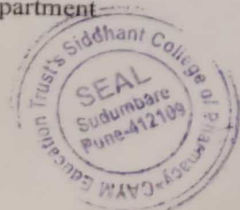
On Wednesday, 2th March 2019, the department of Training and Placement of Siddhant College of Pharmacy had organized three days training program by Rubicon's "CONNECT WITH WORK" Program, supported by Barclays for the benefit of students. Mr. Prashant Sonawane from Barclays was the resource persons for this training program.

During the formal inaugural session, Mr. Sagar D. Kore, Chief Coordinator Dept of Training and Placement welcomed the gathering. Ms. Swati Kale introduced resource person to the students.

Dr. Swati Deshmukh felicitated the guest & while addressing students, Dr. Rahul Dumbre (Principal), focused on the efforts of Management and college administration for providing state-of-the-art facilities to the students. Adding to it, Principal stressed the importance of such training programs and also assured that many more quality programs will be introduced in the days to come for preparing students to face campus interviews. Also he announced that the placement team of the college will have student representation too so that the future training programs can be organized as per the need of the students.

Mr. Sagar D. Kore
Coordinator

Training & Placement Department



Dr. R. K. Dumbre
Principal

Principal

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**Life skills (Yoga, Physical fitness,
health and hygiene, self – employment
and entrepreneurial skills)**



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SEMINAR ON AWARENESS PROGRAMME ON WOMEN HEALTH AND HYGIENE

DATE: -17/01/2023

VENUE: Siddhant college of pharmacy

OBJECTIVE: Strategies and tips for working toward better health & rights for women. Strategies to work to increase women's health & rights in the community.

SUMMARY: Today we, Siddhant College of Pharmacy, Sudumbare arranged a seminar on the topic “**Awareness programme on women health and hygiene**”. The programme was initiated by Mrs Swapnali Girme and followed by Saraswati Vandana by Mrs Sunita Maharaj. Lightening of lamp performance by Our college Principal Dr R.K.Dumbre, HOD Dr Swati Deshmukh madam. The session was delivered by our today's speaker Mrs Tara Naikar madam and her team. She completed her education at Pune University as MAC Nutritionist. She works in an excellent Lady fly Pvt limited company. She shared his views about women's health and hygiene, and How we should take care of our diet and health. she also tell about MC and diet and health relations. We are grateful to our Management for their timely support and also to our Principal Dr R. K. Dumbre Sir and HOD(UG) Dr Swati Deshmukh madam guided us to conduct this programme. Mrs Deepali Gaikwad concluded the programme with a vote of thanks.

(Signature of the Member)

Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad



(Signature of Coordinator)

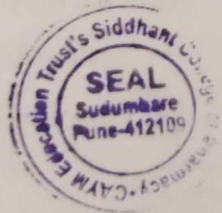
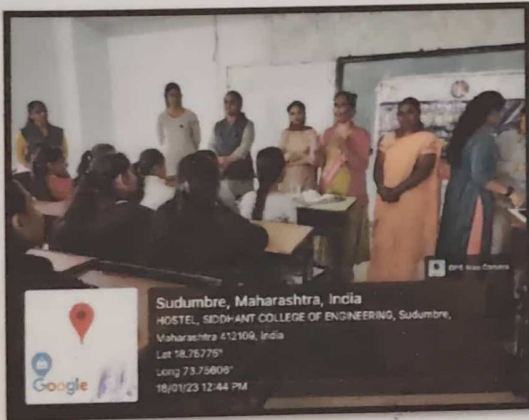
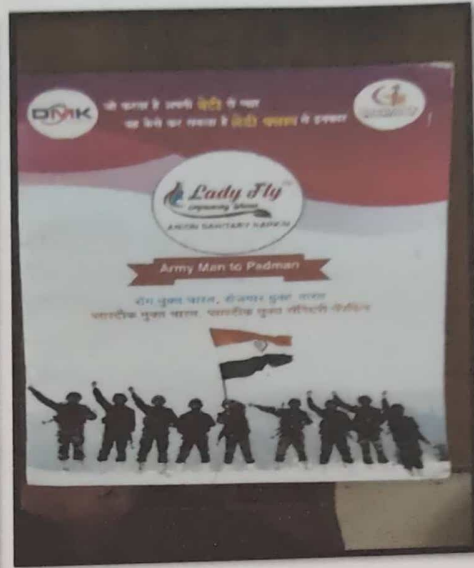
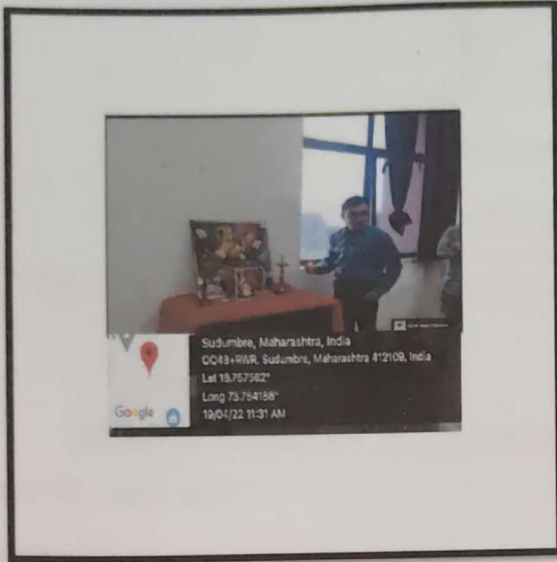
Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)

Principal

Siddhant College of Pharmacy
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Dist.-Pune 412109.

PHOTO:-



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 Siddhant College of Pharmacy
 Sudumbare. Tal.-Maval,
 Dist.-Pune 412109.



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NIRBHAY KANYA YOJNA (SELF DEFENSE PROGRAMME)

DATE: -08/03/2023

VENUE: Seminar hall of siddhant college of pharmacy.

OBJECTIVE: To encourage women and build confidence for self defense.

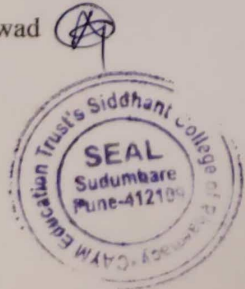
OUTCOME: To Develop A Critical Mind, Self-Confidence And A Commitment To Society.

SUMMARY: Today we, Siddhant College of Pharmacy, Sudumbare Celebrate **International Women's Day** (08/03/2023), on the occasion of that we conducted programme **Nirbhay Kanya Yojna (Self defense programme)**. The programme was initiated by Mrs Swapnali Girme and followed by Saraswati Vandana by Mrs Sunita Maharaj. Lightening of lamp performance by Our college Principal Dr R.K.Dumbre, HOD Dr Swati Deshmukh madam. Mr. Rohit bhalerao conducted training for self defense. he also give training which is helpful in daily life. We are grateful to our Management for their timely support and also to our Principal Dr R. K. Dumbre Sir and HOD(UG) Dr Swati Deshmukh madam guided us to conduct this programme. The programme was concluded by Mrs Deepali Gaikwad with a vote of thanks.

(Signature of the Member)

Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad



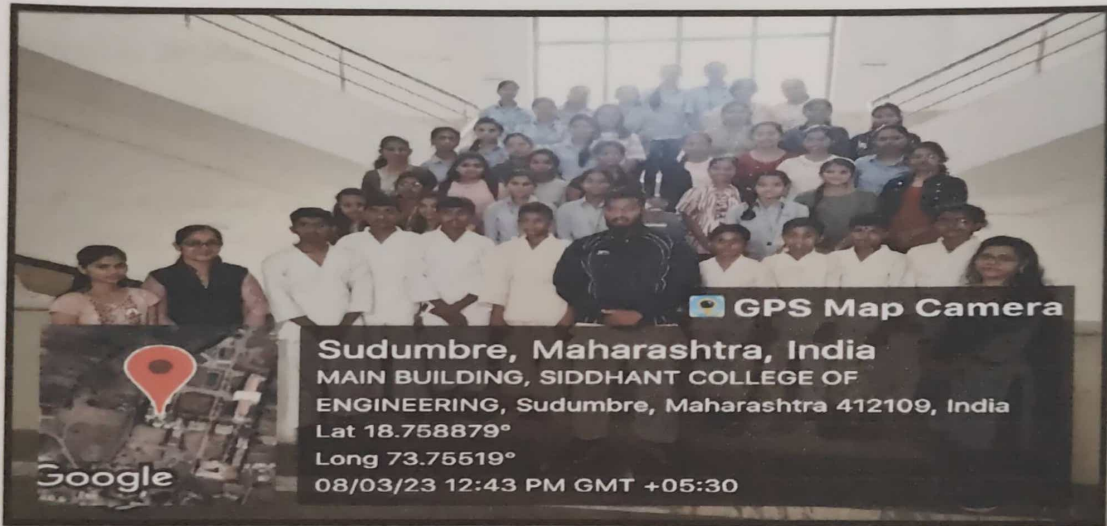
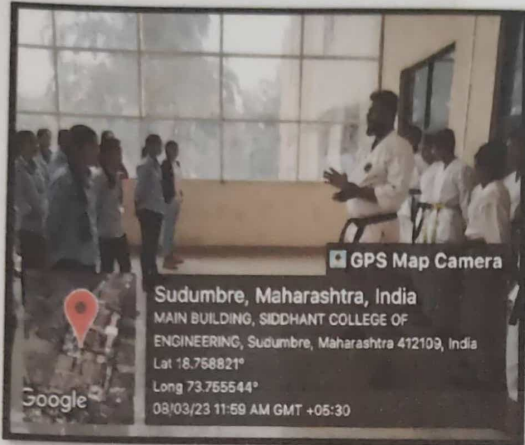
(Signature of Coordinator)


Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)

Principal
Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109.

PHOTO:-




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Sudumbare, Tal.-Maval,
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SPORTS DAY

VENUE: Offline (Siddhant College of Pharmacy)

DATE: 23rd March to 28th March

NO. OF PARTICIPANTS:

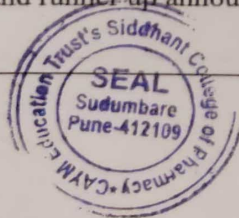
OBJECTIVE: All objectives and principles in extra-curricular activities must be primarily concerned with the welfare and educational development of the student participant. The principles, which are to be achieved from the Interscholastic Program, are to provide students with the opportunity to:

- Develop physical talents to their maximum potential.
- Engage in competitive activities, while promoting sound health, safety, and physical fitness.
- Exemplify good conduct as a means for learning good citizenship.
- Learn to appropriately experience both success and failure in an educational environment.
- Learn from experience that consequences follow the violation of a rule.
- Experience working as a team member, exercising self-discipline and self-sacrifice in order to achieve team goals.

SUMMARY:

Siddhant College of Pharmacy successfully conducted Sports Day on 23rd March to 28th March 2023. The Event was initiated by inauguration which was done by our respected HOD Dr. Swati Deshmukh ma'am, Registrar Mr. Navnath Gade Sir, Physical Director Mr. Sanju Mohan Sir and Sport committee member Mrs. Deepali Gaikwad ma'am. 1) On First day of Sports Cricket matches were held for girls and boys. First year girls and final year boys won the Cricket match .

2) On second day of Sports Kabbadi and basketball competition were organized. * Second year boys and first year girls won the Kabaddi competition. 3) On third day Indoor games arranged such as Carrom, Chess and Table tennis. Winners and runner up announced on same day



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4) On very last day remaining outdoor games were organized that are badminton, football. Final Year won the football competition and third year won the badminton competition. We thankful to our beloved Hon. President, Vice President and also Mrs. Shanan Yadav ma'am and our Principal Rahul Dumbre Sir, HOD Dr. Swati Deshmukh ma'am, Registrar Mr. Navnath Gade Sir for their motivation and support. The event was moderated by our HOD Dr. Swati Deshmukh ma'am, and coordinated by Sports incharge - Mr. Sanju Mohan, member Mrs. Deepali Gaikwad. We also grateful to our non-teaching staff, all first year to final year B. Pharm students. All students were participated by enthusiastically in all sports. Event was a great success.



Principal
Siddhant College of Pharmacy
Sudumbare. Tal.-Maval,
Dist.-Pune 412109.

PHOTOS:



GPS Map Camera

WADI



Google

Sudumbre, Maharashtra, India

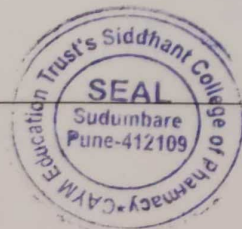
Siddhant college of Pharmacy,

Sudumbre, Maharashtra 412109, India

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Principal
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Sudumbare, Tal.-Maval,
Dist.-Pune 412109.



GPS Map Camera

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Sudumbre, Maharashtra, India
Siddhant college of Pharmacy,

Sudumbre, Maharashtra 412109, India

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Google



GPS Map Camera

WADI



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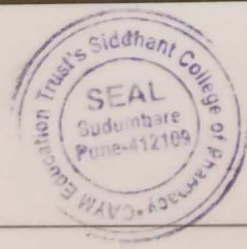
Sudumbre, Maharashtra 412109, India

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Siddhant College of Pharmacy
Sudumbare, Tal.-Maval,
Dist.-Pune 412109.

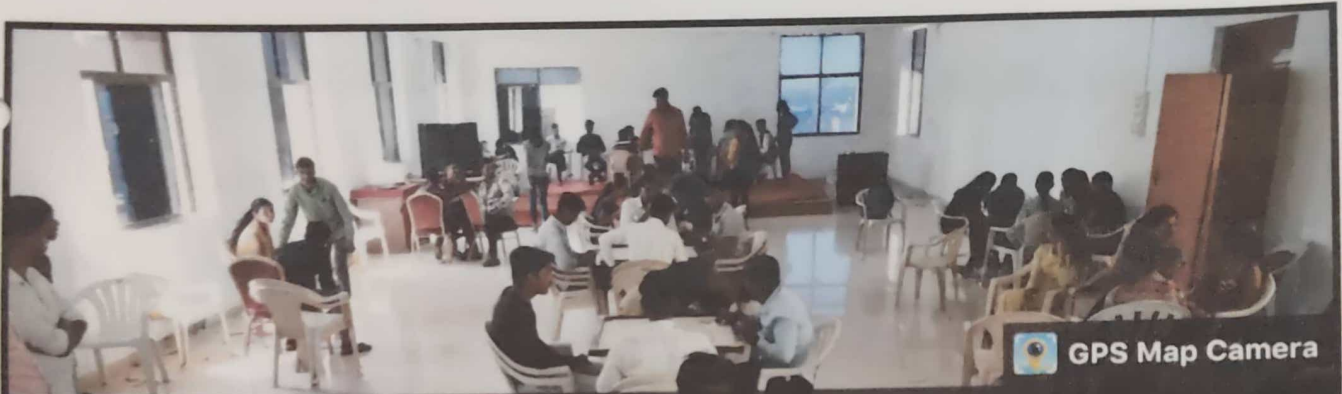


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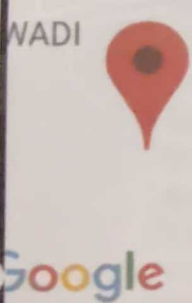


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Siddhant college of Pharmacy,
Sudumbre, Maharashtra 412109, India
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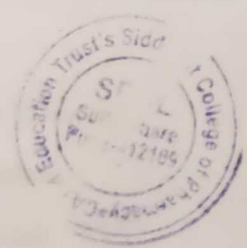


GPS Map Camera



Sudumbre, Maharashtra, India
Siddhant college of Pharmacy,
Sudumbre, Maharashtra 412109, India
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SEMINAR ON AWARENESS PROGEAMME ON WOMEN HEALTH AND HYGIENE

DATE: -19/04/2022

VENUE: Seminar hall of siddhant college of pharmacy

OBJECTIVE: Strategies and tips for working toward better health & rights for women. Strategies to work to increase women's health & rights in the community.

SUMMARY: Today we, Siddhant College of Pharmacy, Sudumbare arranged a seminar on the topic "Awareness programme on women health and hygiene". The programme was initiated by Mrs Swapnali Girme and followed by Saraswati Vandana by Mrs Sunita Maharaj. Lightening of lamp performance by Our college Principal Dr R.K.Dumbre, HOD Dr Swati Deshmukh madam. The session was delivered by our today's speaker Mrs Komal Sathe madam and her team .She completed her education at Pune University as MAC Nutritionist. She works in an excellent sanitary pad Pvt limited company. She shared his views about women's health and hygiene, and How we should take care of our diet and health .she also tell about MC and diet and health relations. We are grateful to our Management for their timely support and also to our Principal Dr R. K. Dumbre Sir and HOD(UG) Dr Swati Deshmukh madam guided us to conduct this programme. Mrs Deepali Gaikwad concluded the programme with a vote of thanks.

(Signature of the Member)

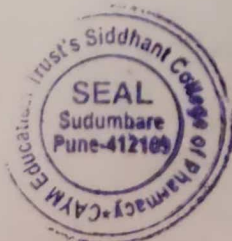
Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad

(Signature of Coordinator)

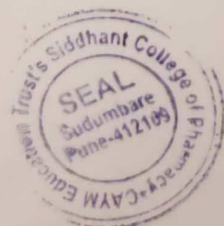
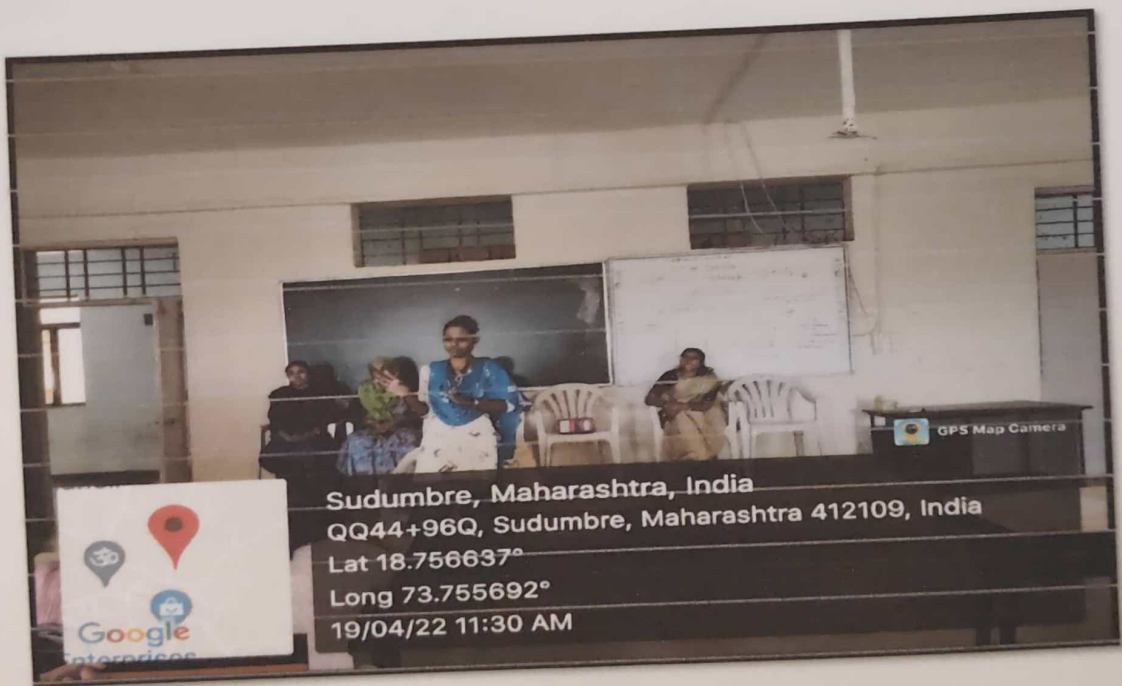
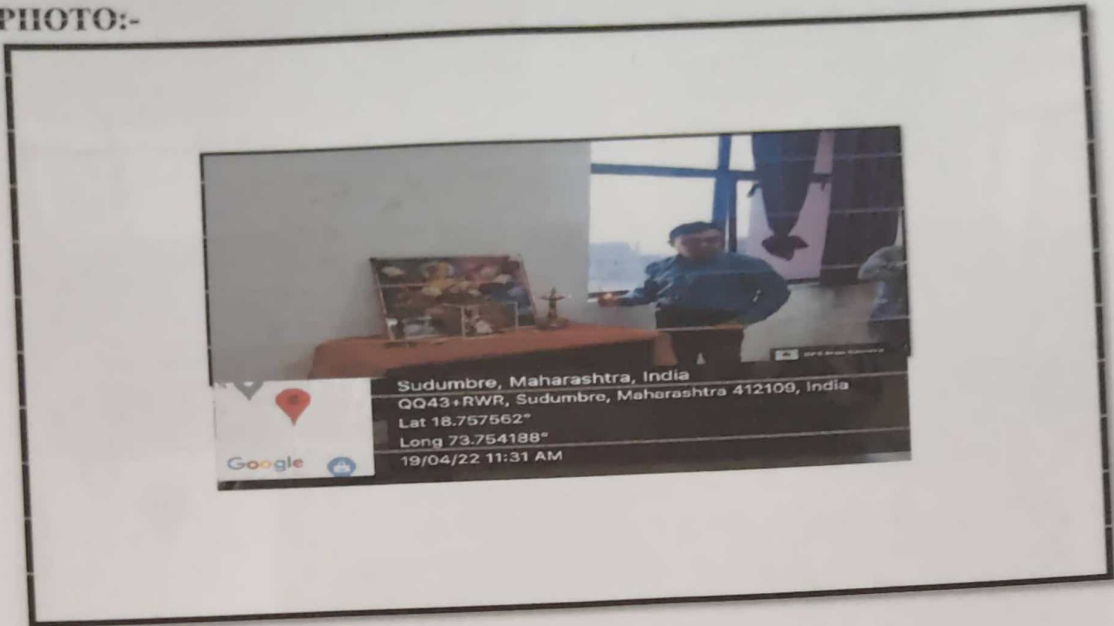
Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)

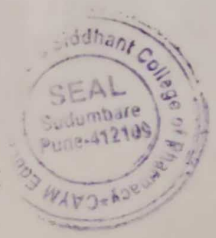


Principal
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PHOTO:-



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Sudumbare, Tal.-Maval,
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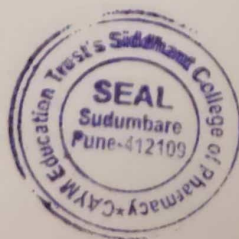
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TOBACCO DEADDICTION

Siddhant College of Pharmacy arranged the seminar about Tobacco Deaddiction, dated 20/07/2019 and the activity was coordinated by Dr. Ashish Chimbalkar. This activity was held at Siddhant COP Seminar Hall for B. Pharm and M. Pharm students and staff. Nowadays stress and other mental activities are affecting life of the students and hence we arranged such kind of programs. The seminar is purely based on tobacco deaddiction, to make students free from stress and deaddiction of tobacco. Vatsala Mata was the Chief guest for this event and Our HOD (UG) Dr. Swati Deshmukh madam felicitated the chief guest. Payal sister delivered presentation on topic Tobacco deaddiction. She concluded in her presentation that how to get rid from addiction of tobacco. and how to live stress free life.



Our HOD UG Dr. Swati Deshmukha madam felicitating our chief guest Vatsala mata



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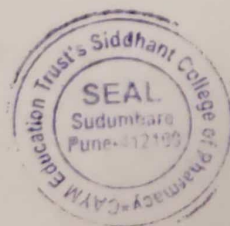
Our HOD UG, Dr. Swati Deshmukh madam felicitating our chief guest Payal sister



Our Chief guest Payal sister delivered presentation on Topic Tobacco Deaddiction



Our student as well as teacher listening presentation of Tobacco Deaddiction.



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TOBACCO DE-ADDICTION SEMINAR

DATE : 12 Jan 2022


VENUE : Virtual Mode

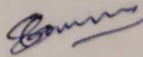

OBJECTIVE:

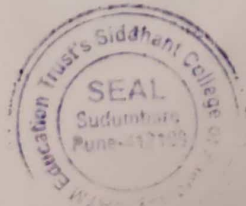
(i) create awareness about the harmful effects of tobacco consumption, (ii) reduce the production and supply of tobacco products, (iii) ensure effective implementation of the provisions under “The Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003” (COTPA) (iv) help the people quit tobacco use, and (v) facilitate implementation of strategies for prevention and control of tobacco advocated by WHO Framework Convention of Tobacco Control .

SUMMARY:

On the occasion of Swami Vivekanand Jayanti National Youth Day on 12 January 2022, Siddhant College of Pharmacy, Sudumbare organized an elaborate session on Tobacco De-addiction. The purpose of this session was aware the students about the major problem in youth now a days is Tobacco addiction. The speaker of the session was Dr. Digambar Date. He discussed various aspects of drug abuse emphasizing prevention and how to seek professional help. An educational video on the importance of preventing substance abuse was also screened for the students. The program was organized as part of the UGC activity- “AzadiKaAmrutMahotsav” a year-long celebration of the 75th year of Indian Independence. The students clarified their doubts and responded that the program was interactive. A total of 98 students attended the session.


(Signature of the Member)


(Signature of Coordinator) 
Principal
Siddhant College of Pharmacy
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Dist.-Pune 412109.

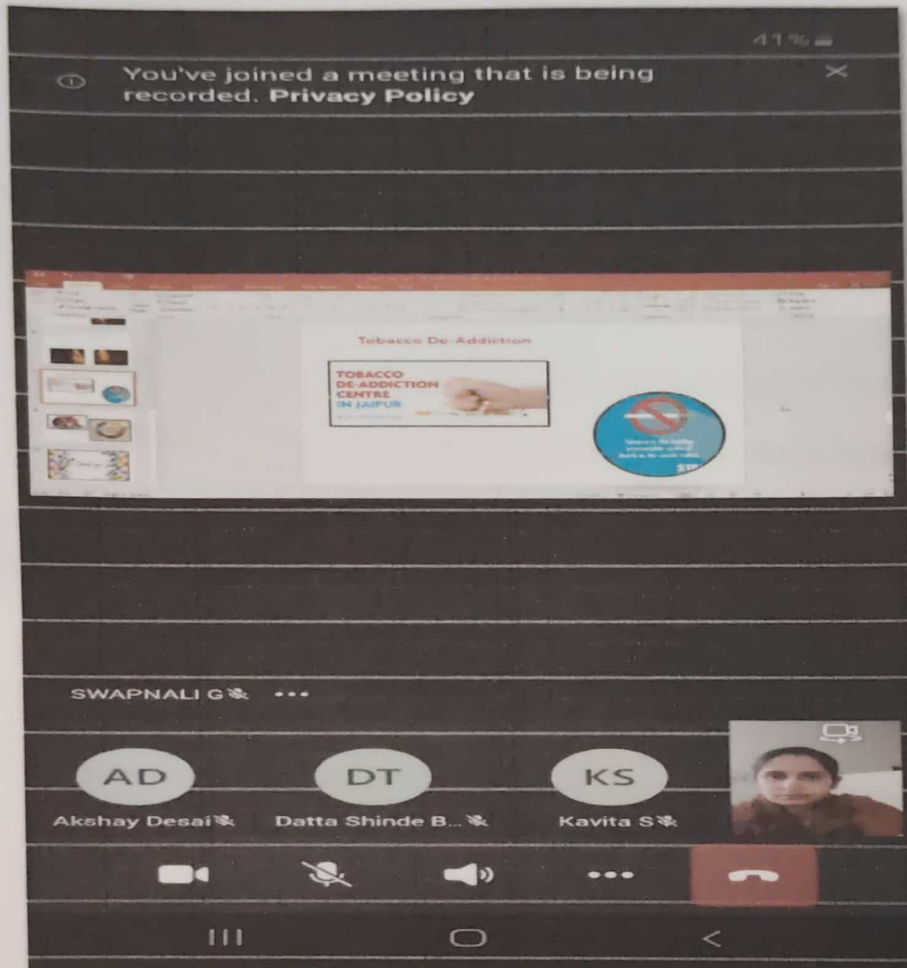


Mrs. SunitaShewalkarMrs. SwapnaliGirme (Social)

Mrs.Deepali Gaikwad

Ms. Swati Kale (NSS)

PHOTOS:



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POSHAN MAHINA

DATE : 23rd Sept 2022, 26th Sept 2022, 27th Sept 2022, 29th Sept, 2022.

VENUE : SCOP seminar hall, Social Media, Sudumbare Village.

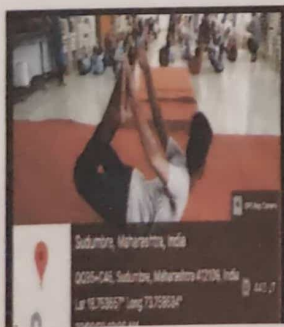
NUMBER OF VOLUNTEER PARTICIPATED: 100

OBJECTIVE: To aware people about healthy food, healthy life style and benefits of yoga,

exercise **OUTCOME:** POSHAN Abhiyaan aims to combat malnutrition in a phased manner by adopting a synergized and result-oriented approach.

SUMMARY: As per SPPU circular we Nss department of SCOP celebrated POSHAN Mahina in September 2022. On date 23rd September nss volunteer Mr. Narendra Mane aware other students about benefits of yoga, he practically perform various yogasan with other students, teaching and non-teaching staff. Then from 23rd – 26th students post balanced diet, malnutrition, benefits of yoga slogan, drawing, story on social media like instagram, facebook, twiteer. 27th September 2022 near about 100 students took participation in rally which was start from SGI campus to Sudumbare village. Street play on Balanced diet also performed in village. On 29th September seminar conducted on poshanmahina by Dr. PrachiBhosale on topic Healthy lifestyle. All activity organized and conducted by nss officer Ms. Swati Kale At the end vote of thanks delivered by NSS volunteer Vijay Gaikwad.

PHOTO:



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STRESS MANAGEMENT & SKILL DEVELOPMENT

DATE: 18/02/2022-20/02/2022.

VENUE: Seminar Hall

OBJECTIVE:

Preventing and managing long-term stress can lower your risk for other conditions like heart disease, obesity, high blood pressure, and depression. Stress management programs are designed to promote overall wellbeing by providing employers and employees with tools to prevent and reduce workplace stress. Objective of this Workshop is to learn how to manage and reduce stress, negativity, and anxiety so you can be happier and more.

SUMMARY:

Siddhant College of Pharmacy, Sudumbare, as per SPPU Circular, Pune organized **workshop on Stress management & skill development** on date 18 Feb 2022 at 12.00pm. The programme started by Mrs. Swapnali Girme madam followed by valuable thoughts of our chief guest Dr. Narendra Gowekar he briefly explained what is mean by stress, its causes, its impact on health, how to prevent & manage stress, how to enjoy each and every moment of life, less expectation, negativity and anxiety will lead to more happiness.

Total 120 students participated in this workshop. Total 18 teaching & non-teaching staff were present. Thanks to our Hon. Management, Dr. R.K. Dumbre Principal SCOP, HOD Dr. Swati N. Deshmukh, Mr. Sagar Kore Principal Siddhant School of Pharmacy (Women), Student & staff of SCOP attended the program. Whole program was conducted under the guidance of Mrs. Swapnali Girme Social Activity Coordinator.

(Signature of the member)

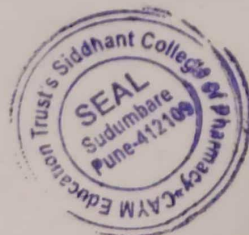
Mrs. Sunita Shewalkar Mrs. Swapnali Girme (Social)

Mrs. Deepali Gaikwad

(Signature of Coordinator)



Ms. Swati Kale (NSS)

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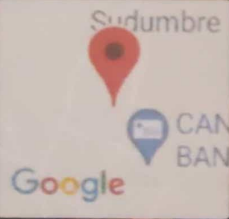



Workshop On Stress Management And Skill Development

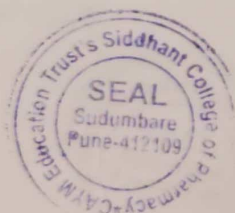



Dr. Narendra Govekar
Professor
Siddhant college of
pharmacy





Sudumbre, Maharashtra, India
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 Maharashtra 412109, India
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WEBINAR ON MANAGE YOUR EMOTION EFFECTIVELY

DATE: -08/03/2022

VENUE: Virtually conducted due to COVID-19 pandemic situation.

OBJECTIVE: To promote awareness about manage your emotion effectively and remain health and happy.

SUMMARY:

Today we, Siddhant College of Pharmacy, Sudumbare arranged a webinar on topic "Manage your emotions effectively" On the occasion of International Women Day (08/03/2022), The programme was initiated by Mrs.Swapnali Girme and followed by Saraswati Vandana by Mrs Sunita Maharaj. Lightening of lamp performance by Our college Principal Dr.R.K.Dumbre, HOD Dr. Swati Deshmukh madam. The session delivered by our today's speaker Mrs.Srishti Govind madam. She completed her engineering education from Indonesia and work in a wellness workplace organization. She shared her views about how we manage our emotions effectively and glimpse of everyday life, what is pranic healing, breathing of pranic healing, meditation and how meditation important in our life. We are grateful to our Management for their timely support and also our Principal Dr. R. K. Dumbre Sir and HOD(UG) Dr. Swati Deshmukh madam guided us to conduct this programme. The programme was concluded by Mrs Deepali Gaikwad by a vote of thanks.

(Signature of the Member)

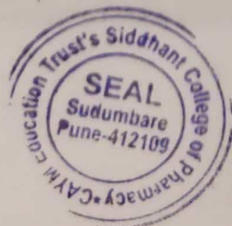
Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad

(Signature of Coordinator)

Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)



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PHOTO:-

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 Tal. Maval Dist. Pune 412109
 MANAGEMENT APPROVED BY ANTECPCO AND
 AFFILIATED BY UGC

Online webinar on
Manage Your Emotions Effectively
 on the occasion of 8
International Women Day

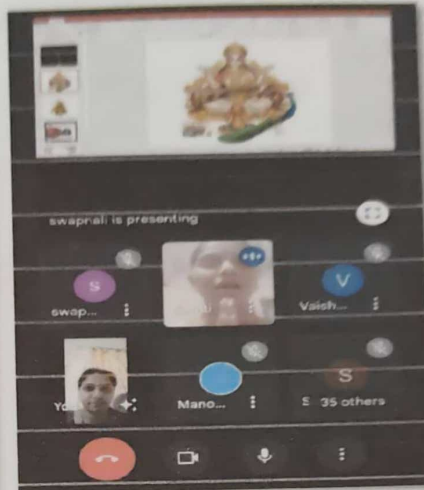
Srishti Govind

Day: Tuesday
 Date: 08/03/2022
 Time: 03:00 pm to 04:15pm

Moderator: **Dr. Dinesh Deshmukh** (HOD-UK)
 Co-ordinator: **Mrs. Swapnali Girme** (Social activity co-ordinator)
 Convener: **Dr. Rajesh Dumbre** (Principal)

2021-22

Check details on www.siddhantcollegeofpharmacy.edu.in
 WhatsApp: <https://www.whatsapp.com/channel/00299a5d8346c13011>



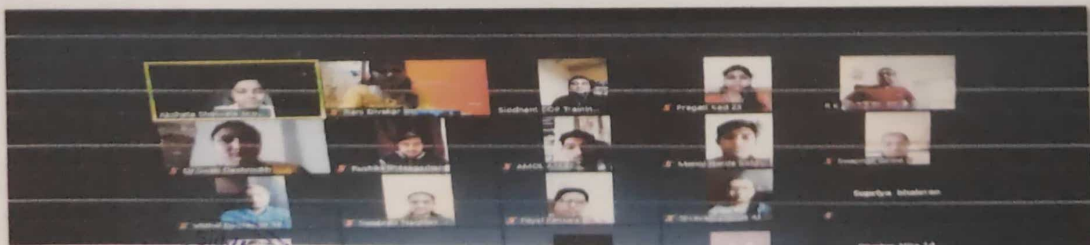
Zoom Leave

Holistic Wellness

Body
 Mind
 Emotion
 Energy

What is Pranic Healing?

- Pranic Healing is an ancient science and art of healing that utilizes prana called life energy to heal the whole body.
- It is a no-touch no-drug complementary therapy which uses prana around us to heal a person.
- It can heal physical, emotional and psychological ailments.
- We are present in 120 countries and in 17 states of India.



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SPORTS DAY

VENUE: Offline (Siddhant College of Pharmacy)

DATE: 17th May 2022- 20th May 2022

CHIEF COORDINATOR: Sanjay Mohan.

SPORTS SECRETORY: Neha Wajage.

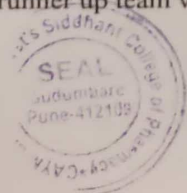
OBJECTIVE: All objectives and principles in extra-curricular activities must be primarily concerned with the welfare and educational development of the student participant. The principles, which are to be achieved from the Interscholastic Program, are to provide students with the opportunity to:

- Develop physical talents to their maximum potential.
- Engage in competitive activities, while promoting sound health, safety, and physical fitness.
- Exemplify good conduct as a means for learning good citizenship.
- Learn to appropriately experience both success and failure in an educational environment.
- Learn from experience that consequences follow the violation of a rule.
- Experience working as a team member, exercising self-discipline and self-sacrifice in order to achieve team goals.

SUMMARY:

On the First Day of Sports i.e 17th may 2022 , the cricket matches started at 9:30 am. In which boys cricket was held first. Initially the coin toss was done by Mr.Navnath Gade. where the winning team was first year and the runner-up team was final year. Then girl's cricket was held where the winning team was third year and the runner up team was second year. The teaching staff also enjoyed playing cricket.

The next day, first the volley matches (boys) was held at 9:30 am. In which the winning team was first year and the runner-up team was third year. Then throwball (girls) was taken around 11:30 am in which the winning team was final year and the runner-up team was first year. Then Kabaddi matches took place around 1:30 pm in



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the afternoon. Where in boys winning team was first year and the runner-up team was final year. In girls the winning team was final year and the runner up team was first year.

On the third day in the morning the badminton matches was held at 9:30 am. First the girls badminton matches took place where Neha Wajage bagged the first rank and Shubhangi Mahajan finished second. This was followed by boys Badminton matches where the first rank was secured by Rushikesh Nagarkar and Rushikesh chavan finished second. After that Indoor matches began around 12:30 pm in which Chess, Carrom and Table Tennis were Organized.

SCHEDULE:

Date	Games	Event
17/05/2022	Outdoor Games	Cricket (Girls and Boys)
18/05/2022	Outdoor Games	Volley ball (Boys)
		Throw Ball (Girls)
		Kabaddi
19/05/2022	Outdoor Game	Badminton
	Indoor Games (Seminar Hall)	Chess
		Carrom
		Table Tennis

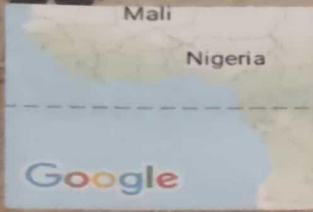
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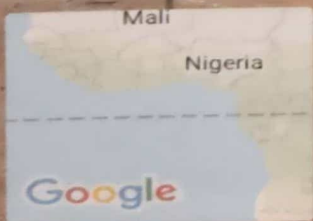
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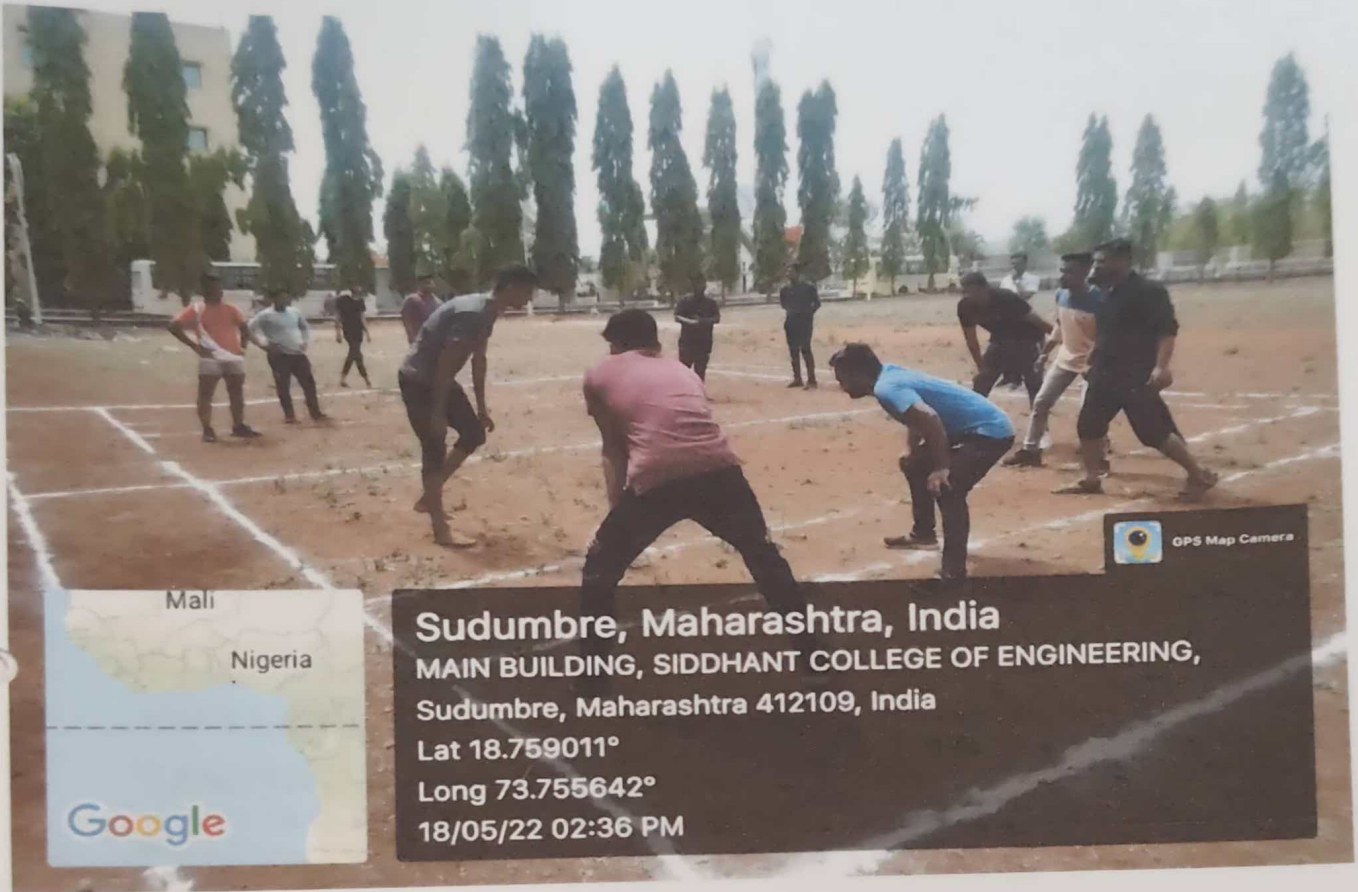
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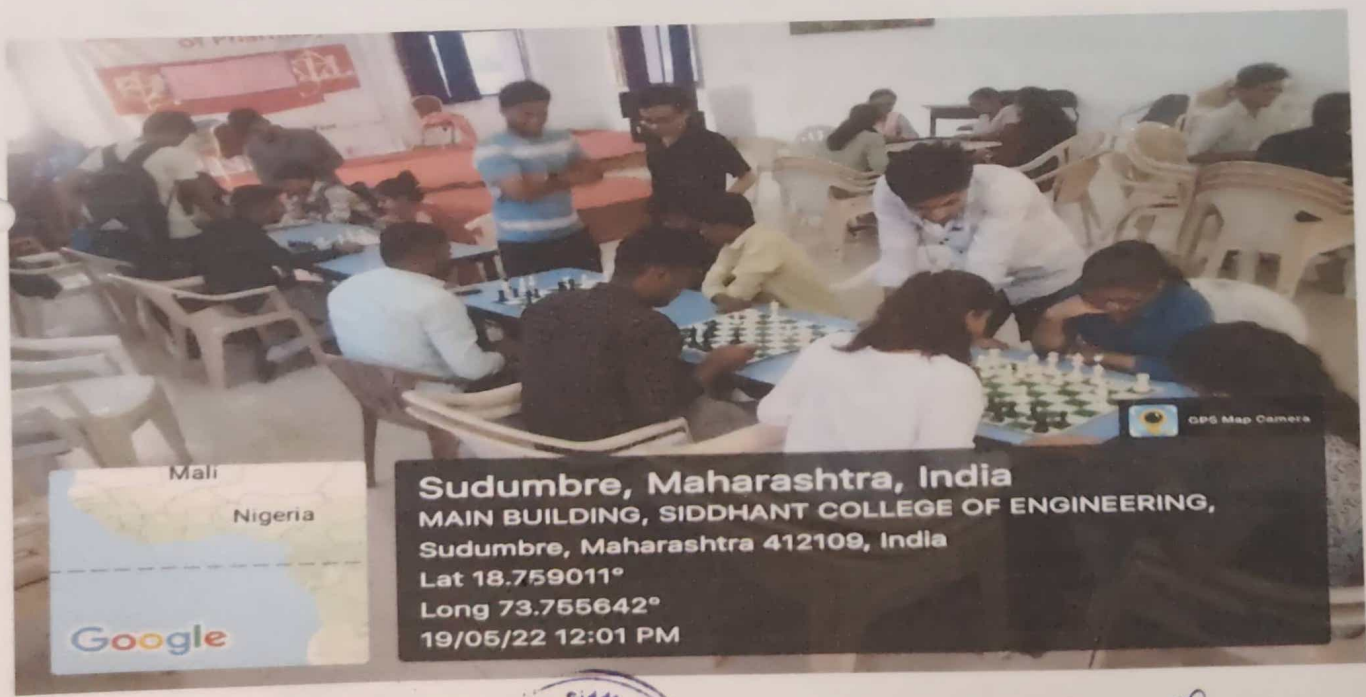
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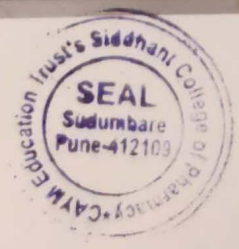
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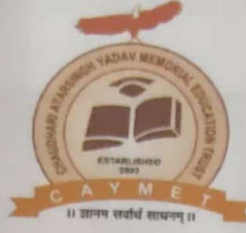
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INTERNATIONAL YOGA DAY

DATE: 22/06/2022


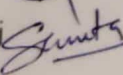
VENUE: Siddhant college of pharmacy seminar hall

OBJECTIVE: To bring about awareness about the health benefits of yoga and its several practices. The aim of this day is to educate Teaching, Non teaching and all student about the physical, mental and spiritual benefits that can be derived by practising yoga.

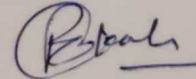
OUTCOME: To develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.

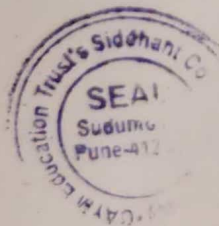
SUMMARY: International Yoga day was celebrated. All teaching, Non Teaching and all Pharmacy student was participated to International Yoga Day. Mrs Swapnali Girme initiated the programme followed by the lightning of lamp our college HOD Dr. Swati Deshmukh madam and college register Mr Navnath Gade sir. The session was conducted by Physical Director Mr .Sanju Mohan sir. We are grateful to our Principal Dr R. K. Dumbread HOD(UG) Dr Swati Deshmukh madam guided us in conducting this programme. And finally, the programme was concluded by social activity member Mrs Deepali Gaikwad, Mrs. Sunita Mharaj, miss Swati kale madam by a vote of thanks.

(Signature of the Member)

Mrs. Deepali Gaikwad 
Mrs. Sunita Maharaj 

(Signature of Coordinator)

Mrs. Swapnali Girme
Miss Swati Kale 




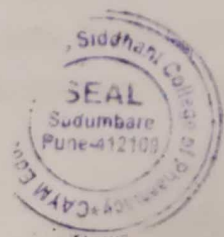
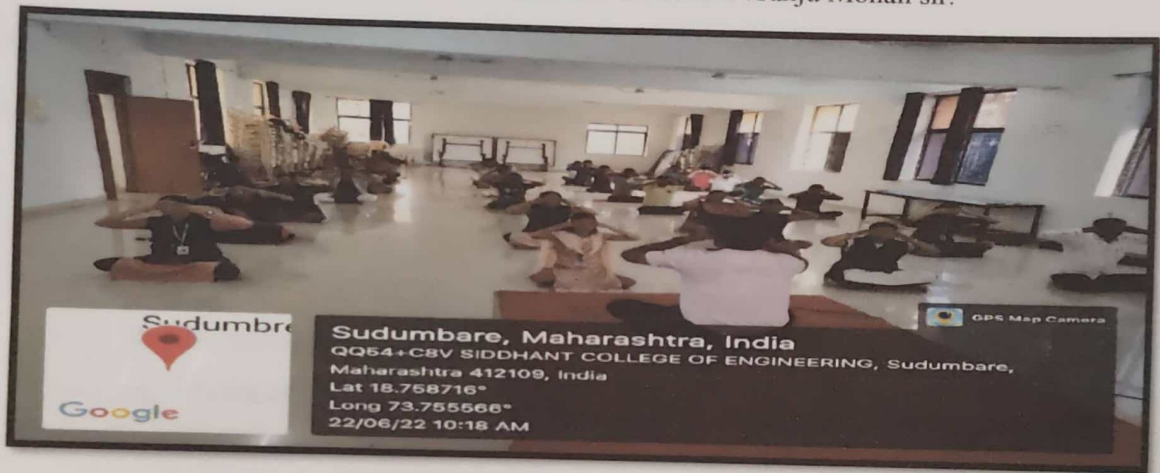

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Photo :Lightning of lamp our college HOD Dr. Swati Deshmukh madam and college register MrNavnathGade sir



Photo: The session was conducted by Physical Director Mr .Sanju Mohan sir.



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YOG SADHANA AND HEALTH

DATE: 10/01/2022

VENUE: Online mode (Google Meet OR Zoom)

OBJECTIVES:

1. To enable student to understand the history of yoga and its current status in modern society
2. To acquaint student with the practical knowledge of preparatory poses, asana, breathing exercises and introduction to Pranayama
3. To introduce students to diet concepts in yoga
4. To introduce students to ashtanga yoga of Patanjali muni.
5. It contribute towards creating awareness among everyone about this old Indian tradition that helps in transforming body and mind and promoting well being of the society.

SUMMARY:

The “YOG SADHANA AND HEALTH” was organized for Second Year B. Pharm students on 10/01/2022 by Training and Placement Co-ordinator, Ms. Pooja Jadhav and TPC member Mrs. Trupti Kajale.

A 30 hours Value added Yoga course on “Yog Sadhana and Health” was conducted at Siddhant College of Pharmacy on 10/01/2022. The course was organized by TPC Department. Over 40-50 participants are daily attended the Webinar through online mode through Google Meet or Zoom. Mrs.Anuradha Kardile were welcomed by Ms.Janvi Pagare at 11.30 am, followed by initial remarks from Dr.R.K.Dumbre, Principal. The course was inaugurated by

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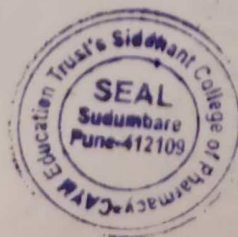
our HOD (UG) Dr.Swati Deshmukh at 11.40 am with inaugural address. During his inaugural address Dr.Swati Deshmukh stressed the importance of Yoga and its relevance in these times and its necessity for the self discipline and self-control and self development. Yoga techniques provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity.

She gave an overview on the importance of Yoga and very important aspect of peaceful living is covered. Important Yoga philosophies and Yoga Sutras how to use in daily life was taught. The study help you to learn different ways to tackle and deal with stress and other commonplace ailments.

Jadhav

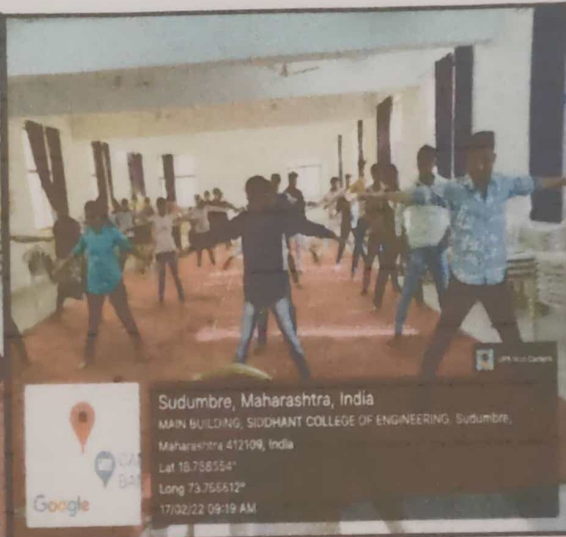
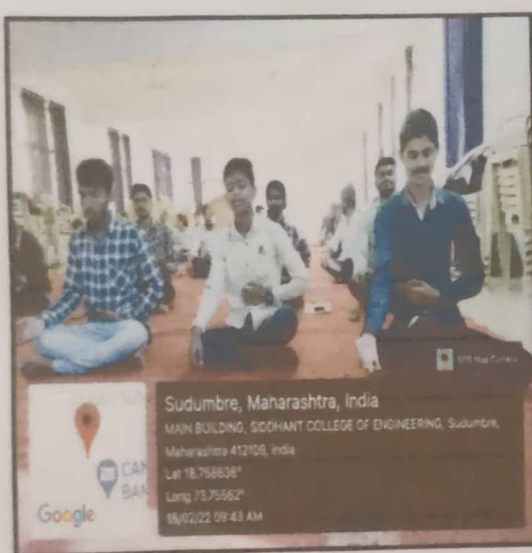
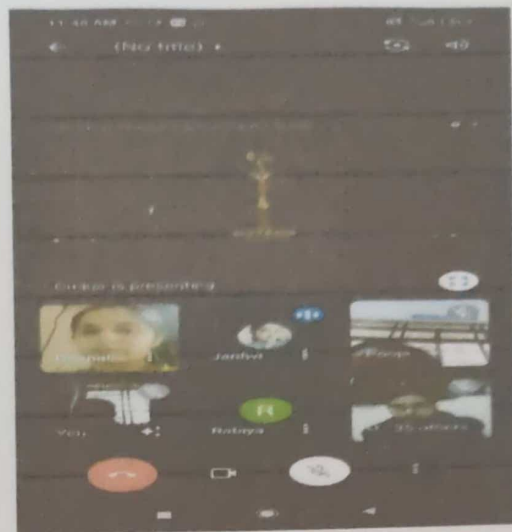
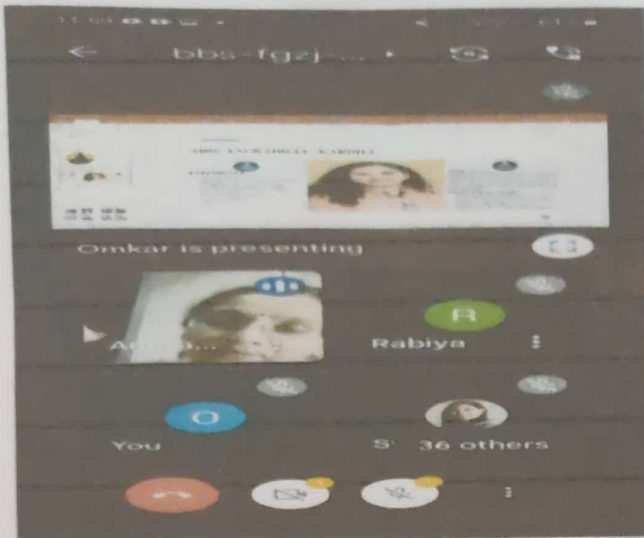
Coordinator: Ms.Pooja N.Jadhav

Member: Mrs.Trupti Kajale

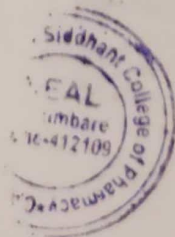


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PHOTOS



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“YOGA SADHANA AND HEALTH”

6 WEEKS VALUE ADDED SHORT TERM YOGA COURSE

Starts from 10th January



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“YOGA IS ART AND SCIENCE OF LIVING”

“YOGA SADHANA AND HEALTH”

6 WEEKS VALUE ADDED SHORT TERM YOGA COURSE

Starts from 10th January

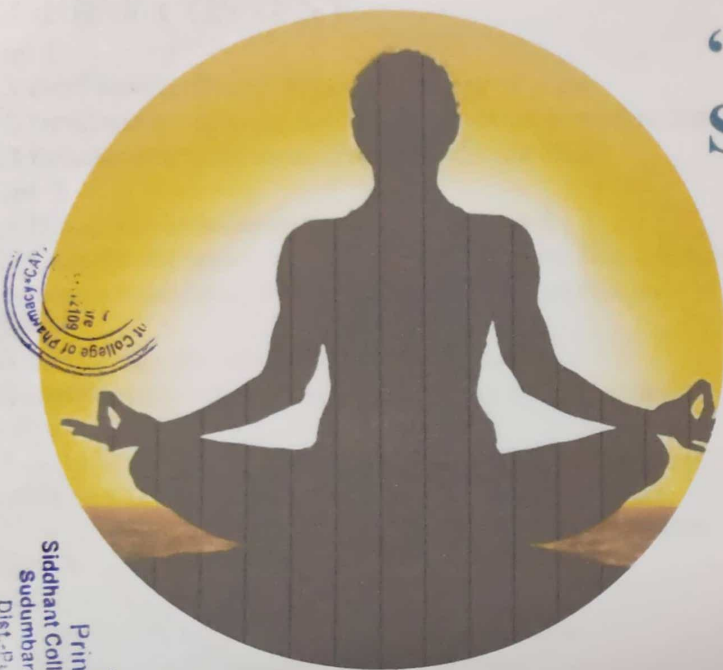


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“YOGA IS ART AND SCIENCE OF LIVING”

1. Improves brain function
2. Lower stress levels
3. Alters gene expression
4. Increases flexibility
5. Lowers blood pressure
6. Improves lung capacity
7. Relieves anxiety
8. Relieves chronic back pain
9. Lowers blood sugar in diabetics
10. Improves sense of balance
11. Stronger bones
12. Healthy weight
13. Lowers risk of heart diseases



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410

COURSE CONTENT:-

Unit 1

- 1.1 Brief introduction to origin and history of yoga.
- 1.2 Development of yoga and its current status in modern life.
- 1.3 Introduction to Ashtanga Yoga of Patanjali Muni.

Unit 2

- 2.1 Difference between yoga asana and exercise.
- 2.2 Concept and principles of Sukshma Vyayama, Surya namaskar and their significance in Yoga sadhana.
- 2.3 Concept and principles of Asanas and their significance in Yog Sadhana .

Unit 3

- 3.1 Introduction to Shuddhi Kriya (Shat Karma).
- 3.2 Introduction to Kapalbhathi and its initial stage practice.

Unit 4

- 4.1 Introduction to breathing practices like Dirgh Shwasan (Deep breathing), Jalad Shwasan (fast breathing).
- 4.2 Introduction to Concepts of Purak, Rechak, Kumbhak.
- 4.3 Introduction to Kumbhak rahit Pranayam as Nadi shodhan Pranayam (anulom Vilom), Ujjayi Pranayama, Sheetal Pranaayam, Sitkari Pranayama , Bhramari Pranayama.

Unit 5

- 5.1 Introduction to the concept of Pranav sadhana.
- 5.2 Introduction to the diet concepts in yoga.
- 5.3 Introduction Yogic Therapy.

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SIDDHANT COLLEGE OF PHARMACY

VISION

Siddhant College of Pharmacy will lead the way toward effective global health care by developing innovative teaching practices, advancing research, practice and merging true entrepreneurial spirit with care and compassion.

MISSION

1. Siddhant College of Pharmacy fosters a learning-centered, research-oriented educational environment that encourages individuals to make positive lifelong contributions to global health.
2. We prepare professional students to provide compassionate pharmacist to society.
3. We inspire our students through innovative problem-based learning; rich experiential program, and inter-professional collaboration.
4. We foster a community of scholars who will further the body of knowledge in pharmaceutical, biomedical, and clinical sciences.
5. We strive to improve quality of life locally, nationally, and globally



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AS



MRS. ANURADHA C. KARDILE



EXPERIENCE:

- Yoga Coach since 2010
- Yoga Wellness Instructor (certified by Ayush Mantralaya)
- Yog Shikshak (Yog Vidya Dham Nashik)
- Yoga and Naturopathy Diploma (YCMOU)
- M.Sc.(Biochemistry)
- B.Ed., Adv Dip Bioinformatics,
- Diploma in Dietetics



ABOUT YOGA:

Yoga education helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness. Yoga education can enhance all the activities of the students, be it academic or sport or social. Yoga techniques provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity.

AIM OF YOGA COURSE

1. To enable student to understand the history of yoga and its current status in modern society
2. To acquaint student with the practical knowledge of preparatory poses, asana, breathing exercises and introduction to Pranayama
3. To introduce students to diet concepts in yoga
4. To introduce students to ashtanga yoga of Patanjali muni

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Dist:-Pune 412109.



TARGET PARTICIPANTS:

All second year students from B. Pharmacy.

Registration link: [CLICK HERE](#)

Platform: Online

Registration Fee: 1000/- per student

(*Note: College will pay registration fees)

COURSE EVALUATION

Formative evaluation 20 marks

Summative evaluation 80 marks

CERTIFICATE

On completion, the participants will be awarded a Certificate of participation in the value added "Yoga course"
(Fulfilment of the criteria: 100% attendance and 80% of Assessment)

INSTRUCTIONS FOR STUDENTS

Yoga mat, Water bottle, Writing material, Meal / Break fasts 2 hours before the session and meals after 30 minutes of the session.

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PATRON



Hon. Shri. Rajendra Singh Yadav
(President Siddhant Group of Institution)



Hon. Smt. Rekha Rajendra Yadav
(Vice-President Siddhant Group of Institution)

ORGANISERS



Dr. Rahul Dumbre
(Principal Siddhant College of Pharmacy)



Dr. Swati Deshmukh
(HOD UG)

COORDINATORS



Mrs. Pooja Jadhav
Principal
Siddhant College of Pharmacy
Sudhant, Tal. Navali
Dist. Pune-412109.



Mrs. Pooja Jadhav

MEMBERS



Mr. Roshan Wakchoure



Mr. Omkar Gade





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Ref: SCOP /TPC/2021-22/

Date: 10/01/2022

YOG SADHANA AND HEALTH

DATE: 10/01/2022

VENUE: Online mode (Google Meet OR Zoom)

OBJECTIVES:

1. To enable student to understand the history of yoga and its current status in modern society
2. To acquaint student with the practical knowledge of preparatory poses, asana, breathing exercises and introduction to Pranayama
3. To introduce students to diet concepts in yoga
4. To introduce students to ashtanga yoga of Patanjali muni.
5. It contribute towards creating awareness among everyone about this old Indian tradition that helps in transforming body and mind and promoting well being of the society.

SUMMARY:

The “YOG SADHANA AND HEALTH” was organized for Second Year B. Pharm students on 10/01/2022 by Training and Placement Co-ordinator, Ms. Pooja Jadhav and TPC member Mrs. Trupti Kajale.

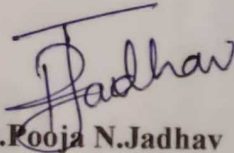
A 30 hours Value added Yoga course on “Yog Sadhana and Health” was conducted at Siddhant College of Pharmacy on 10/01/2022. The course was organized by TPC Department. Over 40-50 participants are daily attended the Webinar through online mode through Google Meet or Zoom. Mrs. Anuradha Kardile were welcomed by Ms. Janvi Pagare at 11.30 am,



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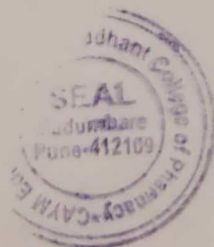
followed by initial remarks from Dr.R.K.Dumbre, Principal. The course was inaugurated by our HOD (UG) Dr.Swati Deshmukh at 11.40 am with inaugural address. During his inaugural address Dr.Swati Deshmukh stressed the importance of Yoga and its relevance in these times and its necessity for the self discipline and self-control and self development. Yoga techniques provide improved attention in studies, better stamina and co-ordination for sports and a heightened awareness and balanced attitude for social activity.


She gave an overview on the importance of Yoga and very important aspect of peaceful living is covered. Important Yoga philosophies and Yoga Sutras how to use in daily life was taught. The study help you to learn different ways to tackle and deal with stress and other commonplace ailments.



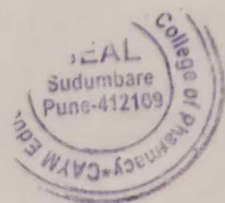
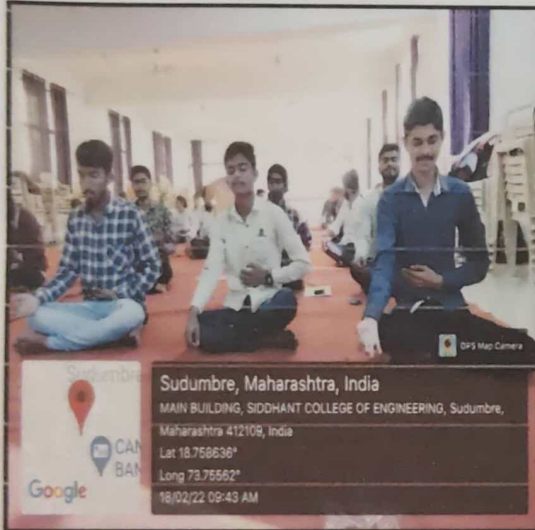
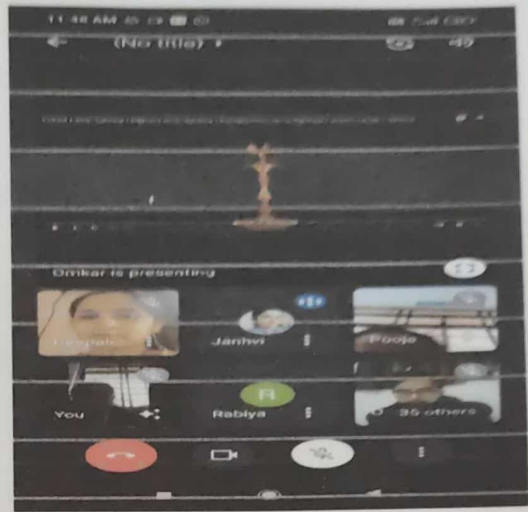
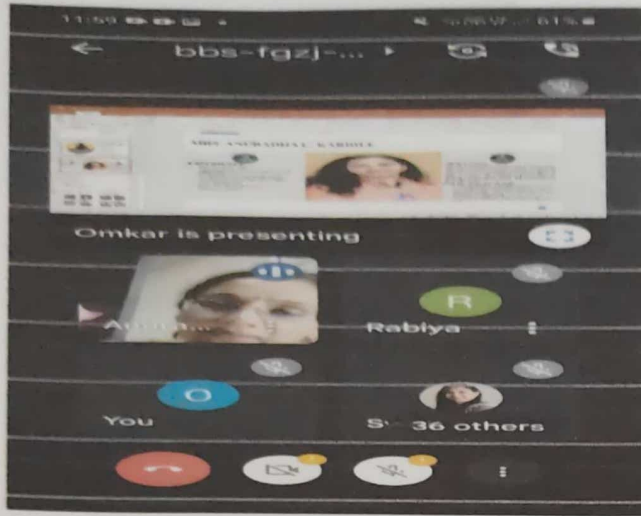
Coordinator: Ms. Pooja N. Jadhav

Member: Mrs. Trupti Kajale




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PHOTOS



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SUMMARY REPORT (YOGA DAY)

DATE : 22/06/2021

VENUE: Microsoft Team (Virtually)

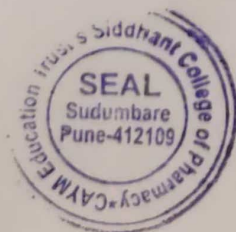
ORGANIZED BY: NSS Unit & Cultural Committee

NAME OF SPEAKER: Dr. R. K. Dumbare & Dr. N.V. Govekar

TOPIC NAME: International Yoga Day

Two Day International Yoga Day was celebrated by the students and teachers at Siddhant College of Pharmacy with great enthusiasm. On the first day session, Programme strats by our Assistant professor Mrs.Pooja Jadhav Madam, she gave introduction about history of yoda day and important of Yoga in our life. Our resource person Dr. R.K.Dumbare Sir excellently conducted today session by performing various warm up activity, different Yogasanas ,Surnamasakar,Pranayam etc. were taken and all the students performed sitting and standing asanas, importance of these were explained simultaneously. Our College HOD Dr .Swati Deshmukh madam guided us to conduct this programe.And finally programe ended by Mrs. Swapnali Girme by vote of thank.

On the Second day, seminar were scheduled on topic *"Ahar and Vihar"* through virtual mode. Programme initiated by our Assistant Professor Mrs.Swapnali Girme Madam, she has given introduction about todays session.The session delivered by speaker Dr. Narendra Govekar Sir. He has given excellent information about, what is Holistic Therapy, Importance of nutrition, what is Immunity boosting food, Role of antioxidant, what is stress reducing Food and general food guideline. The session was moved forward by todays resource person Dr. R.K. Dumbare Sir. He has given very Excellent information about Diet and meaning of what is Ahar and Vihar.He also explained what is diet,traditional diet ,importance of diet,Importance of ayurvedic diet,effect of fasting on our health.

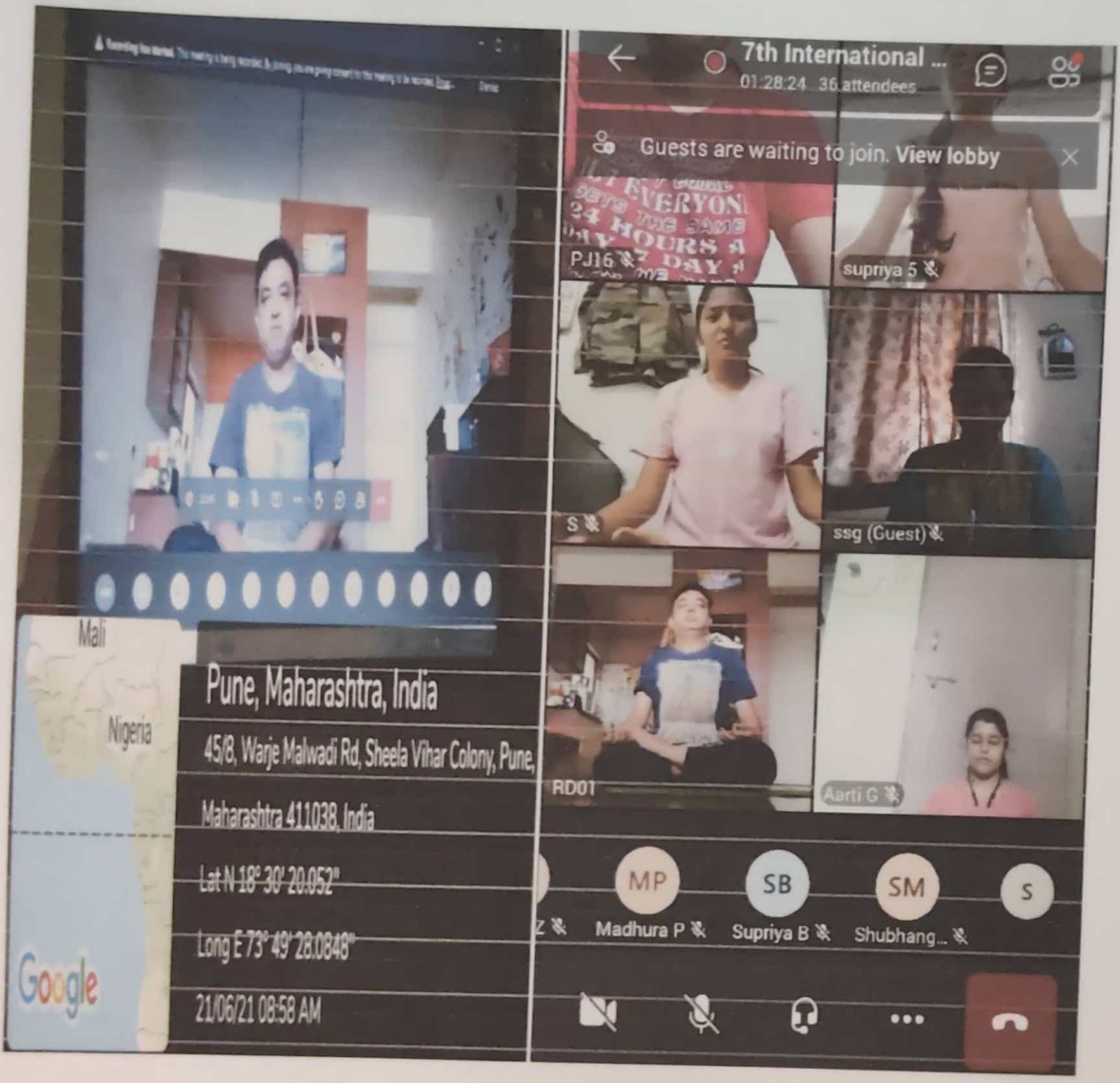


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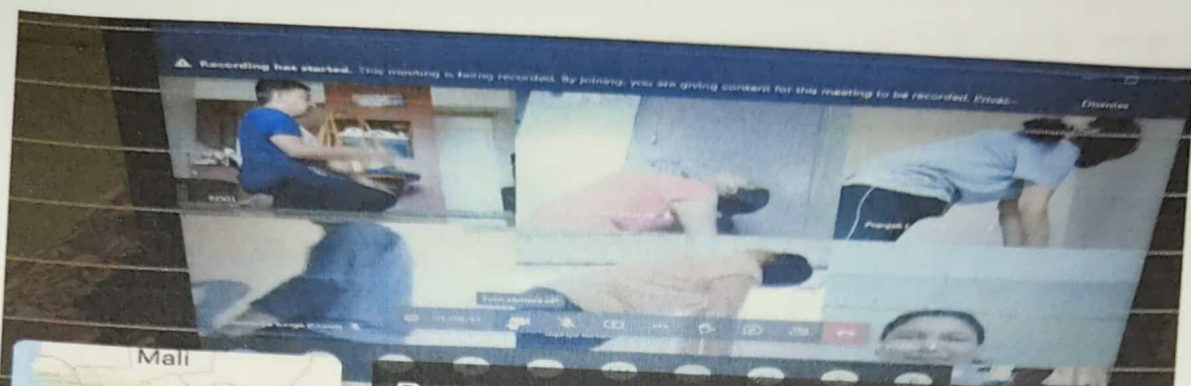
Our College HOD Dr .Swati Deshmukh madam ,Mrs Rani Divekar (NSS Coordinator) guided us to conduct this programe.And finally programe ended by our cultural coordinator Mrs. Pooja Jadhav madam by vote of thank

Jadhav
 (Sign of Coordinator)
 Mrs. Rani Divekar
 Mrs.Pooja N. Jadhav

PHOTOS:



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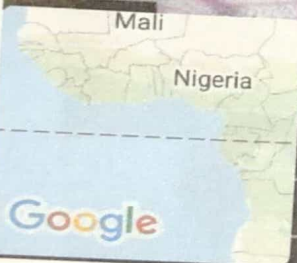
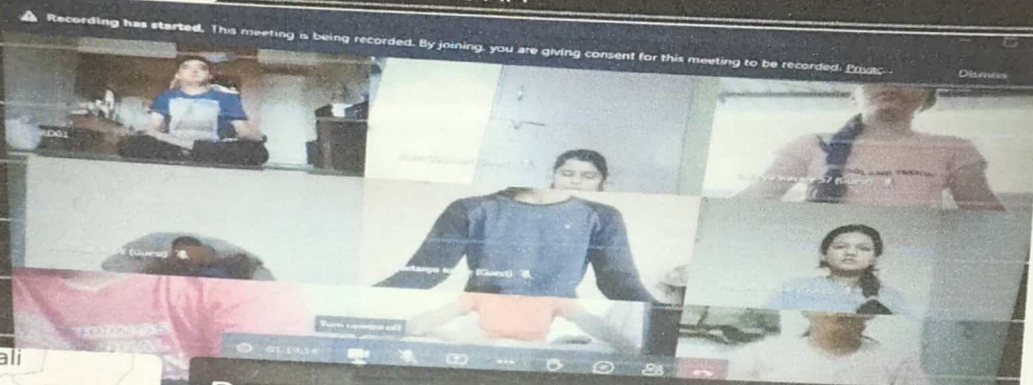
Pune, Maharashtra, India

45/8, Warje Malwadi Rd, Sheela Vihar Colony, Pune,
Maharashtra 411038, India

Lat N 18° 30' 20.052"

Long E 73° 49' 28.0848"

21/06/21 09:45 AM



Pune, Maharashtra, India

45/8, Warje Malwadi Rd, Sheela Vihar Colony, Pune,
Maharashtra 411038, India

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Long E 73° 49' 28.0848"

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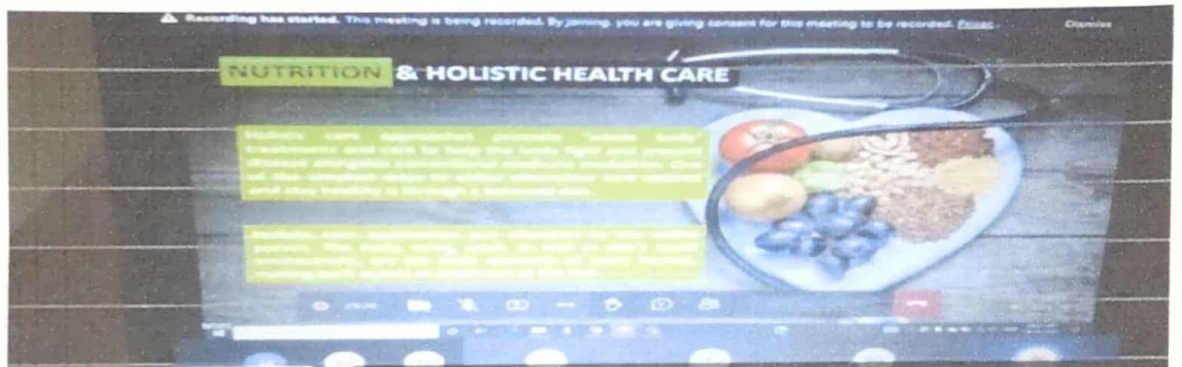


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Pimpri-Chinchwad, Maharashtra, India

Sr No 17/4, Shop No 2, Sana Paradise, Aundh - Ravet BRTS Rd,
Belthika Nagar, Wakad, Pimpri-Chinchwad, Maharashtra 411057, India
Lat N 18° 36' 30.6468"
Long E 73° 46' 12.5472"
22/06/21 09:47 AM



Pimpri-Chinchwad, Maharashtra, India

Sr No 17/4, Shop No 2, Sana Paradise, Aundh - Ravet BRTS Rd,
Belthika Nagar, Wakad, Pimpri-Chinchwad, Maharashtra 411057, India
Lat N 18° 36' 30.654"
Long E 73° 46' 12.5004"
22/06/21 09:34 AM



fo
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Dist.-Pune 412109.

Recording has started. This message is being recorded. By joining, you are giving consent for this meeting to be recorded. Close

The Role of Antioxidants in Healing

- Human body uses oxygen, but cells produce something called free radicals which are toxic molecules, such as cancer, heart disease, and diabetes.
- Antioxidants work as a shield, and rid the body of these free radicals.
- Antioxidants protect and boost the immune system by doing so.
- Antioxidants have even been shown to slow the effects of aging, in some 25 percent weight loss.

Main Antioxidants

- Vitamin A
- Vitamin C
- Vitamin E
- Selenium
- Flavonoids
- Lycopene
- Lignan
- Co
- Co

Pimpri-Chinchwad, Maharashtra, India

Sr No 17/4, Shop No 2, Sana Paradise, Aundh - Ravet BRTS Rd,
Belthika Nagar, Wakad, Pimpri-Chinchwad, Maharashtra 411057, India

Lat N 18° 36' 30.6468"
Long E 73° 46' 12.54"
22/06/21 09:41 AM



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SEMINAR ON DENGUE AWARENESS

DATE : 15 Dec.2021.

VENUE : Seminar Hall

OBJECTIVE:

This disease is known to be worldwide problem, affecting the tropical and sub-tropical regions. One third of the world's population is at risk of transmission of disease. So, creating awareness is an effective way of preventing Dengue Fever. The objective of the study was to create awareness on Dengue Fever among adults residing in an Urban Slum area in Coimbatore.

SUMMARY:

Siddhant College of Pharmacy, Organize the seminar on Dengue awareness program. The program was initiated by Mrs. Deepali Gaikwad followed by lightning of lamp by Guest speaker Dr. PrachiBhosale, HOD Dr. Swati Deshmukh madam and college registrar Mr. NavnathGade sir. Dr. PrachiBhosale Give information about Dengue. We are grateful to our Honorable Management for their timely support and also our Principal Dr. R. K. Dumbre, HOD(UG) Dr. Swati Deshmukh and OS.Mr. NavnathGade guided us to conduct this program. And finally, the program was concluded by NSS activity Coordinator Ms. Swati kale madam by a vote of thanks.



PD
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(Signature of the Member)

Shilpa

(Signature of Coordinator)

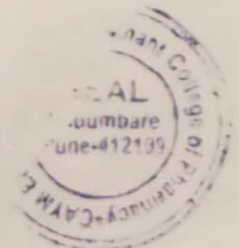
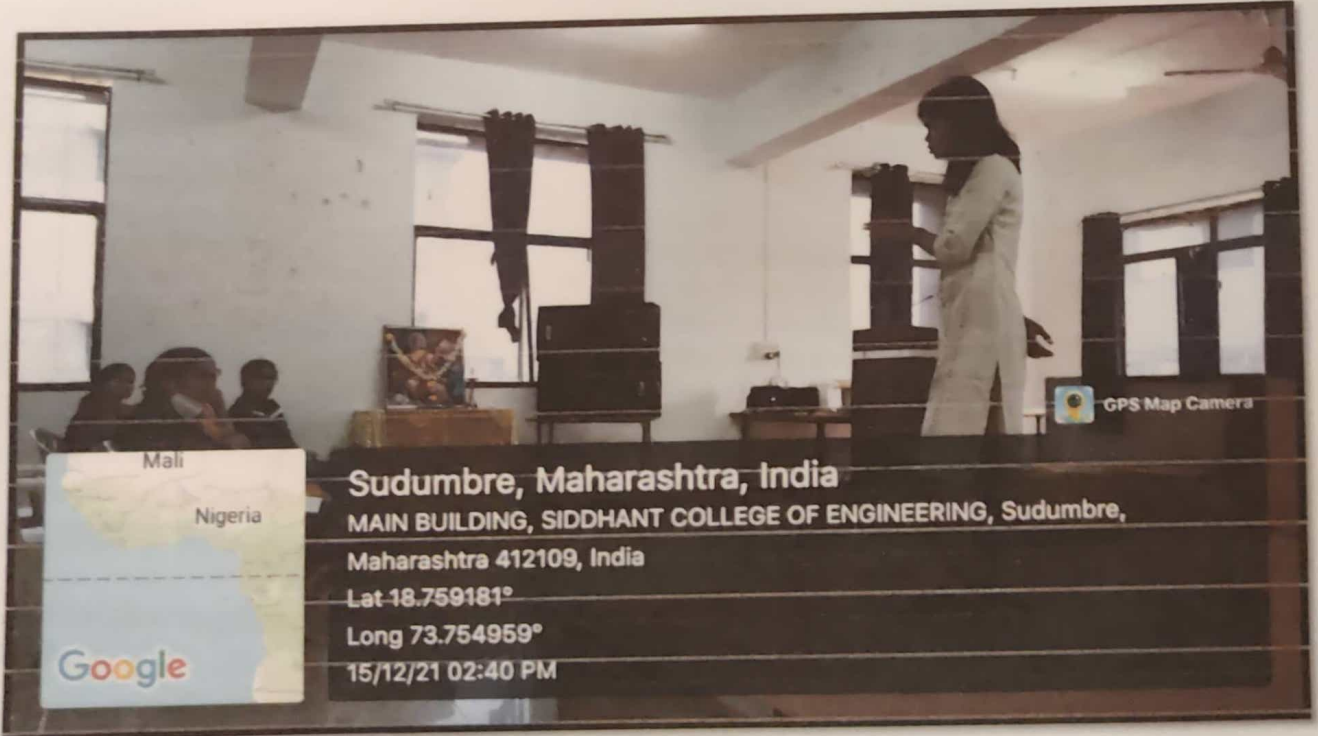
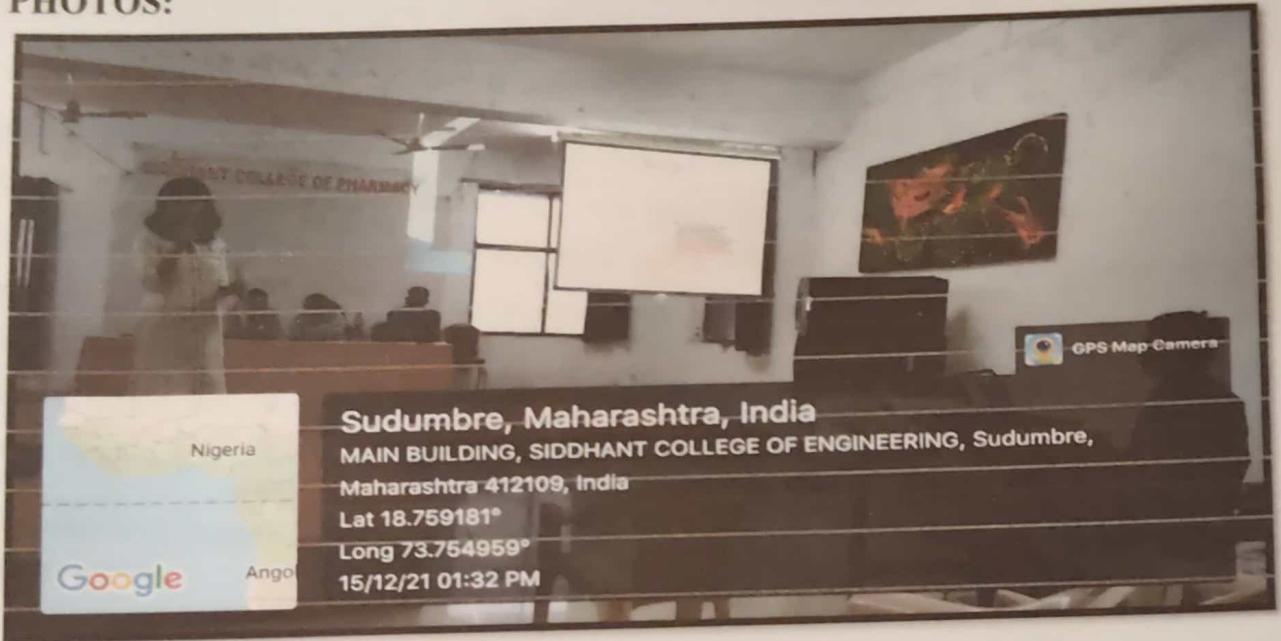
Bhale

Mrs. Sunita Shewalkar Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)

Mrs. Deepali Gaikwad

PHOTOS:



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COVID 19 AWARENESS PROGRAM

With the Direction of NSS Department, Savitribai Phule Pune University, Pune, Ms- Kanchan Shantaram Bhalerao Siddhant college of Pharmacy College Pune had organized Covid -19 Awareness Activity Like E-poster, Covid Awareness Videos , Mask Preparation, Adopt family Survey And Protection from Covid 19 Registration of Arogya Setu App, web portal registration I got Diksha App etc. activity conducted by NSS Volunteers under NSS department From 4th April 2020 at the virtual Place A total of fifty (50) NSS volunteers were enrolled for this Awareness Program on the basis of undertaking and NSS regular activity. In addition, teaching staff's Guided the NSS volunteers for different activities

All activities are done successfully under the Supervision of NSS Program officers MS-Kanchan S. Bhalerao & MS- Swapnil Girme.

कोरोना व्हायरस ! काळजी घ्या सुरक्षित रहा.

लक्षणे
ताप / खोकला / घशात खवखव / डोकेंदुखी

संपर्क
शिकलेल्या कपासगुळे/वैयक्तिक संपर्क/दुर्बल वस्ती/प्राण्याशी संपर्क

प्रतिबंध
द्वार वारवार धुवा/मास्क घा वापर करा.
आजारी लोकांशी संपर्क नका.!

सावित्रीबाई फुले विद्यापीठ, पुणे
सिद्धांत कॉलेज ऑफ फार्मसी, सुदुंबरे

Mask Distribution to Adopt Family by NSS Vounteers

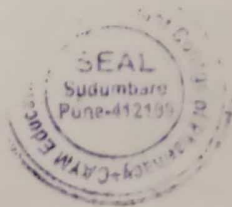
कोरोना संसर्गजन्य विषाणू
यावरू नका... पण जागृत रहा...

- ▶ मास्क वापरा
- ▶ गरम पाणी प्या
- ▶ थंड पेयांचे सेवन करू नका
- ▶ गर्दीच्या ठिकाणी जाऊ नका
- ▶ लांबचा प्रवास शक्यतो टाळा
- ▶ भारतीय जिवन शैलीचा वापर करा
- ▶ वेळोवेळी हाथ सॅनिटायझरने स्वच्छ धुवा
- ▶ शिकताना, खोकताना, रुमालाचा वापर करा
- ▶ जंगली अथवा पाळीव प्राण्यांपासून संपर्क टाळा

ताप, खोकला, सर्दी, इत्यादी लक्षणे आढळल्यास तात्काळ जवळील शासकीय रुग्णालयाशी संपर्क साधा.

कोरोना नियंत्रण कक्ष पुणे: 020 26127394 टोल फ्री क्रमांक: 104

सावित्रीबाई फुले पुणे विद्यापीठ, पुणे
राष्ट्रीय सेवा योजना
सिद्धांत कॉलेज ऑफ फार्मसी सुदुंबरे, पुणे



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COVID 19 VACCINATION CAMP

DATE : 31th August 2021, 7th September 2021, 13th September 2021,
2nd Jan 2022, 27th Oct 2021.

VENUE : Z.P. School of Sudumbare, Asmita Bhavan, Siddhant college
of pharmacy.

NUMBER OF VOLUNTEER PARTICIPATED: 50

OBJECTIVE: Protect other self from covid 19

SUMMARY: As per the suggestions of Dr. Rahul Dumbare sir, Principal sudumbare and administrative department of SCOP sudumbare to provide timely benefits of corona vaccine to more and more people. We NSS Department were organized Vaccination camps on 31th August 2021, 7th September 2021, 13th September 2021, 27th Oct 2021 and 2nd Jan 2022 at Z.P. School of Sudumbare, Asmita Bhavan, Siddhant college of pharmacy. This vaccination camps were organized for the persons aged 18 years and above members participated and got immunization done. 1548 people were vaccinated under this camp, which was encouraging for the organizers of the camp. NSS volunteers played an important role in making this camp a success.

(Signature of the member)

Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad

(Signature of Coordinator)

Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS)

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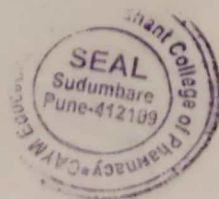
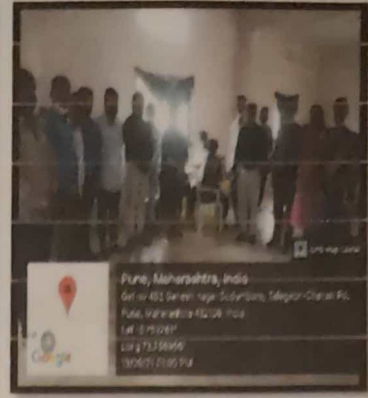
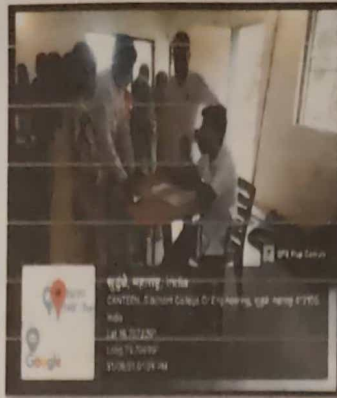


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POSHAN MAHINA

DATE : 7th Sept 2021, 14th Sept, 2021, 16th Sept, 2021.

VENUE : Z. P school sudumbare

NUMBER OF VOLUNTEER PARTICIPATED: 60


OBJECTIVE : Protect other self from covid 19, To aware and guided pregnant women about nutrition in pregnancy.

SUMMARY:

From 1stsept to 30 sept, Poshanmahina were celebrated on virtue mode. Under this activity we Nss department of SCOP organized covid vaccination camp on 7th Sept, 2021. 350 people vaccinated under this camp. On 14thsept, 2021 at 10am we organized Yoga session for pregnant women, then on same day at 1.00 pm Dr. Prachi Bhosale guided us about many traditional recipes were helpful in pregnancy as nutritional supplements. 50 students were present in this seminar. 10 pregnant women benefitted by this session. Mrs. DeepaliGaikwad had taken efforts to conduct such event for pregnant women as per circular, at the end Ms. Swati Kale NSS coordinator given vote of thanks.

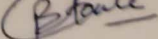
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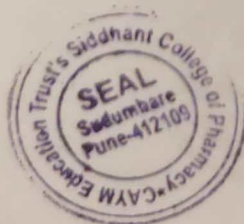
Mrs. Sunita Shewalkar

Mrs. Deepali Gaikwad 

(Signature of Coordinator)

Mrs. Swapnali Girme (Social)

Ms. Swati Kale (NSS) 




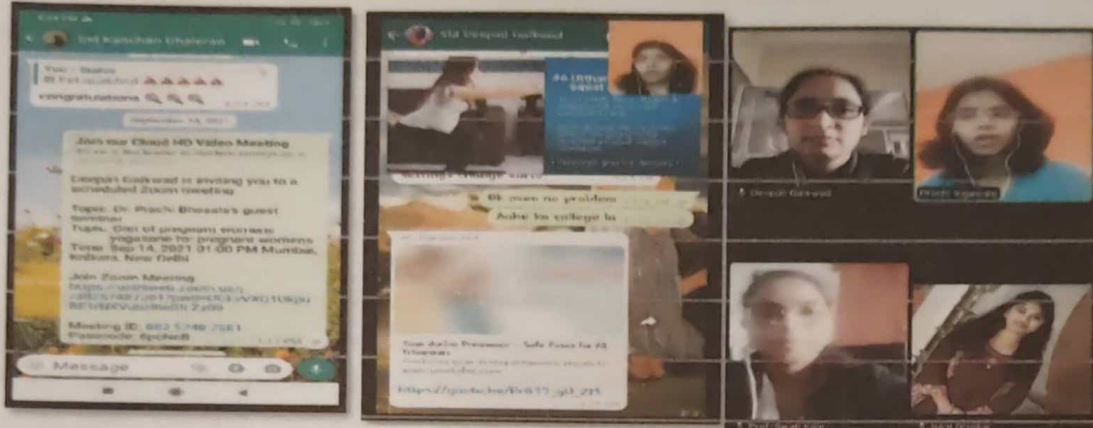
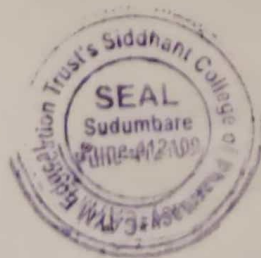

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Dist.-Pune 412109.

PHOTO:



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www.siddhantpharma.com

Ref: SCOP /NSS/2021-22/ 02

Date: 20/03/2021


STAFF CIRCULAR

All the Teaching and non teaching staff are here by informed that on the occasion of 7th International Yoga Day, we Siddhant college of pharmacy have arranged two days session on 21st and 22nd june 2021 and the theme selected for the event is “Yoga for well being”. We are organizing event through online mode due to COVID- 19 pandemic and the details of the session are mentioned below

Date of Session	21/06/2021
Time	08:30 am to 09:30 am
Resource Person	Dr. R. K. dumbare
Details of webinar	Surya Namaskar, Pranayam and Yoga
Objective	Stay fit stay healthy.
Link for meeting	https://teams.microsoft.com/l/meetup-join/19%3ameeting_MmY3NDk2ZjYtZWUxOC00YjAyLTlmNjEtZjc5ZGRjZDMxODRI%40tread.v2/0?context=-%7b%22Tid%22%3a%22f4f60f5e-5264-4bfc-bd4e-76dfc9736892%22%2c%22Oid%22%3a%222aff8001-e035-4a34-86da-00037f65d56e%22%7d

Kindly Note requirement for this session:

1. Extra long yoga mat
2. Flexible and comfortable cloth

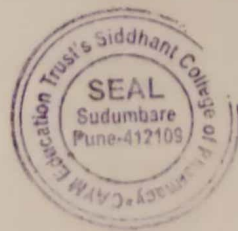

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Date of Session	22/06/2021
Time	9:00 am to 10:00 am
Resource Person	Dr. R. K. dumbare
Details of webinar	Ahar and Vihar
Objective	Importance of diet
Link for meeting	https://teams.microsoft.com/l/meetup-join/19%3ameeting_OGMwZThmMjktMWM5Mi00ODhkLTgyNTUyYjNmZDlmNGI0MTg3%40thread.v2/0?context=%7b%22Tid%22%3a%22f4f605e-5264-4bfe-bd4e-76dfe9736892%22%2c%22Oid%22%3a%222aff8001-e035-4a34-86da-00037fb5d56e%22%7d

R. B. Divekar *Pooja Jadhav*
 NSS & Cultural Coordinator

Mrs.R.B.Divekar, Mrs. Pooja Jadhav



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3. Life Skill (Yoga, Physical Fitness, Health and hygiene)

“Employability Skills” under “Connect with Work”

DATE: From 2 – 4 March 2021.

VENUE: Online Mode (Microsoft Teams)

NUMBER OF STUDENT PRESENT: 111

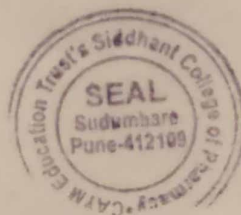
OBJECTIVE:

1. will benefits as they transition through from college to job or further education.
2. Develop skills in asking questions that give you information you need
3. Develop skill in listening actively and empathetically to other

SUMMARY:

Siddhant College of Pharmacy in association with RUBICON Consultants has organized the workshop to update students related to “Employability Skills” under “Connect with Work” The Workshop was organized into three days. During this Workshop, Various Parameters discussed regarding Communication Skills, How to make CV, Interview Skills, Self awareness, Grooming, Body language, Confidence, Team work, etc. This workshop was followed by a question-answer session which was organized in interactive and open discussion manner. It was nice learning experience for students and they thoroughly enjoyed the session. The workshop was appreciated by students.

Overall, the session was highly informative and educative to the aspiring and ever-enthusiastic students. All together 111 students attended the Webinar.

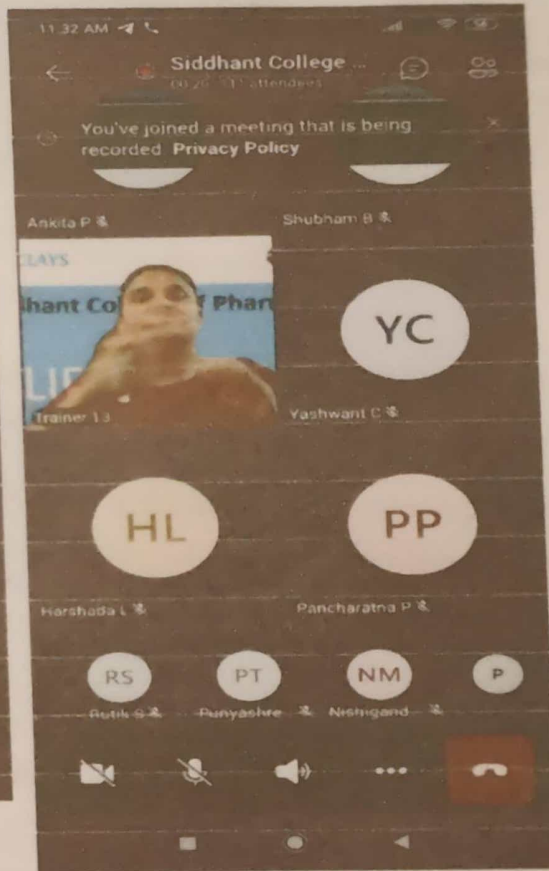
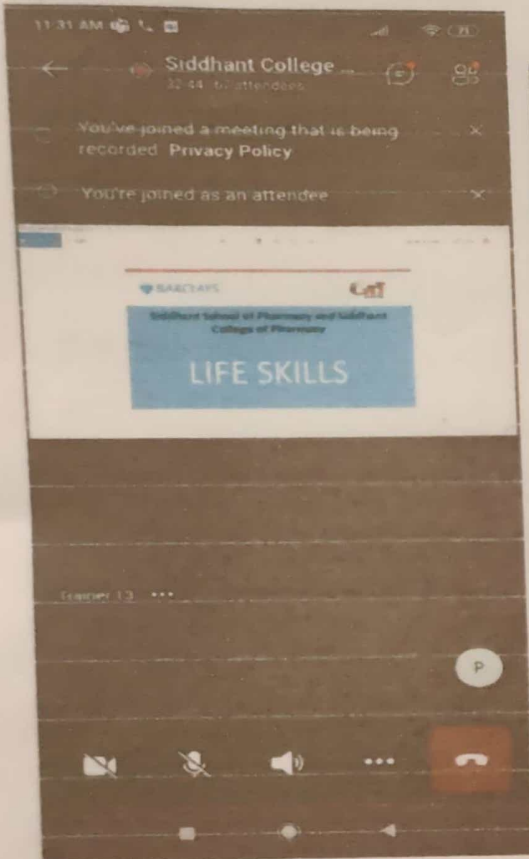


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LINK:

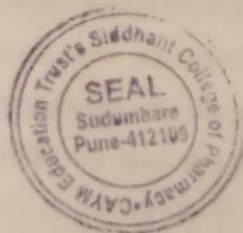
https://teams.microsoft.com/join/19%3ameeting_MzQ3MDZiM2QfYmQ3ZC00Mzg4LTImYjAtNDJiY2U2NzkwMDM2%40thread.v2/0?context=%7b%22Tid%22%3a%221e6930fc-bd66-47b0-a264-54160263b94e%22%2c%22Oid%22%3a%22cc5cd39e-3854-4118-8638-b96181ede702%22%7d

PHOTOS



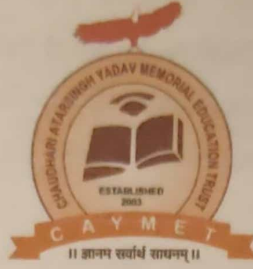
TPC Co-ordinator

Ms. Pooja Jadhav



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SUMMARY REPORT

(PULSE POLIO CAMP REPORT 2019-2020)

DATE: 19 th January 2020 to 23 January 2020

VENUE: Bhosari Talera , Chinchwad & Theragaon hospital PCMC area.

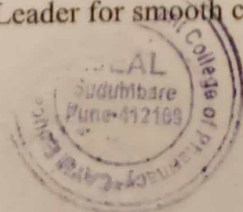
OBJECTIVE

Achieving hundred per cent coverage under Oral Polio Vaccine.

It aimed to immunize children through improved social mobilization, plan mop-up operations in areas where poliovirus has almost disappeared and maintain high level of morale among the public.

SUMMARY:

With the permission of PCMC Hospital Pune under NSS Department, Siddhant College of Pharmacy College Pune has organized Pulse Polio special Camp from 19 th January 2020 to 23 January 2020 at the PCMC area, Pune. Total of 100 NSS volunteers was enrolled for this camp on the basis of the undertaking and NSS regular & NSS Special Camp activity. In addition, teaching staff's Dr.Swati Deshmukh Ms-Kanchan Bhalerao, Ms- Jyoti Kadam, Ms-Swapnali Girme, Ms-Swati kale, Ms-Deepali Gaikwad Ms-Payal Pansare & Ms-Bhagyshree Warude, along with Hospital Staff were assigned duties for the safety and security of Students. All NSS volunteers were divided into various groups and one a member from each group was nominated as Group Leader for smooth conduction activities.



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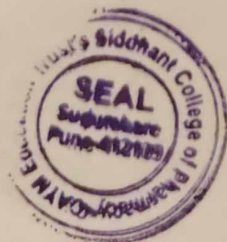
Pulse Polio Program was conducted on Sunday 19 Jan 2020 in Bhosari Talera, Chinchwad & Theragaon hospital area total of 100 NSS Volunteers participated from Siddhant College Of Pharmacy were Program started Morning at 8:00 am to 5:15 pm at the allotted area in a group of 10 students. Students are distributed in 17 booths in respective areas along with hospital Staff. Pulse polio vaccine drops will be administered to children up to 5 years of age

The Subject of the second day of camp was Start administer the pulse polio drops missing child Apart from railway stations and bus stands, the dose will be administered Later on all 10 groups went to the door of each and every house for survey of Missing child & administered Pulse polio drop And & Write the mark /code on the door

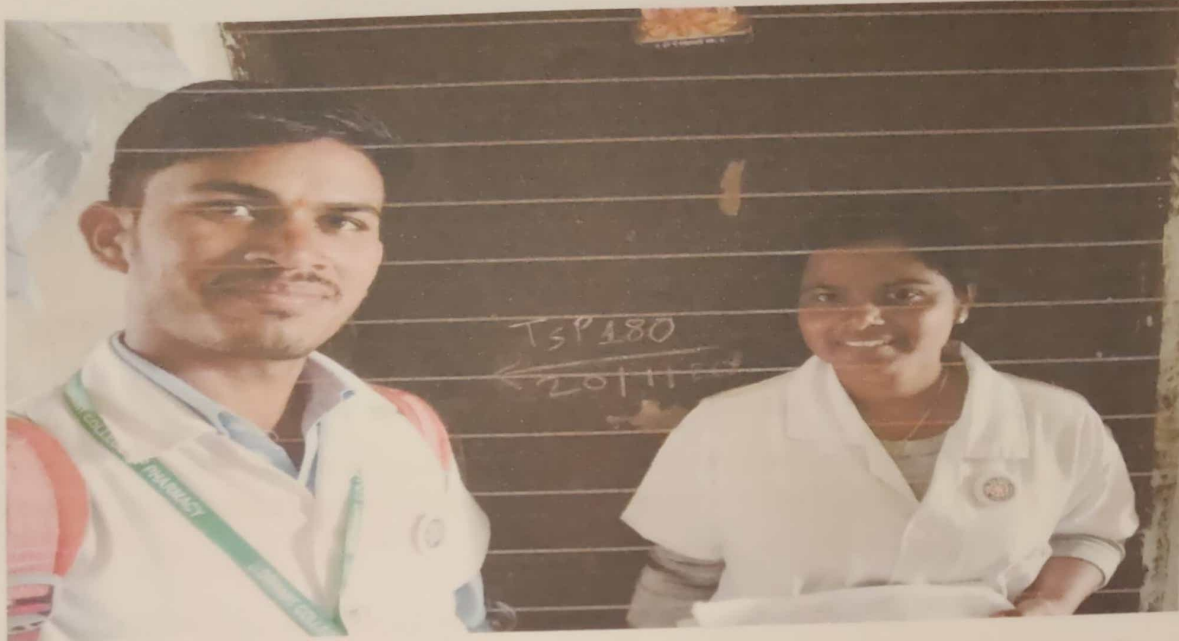
Photos-



NSS volunteers & Hospital Staff Ready for Pulse Polio



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survey of Missing child & administered Pulse polio drop Write the mark /code on door of each



Mark & Hand Administration of Pulse polio Drop

Prepared by
Girme
 SwapnaliGirme



Bhalerao
 Ms- Kanchan S.Bhalerao
 (NSSProgram RD ~~Prin~~ Officer)
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"Success Communicated Through Performance"

Sports Days Report (2020)

The intercollege competition was organized by Siddhant College of Pharmacy, where Indoor and outdoor games were scheduled from 12 to 14 February 2020 and participated.

The details of this tournament are as follows:

- Venue: Siddhant College of Pharmacy
- Organized by: Siddhant College of Pharmacy
- Date: 12 to 14 February 2020
- Number of participating teams: 32

INDOOR GAMES (BOYS/GIRLS)

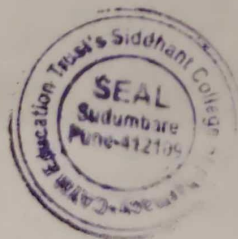
1. Carrom
2. Badminton
3. Table Tennis
4. Chess

OUTDOOR GAMES (BOYS/GIRLS)

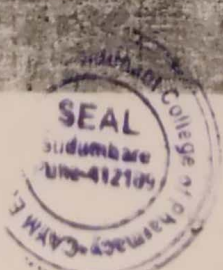
1. Cricket
2. Volleyball
3. Kabaddi
4. Throwball
5. kho- kho

Sport Incharge

principal



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SUMMARY REPORT

(6TH INTERNATIONAL YOGA DAY)

DATE: 21/06/20.

VENUE: Online conducted by use Zoom meeting

OBJECTIVE: To bring about awareness about the health benefits of yoga and its several practices. The aim of this day is to educate Teaching ,Non teaching and all student about the physical, mental and spiritual benefits that can be derived by practising yoga .

SUMMARY:

The 6 th International Yoga day was celebrated virtually due to covid 19 pandemic situation. All teaching ,Non Teaching and all Pharmacy student was participated to 6th International Yoga Day. The session began with universal prayer, then Dr. Narendra Gowekar sir addressed all on **Secrete to happy life and importance of meditation**. Our college NSS member Mrs.Swapnali Girme madam performed few Yoga aasan, Pranayam and explain its benefits. Students were also asked to send their yoga video clips among those the best video clips was selected of Shubham Bhosale from 1 st year, Shubhangi mahajan from 2 nd year and pradhnya kalekar from final year. The session concluded with taking sankalp and vote of thanks to Dr. Narendra Gowekar sir who addressed on **Secrete to happy life and importance of meditation and** all teaching and non teaching and all student who gave there valuable time to participate in yoga day program. The whole program was conducted by NSS Co-coordinator Mrs. Kanchan Bhalerao and cultural incharge Mrs. Payal Pansare under guidance of Our Principal sir Dr. R. K. Dumbare sir, HOD of Dr. Swati Deshmukh madam.

(Signature of the member)

Mrs. Swapnali Girme

Mrs. Deepali Gaikwad

Mrs. Pooja Jadhav

(Signature of Coordinator)

Mrs. Kanchan Bhalerao(NSS)

Mrs. Payal Pansare(Cultural)

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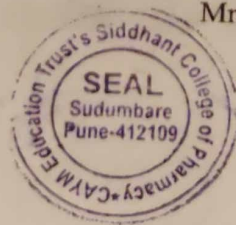


Photo 1: Dr. Narendra Gowekar sir addressed all on **Secrete to happy life and importance of meditation.**

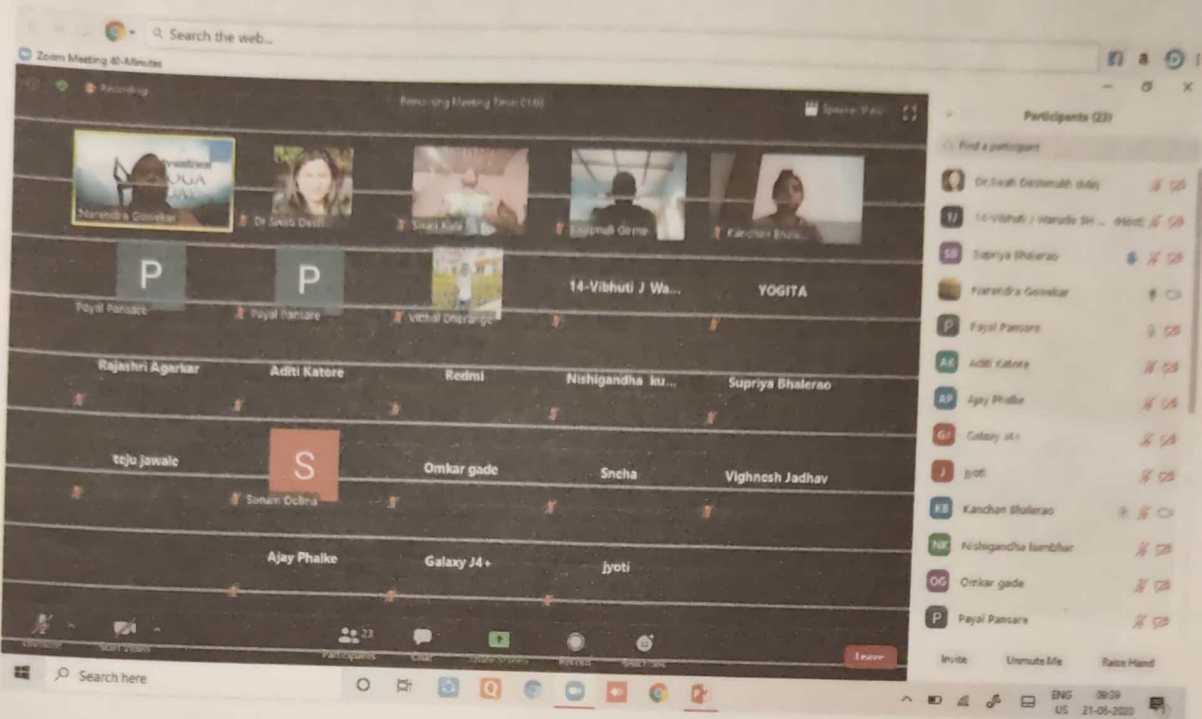
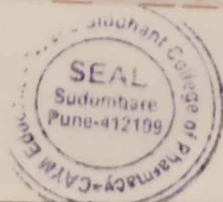
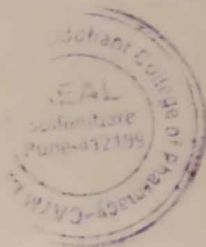
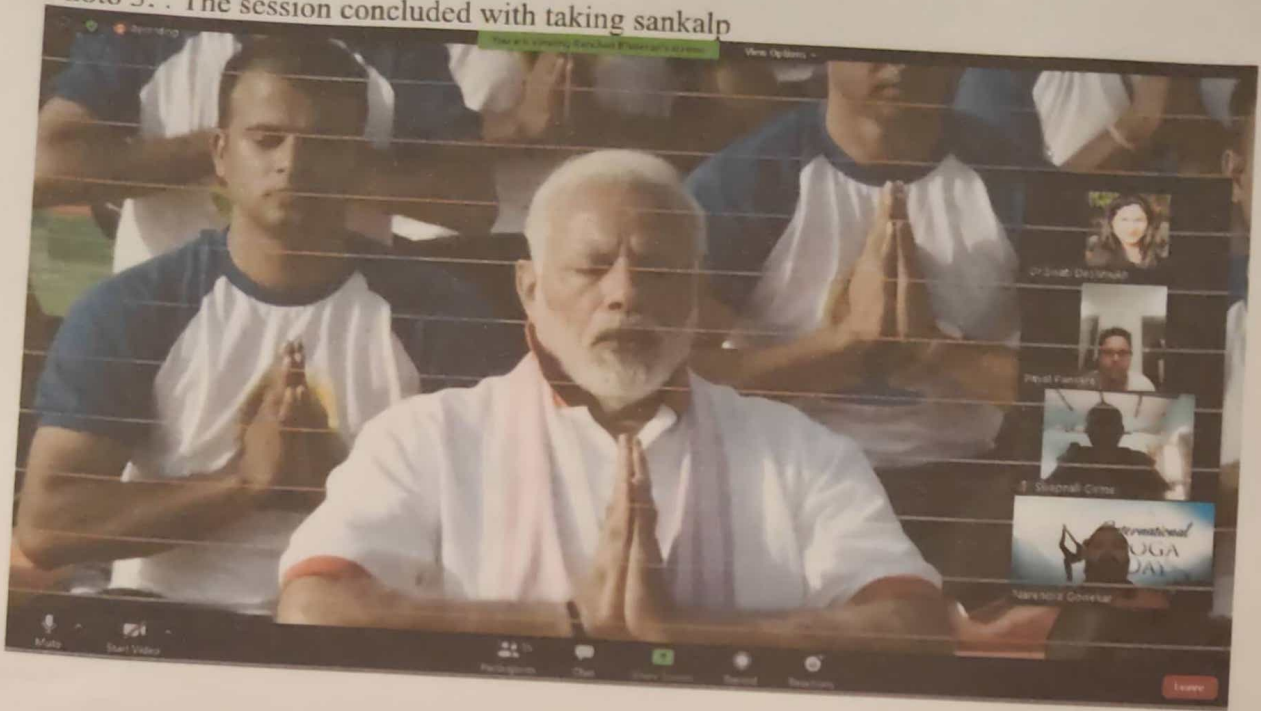


Photo 2: Our college NSS member Mrs. Swapnali Girme madam performed few Yoga aasan, Pranayam



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Photo 3: . The session concluded with taking sankalp



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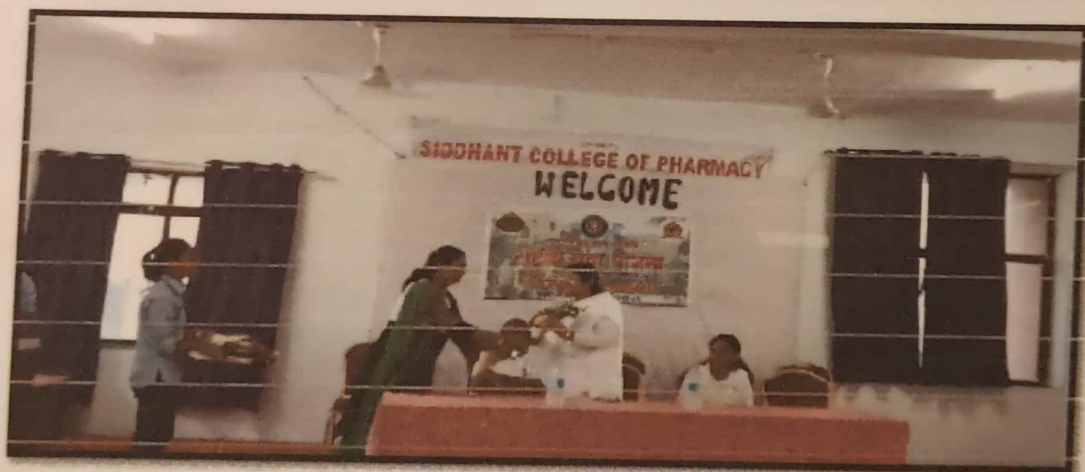
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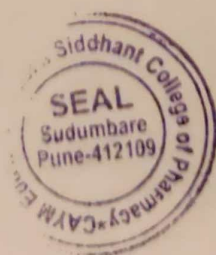
MEDITATION AND STRESS MANAGEMENT

Siddhant College of Pharmacy arranged the seminar about meditation and spiritual life dated 19/07/2019. This activity was held at Siddhant COP Seminar Hall for B. Pharm and M. Pharm students and staff. Nowadays stress and other mental activities are affecting life of the students and hence we arrange such kind of programs. This seminar is purely based on stress management, to make students free from stress. Meena sister was the Chief guest for this event and Our HOD (UG) Dr. Swati Deshmukh madam felicitated the chief guest. Meena sister delivered presentation on topic Meditation and Stress management. She concluded in her presentation that how to get rid from the stress and the importance of meditation in life.

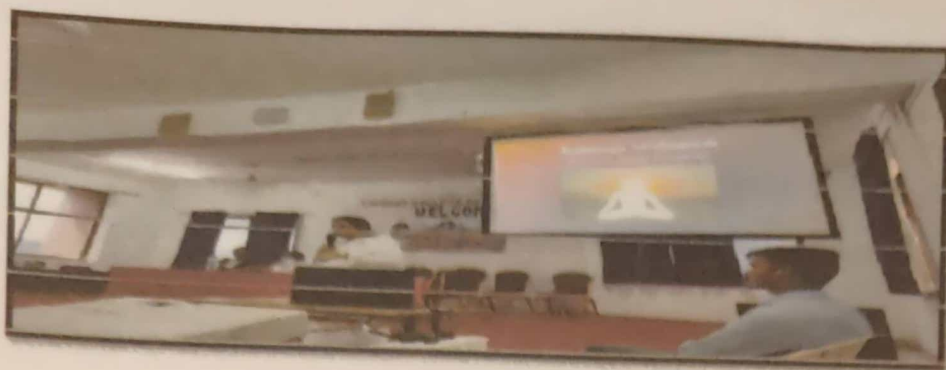
Photos:



Our HOD UG, Dr. Swati Deshmukh madam felicitating our chief guest Meena sister



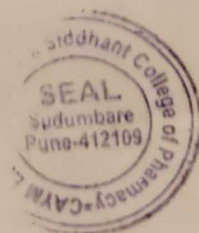
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Our Chief guest Meena sister delivered presentation on topic Meditation and Stress management



Our student as well as teacher listening seminar on Meditation and stress management.



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Date- 21 July 2019

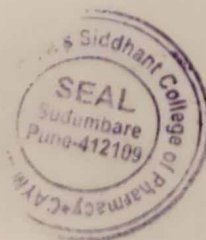
The yoga day was celebrated at our college for the betterment of the students and staff as well as the community. The yoga has the key role in the human health and for the better living of the humans. It maintains the environment of the surrounding and maintains the stress free environment as well. The inauguration of yoga day was done.




Physical director Mr. Sanju Mohan instructed the students about the yoga.



Students practicing various pranayama techniques.




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On the occasion of yoga day students also practiced various other yoga techniques and also came to know about the crucial role of the yoga in the life for the betterment of the life.

Chimbalkar

NSS coordinator
Dr. A. D. Chimbalkar



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Success Communicated Through Performance

Sports Days Report (2019)

The intercollege competition was organized by Siddhant College of Pharmacy, where Indoor and outdoor games were scheduled from 29 to 31 March 2019 participated.

The details of this tournament are follows:

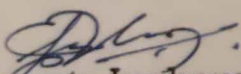
- Venue : Siddhant college of pharmacy
- Organised by: Siddhant college of pharmacy
- Date: 29 to 31 March 2019
- Number of participating team : 32

INDOOR GAMES (BOYS/GIRLS)


1. Carrom
2. Badminton
3. Table Tennis
4. Chess


OUTDOOR GAMES (BOYS/GIRLS)

1. Cricket
2. Volleyball
3. Kabaddi
4. Throwball


Sports Incharge




Principal


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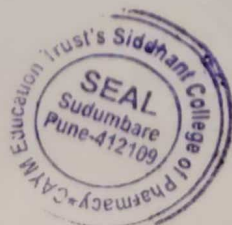
Date -26/06/2018

Yoga Day

Our institution arranged the programs about meditation and spiritual life on the occasion of Yoga Day.. Nowadays stress and other mental activities are affecting life of the students and hence we put this kind of programs. The programs are purely based on stress management, to make students free from stress.



The lecturer talked freely about the stress issues in the students and the staff, and guided all the students and staffs for the management of the stress and anxiety in the day to day life. Yoga session was conducted by Sanju Mohan sir for teaching, non teaching staff & students.

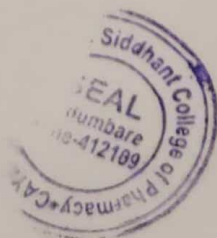


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(NSS Coordinator)

(Principal)



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